

# THE HOMOEOPATHIC HERITAGE

Bringing Classical and Contemporary Homoeopathy Together

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**Special Coverage: Joint American Homoeopathic Conference 2025**



## Efficient Utilization of Nosodes in Homeopathy

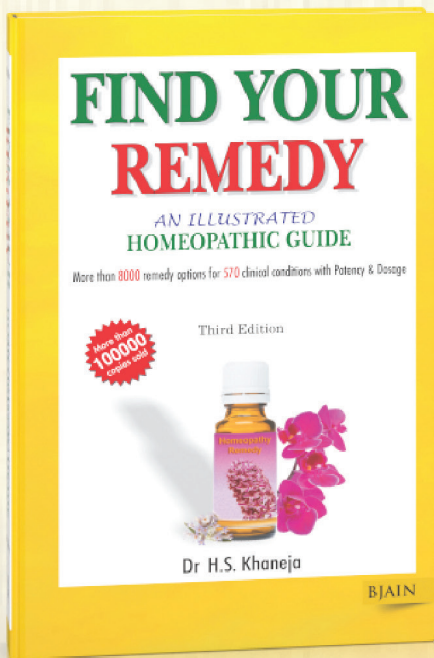
- An Evidence-Based Comparative Clinical Study On The Efficacy Of Constitutional Treatment Over Thyroidinum In Hypothyroidism
- Nosodes in Miasmatic Cartography: A Comprehensive Hermeneutic



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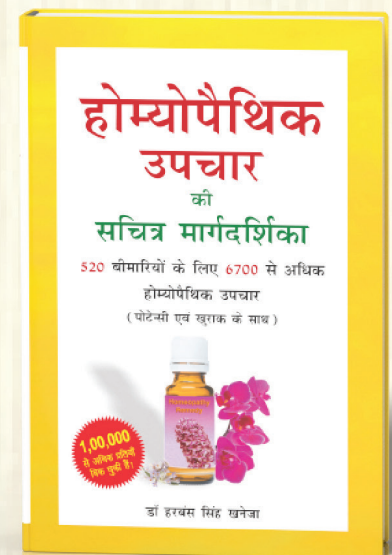
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Dear Readers,

*The idea of disease products (nosodes) being used as therapeutic agents emerged from Dr Constantine Hering's study on the serpent poison- Lachesis and the virus of smallpox- Variola which he suggested were potent pathological agents and coined the term 'nosodes' for homoeopathic remedies that are dilutions of pathogenic organisms' causative agents, such as fungi, parasites, viruses or bacteria, and disease products.*

*A subset of nosodes by the name- Bowel nosodes emerged in the early 1900s when a British pathologist and bacteriologist Edward Bach associated certain bacteria found in the large intestine with chronic disease.*

*This issue of The Homoeopathic Heritage titled 'Efficient Utilization of Nosodes in Homeopathy' is intended to bring to light one of the most unexplored groups of homoeopathic medicines- the nosodes.*



Well aware of the concept of vaccination to prevent a number of diseases, the world has so far witnessed the development of a wide array of vaccinations and their incorporation into the vaccination schedule recommended for children of different ages. The concept is based upon the well-known model of immunity and the body's response to external infectious agents, some examples of which are- measles, mumps, rubella, tetanus, tuberculosis, hepatitis A, B and many more.

While the idea behind the *modus operandi* of nosodes seems far from the concept of immunity put forth by modern medicine, it has been claimed that nosodes may prove to be a substitute of vaccines in the near future when nanomedicine is able to prove itself. Till date nosodes have been claimed, by empirical observation, to neutralise old internalised illness states [dyscrasias] or remove invisible 'taints' in a wide variety of cases. However, on the question whether nosodes can be a substitute to vaccines, there are mixed opinions.

The idea of disease products (nosodes) being used as therapeutic agents emerged from Dr Constantine Hering's study on the serpent poison- Lachesis and the virus of smallpox- Variola which he suggested were potent pathological agents and coined the term 'nosodes' for homoeopathic remedies that are dilutions of pathogenic organisms' causative agents, such as fungi, parasites, viruses or bacteria, and disease products.

A subset of nosodes by the name- Bowel nosodes

emerged in the early 1900s when a British pathologist and bacteriologist Edward Bach associated certain bacteria found in the large intestine with chronic disease. More contributions to the research on this subset of nosodes was done by John and Elizabeth Patterson. But exactly like nosodes, despite extensive research, the opinions of homeopaths on the efficacy of bowel nosodes is mixed.

## Quick Word on Issue Content

This issue of The Homoeopathic Heritage titled 'Efficient Utilization of Nosodes in Homeopathy' is intended to bring to light one of the most unexplored groups of homoeopathic medicines- the nosodes. Typically used as intercurrents and to tackle dyscrasias and miasms, this sect of medicines deserve to be recognized for their role in many other domains too. This issue features a number of articles by young and seasoned homeopaths reflecting the use, efficacy and significance of nosodes in the world of homeopathy. The key piece in this issue is the 'In Italics' column which presents an article by Dr Isaac Golden- a homeopath since 1984 who specializes in homeoprophylaxis and has authored 12 books and over 100 articles on the topic. Additionally, the Stalwarts' Expedition penned by Prof (Dr) Subhas Singh reflects the life sketch of Dr J N Kanjilal- a veteran homeopath. The book reviews section bears reviews of five noteworthy books by different homeopaths. And finally, a number of case reports, opinion

pieces and research articles on interesting subjects  
detail the issue.

Happy Reading!

Dr Rashi Prakash

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Note: The Homoeopathic Heritage is a peer-reviewed journal since January 2013. All articles are peer-reviewed by the in-house editorial team. Articles selected from each issue are sent for peer-review by an external board of reviewers and marked with a 'peer-reviewed' stamp. For inclusion of articles in the peer-review section, kindly send your articles 3-4 months in advance of the said month at hheditor@bjain.com.

### Call for papers for the upcoming issues:

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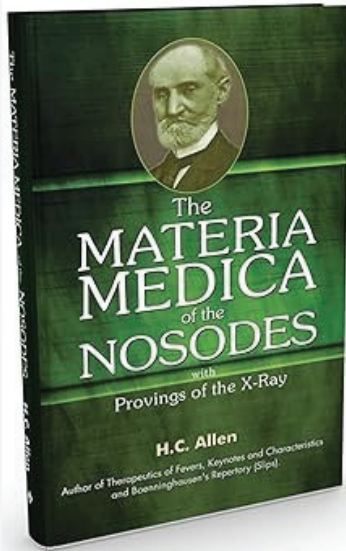
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# Materia Medica of Nosodes

Dr H. C. Allen

Author



The following is an excerpt from Dr H C Allen's distinguished book- *Materia Medica of Nosodes* published soon after his death and giving an account of the detailed work he had done on Nosodes.

Among the writings of the ancients there is no distinct no- In 1089 the French historian, tice to be found of Ergot.

Sigebert, refers to an epidemic in the following passage: A pestilent year, especially in the western parts of Lorraine, where many persons became putrid, in consequence of their inward parts being consumed by St. Anthony's fire. Their limbs were rotten and became black like coal. They either perished miserably or, deprived of their putrid bands and feet, were reserved for a more miserable life. Moreover, many cripples were afflicted with contraction of the sinews An epidemic disease in Hussia in 1596 first attracted the attention of the medical profession to Ergot as a cause. Rathlaw, a Dutch accoucher, employed it in 1747, but it was not until thirty years later, 1777, that the essays of Desgranges and especially those of Stearns and Prescott in the United States, that its medicinal properties became known to the use of rye flour, more or less adulterated with Ergot, is attributed the formidable disease known in modern medicine as Ergotism, but in early times by a number of names. *Morbus spasiodicus*, *Convulsivus Malignus*, *Epidemicus rdi Cerealis*, *Convulsion Raphania*, *Ignus Saicti Antonia*. There is now

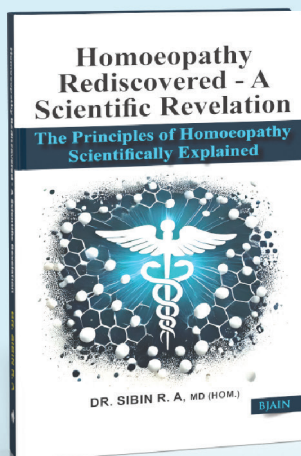
little doubt that the terrible epidemics which occurred in France in the tenth century and in Spain in the twelfth century were due to Ergot. Fluckiger and Hanbury says: a "In the year 1590 Hussia and the adjoining regions were ravaged by frightful pestilence, which the medical faculty of consumed by the population, Marburg attributed to the presence of Ergot In the Cereale France in 1680: In Voightland, Saxony The same disease appeared 1649 and 1675; again in various parts of France in 1650 1670 In the years 164: and 1674. Freiburg and vicinity were visited by the same malady in 1702; other parts of Switzerland in 1715-16; Saxony and Lusatia in 1716; many other districts of Germany In 1717, 1722, 1736 and 1741-42 The last European epidemic occurred after the rainy season of 1816 in Lorraine and Burgundy, and proved very fatal among the poorer classes From time to time a number of monographs giving a more or less accurate description of the various epidemics supposed to have been caused chiefly by Ergot and other adulterations in France, Germany and Switzerland have appeared. In 1825, the year previous to his departure for South America. Hering made a collection of these monographs which he left with Trinks, who had it completed by one of his assistants and published. These comprise the first 80 of the 170 authorities of the encyclopaedia, taken from Hartlanb and Trinks The later additions are chiefly toxicological and clinical. Dr. R. B. Johnstone, of Pittsford, N. Y., writes: "In 1883-84, during the building of the West Shore Railroad, I was called upon to treat many of the Italian employes for an eruption which appeared upon the body in many places, but usually on the shoulders, neck and inner surface of the upper arms. In the majority of cases it was on the right side alone, but if on both sides was always worse on the right. The eruption would begin in a small point, like the prick of a Pin which would soon



assume pimple-like form and finally become pustular and as large as a small pea. At other times they would appear as large as a small boil (half an inch across the base). of a dark bluish hue, shading off to the healthy color of the skin an inch or more from centre of boil. They were intensely painful to touch, aching, burning and itching, better from light rubbing, worse from scratching. heat, The small ones would dry up leaving no cicatrix, but worse from the large ones would fill slowly with a bright yellow pus-like material, or at times a bloody, watery serum remaining Open for days, having extremely painful edges and base, and die charging towards its close a thick, dirty, offensive serum. They were decidedly indolent in character and left a prominent cicatrix. Cool air blowing over the eruption would relieve the itching and burning, but not the pain. Secale, Lachesis, Causticum were the remedies chiefly indicated Having learned that the Italians ate largely of rye bread made of a very poor and cheap quality of flour, while other nationalities (not eating the rye bread) did not suffer from it at all I attributed the eruption to poisoning by Ergot in the bread;

and if a patient presented without an interpreter I usually gave Secale, which would cure about seven cases in ten. "H. G. K.-A miller of Pittsford. N. Y., informs me that he is unable to grind rye even for a short time. Upon entering a rye mill, had a sensation of constriction in the throat, great difficulty in breathing; difficult inspiration; expiration accompanied by soreness all over the chest; Oppression of the chest; soreness of the chest; intercostal pains; pricking of the tongue. The foregoing symptoms are distinctively of rye grinding, when grinding wheat no symptoms follow. He also informs me that in two rye mills in Rochester he knows 3tt the ad: individuals engaged therein who suffer as above with condition of an eruption particularly on the neck, chest, behind the ears and around the waist. The eruption is pustular. itching violently, and discharges a yellow matter. One man he knew who was compelled to give up rye grinding because of the many boils and carbuncles. He recovered entirely after changing his occupation. Nearly all rye grinders have enlarged finger joints and poor teeth.

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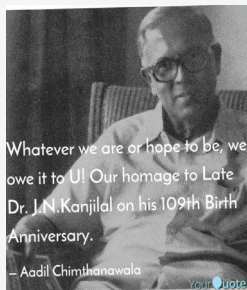
## Dr. Jnanendra Nath Kanjilal A Homoeopathic Colossus

Prof. (Dr.) Subhas Singh<sup>1</sup>, Dr. Rumsha Tamkeen<sup>2</sup>, Dr. Vignesh S.<sup>2</sup>, Dr. Jyotidarshane<sup>2</sup>, Dr. Binay Pratap Singh<sup>2</sup>, Dr. Vaishnavi Achrekar<sup>2</sup>, Dr. Jasna Moideen V. M<sup>2</sup>.

<sup>1</sup>H. O. D., Organon of Medicine, National Institute of Homoeopathy, Kolkata

<sup>2</sup>Postgraduate Scholar, National Institute of Homoeopathy, Kolkata

Dr. Jnanendra Nath Kanjilal was a converted Homoeopath who made a huge impact on Indian Homoeopathy.



### Family Background and Education

Dr. Jnanendra Nath Kanjilal was born on 30<sup>th</sup> August 1908 in a small village of Deapara district, in the then East Bengal (Bangladesh). He belonged to a low middle class family. His father was Mr. Jatindra Nath Kanjilal and mother was Mrs. S. Kanjilal. He was the 3<sup>rd</sup> child amongst 7 brothers and 1 sister. He was enrolled in a primary school in Deapara but had to leave his native place for further studies as there was a lack of secondary school or college. He thus stayed near Daulatpur, Khulna district in the then East Bengal for completing his secondary schooling and college education. Dr. Kanjilal supported himself financially in Deapara as a home tutor and domestic servant. Despite these challenging situations, he stood first in Matriculation Examinations with highest marks in Mathematics and Sanskrit. He completed his high school from Daulatpur College in 1928, with distinction in Mathematics and passing with First Division. His Medical education was financed by his elder brother. He took admission in L.M.F. course, from Campbell Medical School, Kolkata, now N.R.S. Medical College, as he could not get admitted to MBBS degree due to some unavoidable circumstances. Before starting his clinical practice in 1938 at a small village called Daulatpur near Khulna, now a part of Bangladesh, he took admission in 1929 for higher

medical studies and completed his medical education in 1936 from the prestigious Carmichael Medical College, Kolkata, now R.G. Kar Medical College.

### Tryst with Homoeopathy

Though he was an intelligent student, he also had a keen interest in the country's freedom movements against the British. During his practice at Khulna, Kanjilal, the devoted freedom fighter was jailed for participating in a protest along with some of his companions. He first encountered Homoeopathy during his jail time. As he was an avid reader, he devoted his time to delve into the principles and fundamentals of the *Similia* at the dimly lit prisons at Khulna. He embraced this new approach to healing and immersed himself in its practice.

A severe epidemic of Cerebral Malaria struck his village in 1940 because of which he experienced a life-altering course in ways he could never have imagined. He achieved remarkable success with homoeopathic treatments in managing the epidemic outbreak, instilling in him a profound sense of commitment and respect for the Homoeopathic science.

### The Academician

He had shifted his clinical practice to Kolkata after independence. With a successful clinical practice in Kolkata, his approach to patient care and his prescriptions harmoniously aligned with the principles outlined in the Organon. He was associated with D. N. De Homoeopathic Medical College and Hospital, Kolkata, where he taught

various subjects such as Pathology, Clinical Medicine, Materia Medica, Philosophy and Gynaecology. A strong advocate of Hahnemannian principles, he often stated that “*Scientific training distinguishes a therapist from a quack*”. He used to offer reprints from his rare book collections to the interested readers so that the Homoeopathic knowledge can be spread far and wide.

### Homoeopathic Associations

He was the founder of the *West Bengal Homoeopathic Federation*. He was also the only member of the *All India Homoeopathic Medical Association* (Life member and a General Council member) and the *Central Council of All India Institute of Homoeopathy* simultaneously. He united the two antagonistic All India Associations to form *The Homoeopathic Medical Association of India (HMAI)*. He was bestowed the coveted chair of the “President of Honour for Life” as a token of gratitude and acknowledgement for the services he had rendered to the Homoeopathic profession. He was the Assistant International Vice President for India of the *International Homoeopathic Medical League* and also President of the *All India Homoeopathic Editors Guild*. Till his retirement, he was an active participant at the International Congresses

His command over different homoeopathic subjects, knowledge about the rules and regulations and respect in the Homoeopathic profession was such that no National Committee appointed by the Government of India was constituted without him. Some of these were the *Research Committee*, *Homoeopathic Pharmacopoeia Committee*, *Planning Commission Task Force* etc. His commitment to the principles of Homoeopathy can be rendered by the fact that he immediately submitted his resignation letter on the inclusion of patents in Homoeopathic Pharmacopoeia, at a meeting at the Homoeopathic Pharmacopoeia Committee of the Drug Technical Advisory Board of India, when his objections were being overruled. No mixtures were hence allowed.

### Publications

Dr. J.N. Kanjilal's contribution through his literary works is also outstanding. He covered several vital topics through articles and editorials like

that in *Hahnemannian Gleanings*. He was an Advisor of the *Homoeopathic Heritage* and editor of *Journal of the Homoeopathic Medical Association of India*.

Some of his literary works include:

- Classification of symptoms and their importance in case taking
- Repertorization- How to utilize symptoms of the case for finding out the similimum with the help of Repertory
- Knowledge about correct prescription
- Importance of different types of repertories in Homoeopathic Practice
- Cases illustrating methods of Repertorization
- Homoeopathic First Aid in War situation
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- What Every Homoeopath Must Know In Order To Save Homoeopathy For The Human Race

‘*Repertorization*’ is an important and basic book for the students of Homoeopathy wanting to learn the art of case taking and selecting the similimum with the aid of a repertory, thus making prescriptions perfectly with the principles of the *Organon of Medicine*.

### Demise

Dr. Kanjilal was a busy homoeopath even until a year previous to his demise. He used to attend seminars and meetings while also taking out time to attend to his patients. He passed away on 11<sup>th</sup> March, 1985, leaving a void in the Homoeopathic field.





## Nosodes: A Flexible, Effective, Time-tested Option for Homœoprophylaxis

Dr Isaac Golden

---

### Abstract

**Introduction:** Nosodes can be used for a number of different purposes. This paper will focus of one common use, homœoprophylaxis (HP), or the prevention of targeted infectious diseases. A comparison of effectiveness between Nosodes, Genus Epidemicus (GE) and combined Nosodes + GE remedies will be made, and the usefulness of HP during the Covid emergency will be considered.

**Method:** The beginnings of HP will be discussed briefly.

The results from substantial HP interventions showing the effectiveness and safety of HP will be analysed. A new analysis will compare the effectiveness of Nosodes to the effectiveness of GE remedies as well as remedies that combine Nosodes and GE remedies.

Recent studies of HP during Covid will also be considered.

**Results:** Even though data from a majority of HP interventions over 2 centuries has not been published, a significant body of evidence exists supporting the general effectiveness of HP. A subset of this data suggests that prevention using nosodes-alone is more effective than prevention using GE remedies alone, with remedies combining both Nosodes and GE remedies between the two.

The effectiveness of a combined Nosode + GE program against SARS-Cov-2 was studied.

**Discussion:** More data is needed to confirm the initial findings regarding Nosodes and GE

effectiveness which, if eventually established, may suggest different strategies for health authorities during outbreaks of any infectious diseases.

HP provided better protection from SARS-CoV-2 than “vaccines”, but could have been much better with Government cooperation.

**Conclusion:** Nosodes are valuable remedies if used correctly in accordance with the Principle of Similars. Overall, Nosodes are clearly flexible with multiple possible uses. With HP at least they have proven to be flexible, effective, and their use certainly has stood the test of time.

### What Is New?

This analysis is possibly one of the first to compare effectiveness data for homeopathic immunisation using Nosodes compared to Genus Epidemicus (GE) remedies, or a combination of both Nosodes and GE remedies.

**Potential Conflicts Of Interest:** The author has supplied HP options since 1985 involving both Nosodes, GE remedies, and combination remedies.

**Financial Support:** There has been no financial support provided in writing this article.

**Acknowledgements:** The author thanks Dr Gustavo Bracho for comments on an earlier draft of this article.

### Introduction

There have been various definitions of the term

“Nosode”. One simple, and therefore useful definition is a “homeopathic medicine derived from pathological material. May be of human, animal or plant origin, including microorganisms, diseased tissue, or the products of diseases processes, such as discharges and effusions”.<sup>1</sup>

Nosodes are believed to have possible usefulness in the following:

- As **Homeopathic Prophylaxis**.
- As a **Never been well since** remedy, especially following infectious diseases.
- As a **Miasmatic intercurrent** medicine between two well prescribed homeopathics.
- As a **Constitutional Medicine** – i.e. when the mental, physical generals and particulars are characteristics.

And possibly

- **When well chosen remedies fail to give relief.**
- **When there is a lack of symptoms** – i.e. to open-up the case.
- When there is a **partial portrait of the disease** but no medicine completely fits the case.

They should be differentiated from Isodes (potencies of a patient’s own diseased tissue such as blood and urine) and Sarcodes (potencies of healthy tissue such as healthy organs and hormones).

Put simply, Nosodes can be effective for prevention and treatment when satisfying the Principle of Similars. They have a long and well described history of use in homeopathy beginning with Hering around 1830.<sup>2</sup>

This paper will focus on the first use of homeopathic prophylaxis (or homœoprophyllaxis or **HP**), and will show that Nosodes are time tested, effective and flexible. The term *homœoprophyllaxis* was first used by Burnett in 1884<sup>3</sup>.

A comparison of the effectiveness of Nosodes, Genus Epidemicus (**GE**), and combined Nosode + GE remedies will be attempted. The usefulness of HP during the recent Covid emergency will be

considered.

## Method

A brief examination of the first use of HP will be presented.

The results of substantial studies showing the effectiveness and safety of HP will be analysed. Using this data, a new analysis comparing the effectiveness of Nosodes, the effectiveness of GE remedies and the effectiveness of combined Nosode + GE remedies is undertaken.

A decision was made to adjust some previous data to ensure consistency across all analyses. The major change was to only use a count of *annualised recipients* rather than a count of doses given. For example, in the Cuban leptospirosis interventions recipients were given 2 doses in 2007 and again in 2008, but only the number of recipients each year was counted. Also, in the Indian Japanese Encephalitis interventions between 1999 and 2009 doses of 3 different remedies were given in a month each year but were counted as a single annual dose. The annual cohorts of approximately 20 million people would have changed each year as new children were born, and some older children were no longer dosed. Therefore, an estimated 220,000,000 annualised recipients were counted over the 11 years of the intervention.

Recent studies of HP effectiveness during Covid will also be considered.

The effectiveness, safety, flexibility and usefulness of HP using Nosodes will then be discussed and conclusions drawn.

## Results

HP was first used by Dr Hahnemann in 1799 to prevent Scarlet Fever by using the Genus Epidemicus (**GE**) remedy Belladonna.<sup>4</sup>

HP has been used internationally since then by some masters of homeopathy – from Von Boenninghausen<sup>5</sup> and Kent<sup>6</sup> through to Shepherd<sup>7</sup> and Eizayaga<sup>8</sup>.

HP has been used by sole practitioners through to Governments. Even though data for most interventions during epidemics has not been recorded,

HP probably has more data supporting its use than data supporting homeopathic treatment. For example, there has been documented use of HP prescriptions against a range of infectious diseases, mainly by Government agencies, in over 250,000,000 annualised recipients. And this is the “tip of the iceberg” – being data from just 3 countries over a few decades.<sup>9</sup>

HP effectiveness cannot be definitively measured, but both short-term and long-term data show that a figure around 90% is realistic for well conducted HP programs against well-established infectious diseases. This is comparable to vaccination effectiveness yet without any risk of toxic damage.

For example, a second analysis in 2019 of the data noted above was amended to remove non-government associated interventions and three large interventions where results were not established, but there were still over 237 million annual doses administered, as summarised in Table 1.<sup>10</sup> One of the Cuban studies removed was the 2010 Swine Flu intervention involving 9.8 million HP doses where results were unclear - there were practically no cases, but it was decided not to claim a near 100% effectiveness as it could not be established

how many cases had entered the country.

**Table 1: Summary of Government-associated HP**

**Interventions by Person, by Year and by Disease**

Country	HP Programs by *		Persons Annualised
	Type	Years	
Cuba	4	4	14,220,000
India	4	16	222,217,386
Brazil	2	7	694,099
	10	27	237,131,485

\* each individual year of each program is counted. For example, the Indian Japanese Encephalitis (JE) program which ran from 1999 to 2009 is counted as 1 type and 11 years.

Of these 10 interventions, 1 used only-Nosodes, 5 used a combination of nosodes and GE remedies and 4 used GE remedies only. The remaining Cuban studies were re-examined to confirm the accuracy of the 2019 data whether Nosodes-only or Nosodes plus GE remedies were used, and Table 2 was amended as needed.

**Table 2: Major HP Interventions Using Nosodes by Government Agencies in Three Countries**

Year	Disease	Numbers	Government directed	Remedy *	Type **	Effective-ness ***
	<b>CUBA<sup>11</sup></b>	<b>14,220,000</b>				
2007	Leptospirosis	2.2 million	Finlay Institute	N + GE	B	H
2008	Leptospirosis	2.2 million	Finlay Institute	N + GE	B	G
2009	Dengue Fever	20,000	Finlay Institute	N + GE	A	74.1% - 100.0%
2010	Pneumococcal	9.8 million	Finlay Institute	N + GE	D	G
	<b>INDIA</b>	<b>222,217,386</b>				
1989 1991 1993	Japanese Encephalitis <sup>12</sup>	322,812 persons 39,250 follow up	CCRH	GE	C	99.96%
1996	Dengue <sup>13</sup>	> 39,200. Follow up 23,520	CCRH	GE	C	99.97%
1999 -2009	Japanese encephalitis <sup>14</sup>	20,000,000 per annum 14 years and younger	Government Department of Indian Medicine and Homoeopathy.	GE+N+ Const.	B	G



2007	Epidemic fever <sup>15</sup>	Distributed to 1,855,374 In 8 wards.	Kerala government's RAECH program. Average intake 58.86% 6,602 surveyed.	GE	A C	63.9% 73.83%
	<b>BRAZIL</b>	<b>1,151,743</b>				
1998	Meningococcal <sup>16</sup>	65,826 HP 23,532 not HP	Government-funded study, conducted by two Professors of Medicine from the Uni Foundation in Blumenau, Brazil, and a Blumenau specialist physician and Health City Secretary.	N	A	95% 6 mths to 91% 12 mths
2007 – 2012	Dengue <sup>17, 18</sup>	Doses * 2007: 216,000; 2008: 203,878; 2009: 211,059; 2010: 178 677; 2011: 150,682; 2012: 125,621.	Secretary of Health the municipality of Macaé, Rio de Janeiro,	GE comp.	B	89.4% inferred rate

\* Remedy: N = Nosodes; GE = Genus Epidemicus remedies; Const. = Constitutional remedies.

\*\* Type = Data assessments are derived from

Code	Description
<b>Statistical Method (Type)</b>	
A	Direct control group
B	Indirect control group <sup>19</sup>
C	Simple % of cohort protected
D	Historical trend of actual reports

\*\*\* Descriptive Assessments are classified as follows

Code	Meaning	Assumed Results
G	Clear and strong positive result	81% - 100%
H	Somewhat positive result	61% - 80%
I	Unclear result	Not analysed

Because the HP interventions studied in 2019

included both statistical and descriptive measures of effectiveness a standard Meta Analysis was not possible, so a unique two-stage method of analysis was used to estimate effectiveness. This resulted in an average figure of **86.15%** to **89.85%** effectiveness in the 2019 analysis.<sup>10</sup>

Using similar methodology as employed in the 2019 analysis the effectiveness of Nosodes-only was **91.0%**. The effectiveness of GE-only remedies varied between **73.8%** and **99.9%**. The effectiveness of Nosodes + GE remedies varied between **70.0%** and **90.0%**. These results are summarised in Table 3.

**Table 3: Summary of Results**

Rank	Simple Average	Weighted Average
1	Nosodes 91.0%	Nosodes 91.0%
2	GE Remedies 89.5%	Nos. + GE 86.9%
3	Nos + GE 85.0%	GE Remedies 80.9%

## SARS-CoV-2 Results

The effectiveness of HP against SARS-Cov-2 has not been widely analysed. Two surveys in Australia in 2021 and 2022 of the author's HP options against SARS-CoV-2 suggest an effectiveness around 75%<sup>20, 21</sup>. Reasons for a lower-than-expected figure (compared to 90%) were analysed<sup>22</sup>. Four causes were suggested (reproduced in Table 4), with the main reason being the lack of high quality nosodes of SARS-CoV-2 variants. These could have been made available in any country with appropriate Government support.

**Table 4: Summary of Characteristics of Infectious Diseases in General and SARS-CoV-2**

Characteristics	Established Diseases in General	SARS-CoV-2
Stability of organism	Relatively stable	Steadily changing variants
Stability of symptom picture	Generally stable across different variants	Changeable
Timely availability of GE remedies	Generally good	Variable
Timely availability of appropriate Nosodes of different variants	Good	Difficult

In none of the massive studies of HP examined above were adverse events of any significance.

## Discussion

In countries such as Australia, when someone attempts to discuss homeopathy then many eyes are closed and ears covered, especially by people with "scientific" training who should know better – a head buried in sand cannot reliably observe reality.

This is unfortunate because the "average" politician hands over to such scientists their personal responsibility to observe facts and make evidence-based decisions. During Covid, homeopaths had treatment and prevention options (as did integrative and complementary medicine practitioners), and if homeopathic pharmacies had been allowed to access and process high-quality laboratory-confirmed tissue samples then excellent Nosodes of different variants could have rapidly been made

as the variants appeared, resulting in highly effective immunisation against SARS-CoV-2 without toxic adverse effects and at a fraction of the cost of what was supplied by the pharmaceutical drug cartels.

Despite these limitations HP appeared to offer protection against SARS-CoV-2 that was at least as effective as the Covid "vaccines" yet without any risk of toxic damage, and at significantly less cost. The overwhelming influence of pharmaceutical drug cartels on national and regional health systems ensured that this potential opportunity to both save lives, much personal suffering as well as billions of dollars was lost.

The analysis in this paper regarding homeopathic immunisation in general is limited due to only a single study having measured the use of Nosodes-alone, and the need for assumptions regarding the effectiveness of quantitative studies. However, it does appear that the preventative use of Nosodes-alone delivers a higher level of effectiveness to that of GE-alone remedies. The combinations of Nosodes + GE remedies which have been pioneered by Cuban scientists appear to sit between Nosode-alone and GE-alone remedies when using weighted averages. It should be noted that the GE-alone figures were affected by the 2007 intervention against Epidemic Fever in Kerala where the methodology used (limited survey) may have negatively affected the results. However, the Nosode + GE figures were adversely affected because the massive Japanese Encephalitis intervention in India was not included in the Weighted Average figures in Table 3 (which it would have overwhelmed), and the 2007 Cuban intervention against leptospirosis was given an "H" ranking because its success was evaluated against a predictive model, whereas the 2008 intervention used a strong indirect control group.

However, **more research and much more data is needed** to confirm the apparent difference between HP options. The findings presented here are a first step in what may become in time significant guidance to those directing HP interventions.

Expanding the HP database requires those undertaking significant HP interventions to ensure that high quality planning and data collection occurs.

## CONCLUSIONS

Homeopathic immunisation (HP) has a consistent history over 220 years of delivering effective protection against targeted infectious diseases at levels comparable to vaccines (around 90% if undertaken correctly), without risk of toxic damage, and at much less cost.

The effectiveness of HP against SAR-CoV-2 was less than expected if homeopathic pharmacies had been given access to evolving viral samples and were able to produce highly effective Nosodes.

There is substantial evidence that the appropriate use of Nosodes has been beneficial in providing quality protection against targeted infectious diseases.

More data is needed to determine whether any one of the three HP options is clearly superior to the others, but the appropriate use of high quality Nosodes is clearly an important option in prophylaxis.

Overall, Nosodes are flexible with multiple possible uses. With HP at least they have proven to be effective, and their use certainly has stood the test of time. But as with all homeopathic remedies, whether for treatment or for prevention, their value totally depends on their similarity to the patient's needs.

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# A Comprehensive Overview of Homoeopathic Nosodes and Their Applications

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## Keywords

Homeopathy, Nosodes, Homeopathic remedies, Pathological substances, Disease prevention, Immune system support, Constitutional treatment, Chronic illness

## Abstract

A variety of disorders are treated and prevented with homeopathic nosodes, which are specific remedies made from pathological material such as diseased tissues, secretions, or excretions. These treatments are made by serial dilution and succussion, which is said to remove the disease's poisonous qualities while preserving its energetic imprint. Nosodes, which include popular treatments like Tuberculinum, Oscillococtinum, and Carcinogenin, are used mostly for recurrent infections, chronic illnesses, and constitutional treatment. Their goal is to boost the body's natural ability to cure itself and improve the immune system. The function of nosodes in homeopathy, their production, typical indications, and possible advantages in treating mental and bodily ailments are all covered in this article. As part of a comprehensive approach to health and wellbeing, it also covers the limitations, safety, and efficacy of nosodes. Both patients and practitioners can investigate the possibilities of these distinctive homeopathic remedies in complementary medicine by gaining a deeper understanding of them.

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## Introduction

The alternative medical practice of homeopathy is founded on the idea that "like cures like." It entails administering extremely diluted medications to the patient that mimic the symptoms of the ailment being treated. Nosodes, which are potentized preparations generated from pathological specimens or sick tissues, are one of the more specialist types of homeopathic treatments. Nosodes are used to treat a variety of acute and chronic diseases because they are thought to activate the body's natural healing force.

Using very diluted medicines that replicate the symptoms of the ailments they treat, homeopathy, an alternative medicine system based on the idea that "like cures like," offers a distinctive method of therapy. Nosodes, or medicines prepared from pathological materials like sick tissues, secretions, or excretions, are among the most intriguing and specialized types of homeopathic treatments. Because they can help with both acute and chronic diseases by boosting the body's immune system and vital power to repair itself, nosodes have long been used in homeopathy.

This article provides a comprehensive overview of homeopathic nosodes, exploring their preparation, key indications, and applications in treating a wide range of health conditions. By delving into the role of nosodes in promoting immune health and disease prevention, we aim to shed light on their significance within the broader context of homeopathic healing, highlighting their potential

benefits, limitations, and practical uses in both acute and chronic health care.

### What Are Nosodes?

- Nosodes are homeopathic remedies derived from diseased tissue, secretions, or excretions from the body. They are created by taking substances like pus, urine, blood, mucus, or even viral or bacterial cultures from an infected individual or diseased organism, and then diluting and potentizing them in a homeopathic manner.
- The preparation process involves serial dilution and succussion (vigorous shaking), which is believed to preserve the "energetic imprint" of the disease, while minimizing any toxic or pathogenic material. The resulting nosodes are highly diluted solutions that, according to homeopathic philosophy, can stimulate the immune system and encourage healing.

### Common Nosodes Used in Homeopathy

Several nosodes are used in homeopathic practice, and some of the most common include:

1. **Tuberculinum:** Derived from the sputum of tuberculosis patients, this nosode is often used in treating chronic respiratory conditions, tuberculosis, or conditions that show a tendency for wasting or consumption.
2. **Oscilloccinum:** Made from the heart and liver of a duck infected with the influenza virus, it is a widely used nosode for treating flu-like symptoms and preventing viral infections.
3. **Pertussin:** Derived from the bacteria responsible for whooping cough, Pertussin is typically used in treating respiratory infections, especially those involving coughing and congestion.
4. **Meningococcinum:** This nosode comes from the meningococcus bacteria and is employed in treating meningitis or other neurological conditions.
5. **Carcinosin:** A remedy made from a cancerous tissue, Carcinosin is often used to treat individuals with a family history of cancer or to

address emotional issues like suppressed grief or chronic stress.

6. **Syphilinum:** This nosode is derived from the spirochete responsible for syphilis and is used in chronic cases of syphilis, as well as conditions with deep-seated emotional trauma or long-term infections.
7. **Malandrinum:** A nosode from a vaccine culture of the rabies virus, it is sometimes used to treat symptoms of viral diseases or conditions that result in intense fear.

### How nosode works in homoeopathy

The foundation of homeopathy is the idea of "similia similibus curentur," or "let like cure like." Without introducing any live pathogens, nosodes are thought to function by giving the body an energy signature or "information" of the illness. Similar to how a little infection can trigger the production of antibodies by the immune system, this energetic imprint is believed to activate the body's vital force—a term that refers to the body's innate ability to heal—to combat the illness.

Nosodes are not meant to introduce the disease-causing substance into the body in order to cure it immediately. Rather, their energetic nature is believed to "reprogram" the body to overcome latent illness tendencies or to react to infection more efficiently.

### Indications for Nosode Utilization

Nosodes are generally used for treating:

1. **Chronic Illnesses:** They are especially helpful in chronic diseases like tuberculosis, syphilis, and chronic respiratory conditions, often acting to help bring about a long-term improvement in the patient's vitality and overall health.
2. **Constitutional Treatment:** Nosodes can be used as part of a broader constitutional remedy strategy, where a homeopath considers the individual's physical, mental, and emotional states to determine the remedy that best suits their needs.
3. **Prevention:** Some homeopaths use nosodes

in a preventive capacity, such as during flu season or as a way to boost immunity against specific diseases.

4. **Treatment of Infectious Diseases:** Nosodes may be used during outbreaks of diseases like measles, mumps, or influenza, with the aim of supporting the immune system in preventing or reducing the severity of the infection.
5. **Emotional and Psychological Healing:** Some nosodes, such as Carcinisin, are thought to help treat emotional trauma, especially for individuals who have suffered from long-standing grief, fear, or stress, and may be predisposed to certain conditions.

### Safety and Effectiveness of Nosodes

The medical profession is divided on the effectiveness and safety of homeopathic nosodes, just like it is on other homeopathic treatments. Since nosodes are prepared via serial dilution, the end result frequently has little to no molecular remnants of the original material. This raises concerns regarding their efficacy from a scientific perspective. The cures, according to homeopaths, operate on energetic principles that transcend the material world.

Although there are currently few clinical trials on the precise efficacy of nosodes, many people claim success when using them in combination

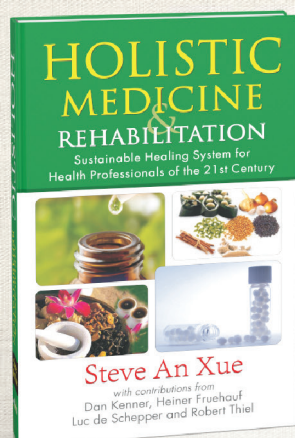
with other homeopathic remedies. Before taking nosodes, especially for serious diseases, it is vital to speak with a skilled homeopathic practitioner because their use should be customized to the individual's constitution and overall health profile.

## CONCLUSION

Using the "energetic imprint" of viruses, nosodes offer a novel method of treating and preventing illnesses, making them an intriguing part of homeopathic treatment. They continue to play a crucial role in homeopathic practices despite being contentious in the mainstream medical community, particularly for patients looking for complementary or alternative therapies for infectious or chronic illnesses. As with other homeopathic treatments, it's crucial to use nosodes under the supervision of a qualified homeopath to make sure the course of therapy fits the patient's overall health requirements and objectives.

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# Holistic Medicine & Rehabilitation

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- Why do we need a sustainable model of rehabilitation?
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- Significance of Therapeutic Principles of Classical Homeopathy
- Food: A powerful therapeutic modality from Western Naturopathy



# Efficacy Of Nosode And Its Advancement

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## Keywords:

Homoeopathy medicine, Pathological origin, Immune stimulation

## Abstract

Homoeopathic nosodes are prepared from pathological materials such as diseased tissues, bacteria, or viruses, which undergo potentization to become non-toxic therapeutic agents. These remedies are used based on the principle of "like cures like" it stimulate the body's immune response and enhance natural healing. Nosodes are often use for preventive and therapeutic purposes in infectious diseases, chronic conditions, and immune modulation. Examples include *Tuberculinum* (from tuberculosis bacteria), *Psorinum* (from scabies discharge), and *Influenzinum* (from influenza virus). Unlike conventional vaccines, nosodes do not contain live pathogens and are administered in potentized forms, making them safe with minimal side effects. Research and clinical experiences suggest their potential in disease prevention and management, but scientific validation through robust clinical trials is needed. Homoeopathic nosodes promising complementary approach in integrative medicine, particularly in conditions where conventional treatments have limitations.

## Introduction

The Greek word 'Noso' is a prefix, which is added to give the idea of a disease indicating its morbid root. This term is also connected with the Latin word "noxa", the root of the term noxious or damaged. This implies the use of potentially dangerous noxious materials as a basis for a poetized

remedy. <sup>[1]</sup> Nosodes are homoeopathic remedies that consist of dilutions of pathogenic organisms' causative agents, such as fungi, parasites, viruses or bacteria, and disease products. Homoeopathic nosodes may be used to treat and prevent non-infectious as well as infectious diseases. <sup>[2]</sup> More than 60 homoeopathic nodoses have been used by homoeopathic practitioners, playing a significant role in clinical practice. Nosodes can be prepared from bacteria (*Diphtherinum*, *Streptococcinum*), viruses (*Variolinum* for smallpox and *Morbillinum* for measles), parasites (*Psorinum* for scabies), and diseased tissues (*Carcinosin* from infected breast cancer). <sup>[2]</sup>

## Classification Of Homoeopathic Nosodes

As aforementioned, homoeopathic nosodes can be prepared from biological material including diseased tissues and cultures (bacteria, viruses, parasites, and fungi) from the decomposed products of humans and animals. There are more than 60 nosodes that have been incorporated in homoeopathy treatments in clinical settings since 1830 with claimed clinical benefits. However, a small number of nosodes have been scientifically tested for their effectiveness, particularly using in vitro models. <sup>[2]</sup>

In the Homoeopathic Pharmacopoeia of India (HPI), the preparations are categorised into four groups depending on the nature of the substance, whether the organism has the capability of producing endotoxins or exotoxins. These groups are N-1, N-2, N-3, and N-4. <sup>[2]</sup>

Group N-1	Endotoxins: Preparations made from lysate of micro-organism capable of producing bacterial endotoxins, e.g. <i>Typhoidinum</i> . <sup>[3]</sup>
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Group N-2	Exotoxins: Preparations made from micro-organisms capable of producing exotoxins. The toxigenicity of the strain is established before use, e.g. <i>Diphtherinum</i> . <sup>[3]</sup>
Group N-3	Purified toxins: Preparations made from purified toxins. Purification of toxins is achieved by ultra filtration, gel filtration chromatography or by affinity chromatography, e.g. <i>Tuberculinum</i> . <sup>[3]</sup>
Group N-4	Preparations made from micro-organisms/viruses/clinical materials from human convalescents or diseased subjects, e.g. <i>Anthracinum</i> . <sup>[3]</sup>

Table No – 1 Classification Of Nosode

Nosodes category	Nosodes
Basic	<i>Bacillinum</i> , <i>Carcinosinum</i> , <i>Medorrhinum</i> , <i>Psorinum</i> , and <i>Syphilinum</i> . <sup>[2]</sup>
Exanthem	<i>Anthracinum</i> , <i>Diphtherinum</i> , <i>Malandrinum</i> , <i>Influenzinum</i> , <i>Morbillinum</i> , <i>Parotidinum</i> , <i>Pertussinum</i> , <i>Vaccinum</i> , and <i>Variolinum</i> . <sup>[2]</sup>
Isopathic	<i>Malaria officinalis</i> , <i>Pyrogenum</i> , <i>Staphylococcinum</i> , and <i>Streptococcinum</i> . <sup>[2]</sup>
Intestinal Nosode (Dr. Bach and Dr. Wheeler)	<i>Bach nosodes</i> or <i>Bowel nosodes</i> : <i>Bacillus dysenteriae coli</i> , <i>Bacillus faecalis</i> , <i>Bacillus Gaertner</i> , <i>Bacillus morgan</i> , <i>Bacillus mutabile</i> , <i>Bacillus No 7</i> and <i>Bacillus proteus</i> . <sup>[2]</sup>
Commonly used (Well proven)	<i>Medorrhinum</i> , <i>Psorinum</i> , <i>Pyrogenum</i> , <i>Syphilinum</i> , and <i>Tuberculinum</i> . <sup>[2]</sup>
Other	<i>Ambra griesea</i> , <i>Anthracinum</i> , <i>Carcinosin</i> , <i>Cholestrinum</i> , <i>Eel serum</i> , <i>Eosinum</i> , <i>Influenzinum</i> , <i>Leuticum</i> , <i>Lyssin</i> , <i>Maladrinum</i> , <i>Malaria Officinalis</i> , <i>Morbillinum</i> , <i>Osteo arthritic</i> , <i>Parotidinum</i> , <i>Pertussin</i> , <i>Pneumococcinum</i> , <i>Scarlatina Scirrhinum</i> , <i>Staphylococcinum</i> , <i>Streptococcinum</i> , <i>Typhinum</i> , <i>Typhoidinum</i> , <i>Vaccinum</i> , <i>Variolinum</i> . <sup>[2]</sup>

## Directions For Use

The rules for prescribing nosodes have been explained by a variety of stalwarts and experienced practitioners of homeopathy. The following is the most documented ways of prescribing nosodes.<sup>[2]</sup>

- If the mental, generals, and physicals including the particulars (PQRS), match the homeopathic nosode indications, the nosode can be prescribed and function as a constitutional medicine. Constitutional remedies treat the patient as a whole, physically, emotionally,

and mentally, including consideration of their past medical history.<sup>[2]</sup>

- When treating a chronic disease, the similimum (remedy corresponding to the totality of symptoms) is no longer effective, using the nosode in a healing process eliminates a blockage to the cure, enabling the similimum to continue working.<sup>[2]</sup>
- Nosodes are used when the similimum does not provide relief.
- Nosodes can be incorporated when the case is unclear (lack symptoms).<sup>[2]</sup>
- Nosodes can be prescribed as a miasmatic intercurrent remedy when treating a chronic disease. Miasm is an underlying predisposition to a persons inherited disease group. A miasmatic intercurrent remedy is the homeopathic remedy used to strengthen the body from a genetic weakness that causes predispositions to certain disease processes, given between doses of the remedy indicated by the patient's complaints to further the action of the indicated remedy.<sup>[2]</sup>
- Nosodes can be used to prevent disease (homeoprophylaxis).<sup>[2]</sup>
- Nosodes can be given as a Genus Epidemicus.<sup>[2]</sup>

## Use Of Nosodes As Homeoprophylaxis

As a homeopathic prophylaxis, to prevent specific acute and chronic infectious diseases. An early example of this was Dr Boenninghausen's successful use of *Variolinum* to prevent small pox. Nosodes may also be used as a method to protect children from the miasma they have inherited through their parents' Dr James Tyler Kent has been quoted in his Lectures on Homeopathic Materia Medica as saying "If *Tuberculinum Bovinum* is given in 10m, 50m, Cm. potencies two doses of each potency at long intervals, all children and young people who have inherited tuberculosis may be immuned from their inheritance and their resiliency will be restored". This, of course, relates to children who show symptoms of the TB miasm such as nervousness, temper tantrums, emaciation, anemia, swollen glands, frequent colds, etc.<sup>[1]</sup>

Table No – 2 Recent Advancement In Nosode

Sr no	Year of publica-tion	Name of article	Abstract	Conclusion
1	2015	HIV Nosode: The Homeopathic Pathogenetic Trial.	Deriving clinical indications for the <i>HIV nosode</i> by conducting a double-blind, placebo-controlled homeopathic pathogenetic trial (HPT) with the aim to introduce a new nosode to the profession.	The <i>HIV nosode</i> may find pro-found scope in the medical prac-tice and needs to be reconnoitered for the treatment of immunolog-ically mediated diseases, infec-tions, autoimmune diseases, aller-gic disorders, collagen diseases, metabolic disorders, and malign-ancies. <sup>[3]</sup>
2	2023	A Randomized, Placebo-controlled Homeopathic Drug proving of SARS CoV-2 nosode (BiosimCovex) in healthy volunteers.	Homeopathic Drug-proving is a systematic examination and re-cording of the symptoms experi-enced by healthy volunteers after the administration of an investiga-tional medicinal substance. Ran-domized, placebo-controlled HDP was conducted using <i>BiosimCov-ex (SARS CoV-2 nosode)</i> in healthy volunteers.	<i>BiosimCovex nosode</i> developed during a pandemic condition has shown safe use and produced sig-nificant symptoms in the homeo-pathic drug proving helping its inclusion in the homeopathic lit-erature. <sup>[4]</sup>
3	2024	Anti-Bacterial Activity of Homoeo-pathic Nosodes Anthracinum, Pyro-genium and Variolinum in 30 C, 200 C and 1 M Potencies Against Meth-icillin Resistant Staphylococcus Au-reus - An In Vitro Study.	The homoeopathic system of med-icine is still considered as pseu-do-science by the scientific com-munity due to the lack of material substance in highly diluted med-icinal formulations, despite clinical results. On the other hand, biomedicine is threatened by an-timicrobial resistance against var-ious pathogens. Methicillin Re-sistant Staphylococcus aureus (MRSA), a virulent strain of the bacteria Staphylococcus aureus, is resistant to several antibiotics like methicillin, nafcillin, oxacillin, and cephalosporins. In this study, ho-moeopathic nosodes also called bio therapeutic preparations, which are homoeopathic prepa-rations made from pure microbio-logical cultures isolated from sick tissue and clinical samples like secretions, discharges, etc., were tested against MRSA to under-stand its antibacterial effects.	Antibacterial activity of homoeo-pathic nosodes <i>Pyrogenium 200</i> , <i>Anthracinum 200</i> , and <i>Pyrogenium 1 M</i> have been proved through this in vitro study. However, fur-ther research in experimental model organisms to substantiate the scientificity of homoeopathic medicines is recommended. <sup>[5]</sup>
4	2025	To Synthesis Psorinum 1M Nanoparticle by chemical Method with Potentization.	Through this research work syn-thesizing the nanoparticles in <i>Psorinum 1M</i> by Potassium Ferri-cynaide as a biocatalyst and inclu-sivity of succussion potentization method. After analysis under SEM (Scanning electron microscope), minute strictures of massless par-ticles nanoparticles synthesized successfully.	After analysis under SEM (Scan-ning electron microscope), min-ute strictures of massless particles nanoparticles synthesized suc-cessfully. <sup>[6]</sup>

CONCLUSION

Homeopathic nosodes, prepared from pathogenic materials through potentization, offer a potential

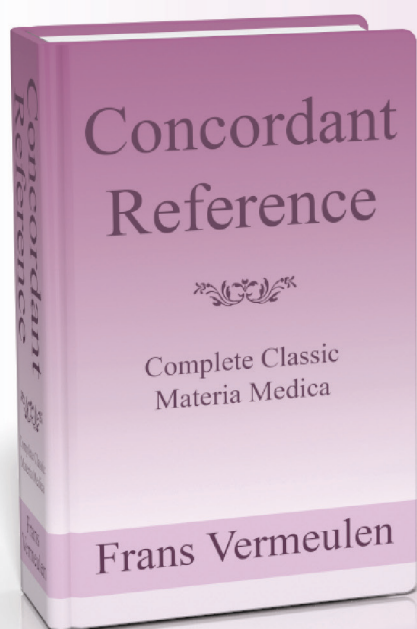
complementary approach for disease prevention and treatment. Recent studies, including homeo-pathic pathogenetic trials and in vitro antibacteri-al research, suggest their possible effectiveness in



conditions like HIV, SARS-CoV-2, and antibiotic-resistant infections. The research focused on synthesizing nanoparticles in *Psorinum 1M* using Potassium Ferricyanide as a biocatalyst, combined with succussion potentization with SEM analysis confirmed the successful synthesis of massless nanoparticle structures. These findings indicate that homeopathic potentization can contribute to nanoparticle formation, potentially enhancing bioavailability and therapeutic efficacy. However, further robust clinical trials and experimental research are essential for broader clinical application.

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# Concordant Reference

Leap Up your Practice with Complete Classical Materia Medica

- Three symptom categories - Provings, Intoxications, Clinicals.
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# Tuberculinum A Useful Nosode For Children With Tubercular Taint

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## Keywords

Tuberculinum child----Taint----Constitutional features

## Abstract

The medicines known as nosodes are potentised extractions of disease matter, tissue and discharges. Nosodes occupy a unique position in homoeopathic prescribing. Of all nosodes Tuberculinum possesses the most clearly defined and destructive personality. The remedy presents full of characteristic symptoms at all levels. The author presents the tuberculinum child type in detail by sighting all the features of Tubercular taint. This will help the readers to utilise this nosode as a constitutional remedy in their daily practice.

## Introduction

*Lets first know about the origin and development of nosodes in the history of homeopathy:*

Dr J.H.Allen says that the character of the miasm gives us the character of the affection or the disease formula<sup>1</sup>. The advent of Hahnemann's theory of the miasms caused great interest in the chronic diseases and their anti-miasmatic remedies. One of the direct consequences of the publication of *The Chronic Diseases* was the development of the use of miasmatic organisms as potentized homoeopathic remedies. The earliest experiments with nosodes were carried out by Constantine Hering while he was in Surinam, Guiana, and South America between 1827 and 1833. In the five years Hering spent studying plant and animal species,

he paid special attention to the virulent snake and spider poisons as well as miasmatic substances.

"During the experiments on the serpent poison, I have given out the idea that the hydrophobic virus should be a powerful pathological agent. I presented the same hypotheses regarding the virus of variola [small pox]. I expect no less as regards the psoric virus, and I invited my colleagues to make proving."

It seems that shortly after Hahnemann published his chronic disease theory, Hering performed the first proving of Psorinum on himself. Hering originated the method of using a miasmatic agent as a basis for a remedy and it was he who coined the term "nosode". The Greek word Noso is a prefix which is added to give the idea of a disease indicating its morbid root. This term is also connected with the Latin word "noxa", the root of the term noxious or damaged. This implies the use of potentially dangerous noxious materials as a basis for a potentized remedy.

Hering is responsible for greatly expanding the materia medica of homeopathy and adding seven (7) new categories of potentized remedies\*. At the same time, he was one of the true defenders of the four cardinal rules of Homoeopathy: similar cure similar, the single remedy, the minimal dose and the potentized remedy. Hering's 7 uses of idem in Homoeopathy include:

- The use of poisons taken from insects, snakes, and other venomous creatures (Animal poisons).
- The use of remedies made from miasmas

(Nosodes).

- The introduction of potentized miasmas and morbid secretions taken directly from the patient's body (Auto-nosodes).
- The use of homologous organs, tissue and secretions (Sarcodes).
- The use of potentized miasmatic products as nosodes for the prevention of infectious diseases (Nosode prophylaxis).
- The use of chemical and nutritional elements innate to the human organism (Chemical and elemental relationships).
- The use of potentized genus groups as curative and preventative remedies for individuals, groups, and habitats. Hering suggests potentized seed of weeds or dangerous plants to eradicate and destroy those plants and potentized insects or animals to remove and prevent infestations of dangerous species (Isodes).<sup>2</sup>

*\*Lectures on the Theory & Practice of Homoeopathy, R.E. Dudgeon, BJain Publishers (P) Ltd, Lecture VI, Isopathy, pages 141-175.*

Hering continued to experiment with nosodes of acute and chronic miasms and invited others to conduct provings. He recommended the use of potentized watery excrements of cholera, the black vomit of yellow fever, the desquamated skin of malignant scarlet fever, to bind bags of milk sugar in contact with the skin of typhus patients, the use of leucorrhoea matter, etc., as well as psorine (Psorinum) gleans-matter (Medorrhinum), pthisine (Tuberculinum) and syphiline (Syphilinum). Many ancient isopathic remedies were introduced into the Homoeopathic Materia Medica by dedicated homoeopaths of the 19th century. Constantine Hering, W. Gross, Wilhelm Lux, Father Collet, Swan and Burnett immediately come to mind.

After Hering's introduction of the nosodes, Johann Joseph Wilhelm Lux, a well known homoeopathic veterinarian, began to conduct experiments with the isopathic use of disease materials in potencies. In December, 1831, Lux was asked if he knew any homoeopathic remedies for the treatment of bovine plague and anthrax. Lux replied

that he could not suggest any remedies off hand but he offered the following suggestion. He told the person to take a drop of blood of an animal infected with anthrax, and a drop of the nasal mucous of a cow with the plague, and prepare a 30c potency of the material. During the epidemic in 1832 many veterinarians relied on the complementary use of the nosodes and standard remedies to treat the animals under their care.

On December 24, 1835, Jolly of Constantinople reported to Hahnemann that Russian doctors had cured a number of cases of bubonic plague with a 30c nosode prepared from the serous exudation of plague buboes. Hahnemann was interested in the new nosode movement on the basis of these clinical experiences but he was concerned because most of these nosodes were not being proved. So in this way the revolutionary ideas contained within the 1828 edition of *The Chronic Diseases* changed the way people thought about contagious disease and stimulated the integration of nosodes into the homoeopathic pharmacopoeia.

In 1836 Hering stated that: HE NEVER SUCCEEDED IN CURING BUT ONLY AMELIORATING DISEASES WITH THEIR OWN MORBID PRODUCTS.

#### INDICATIONS OF TUBERCULAR MIASMATIC STATES:

- Lean and thin constitution (fatness without fitness)
- Cosmopolital habits (mentally keen but physically weak)
- Fear of dogs
- Ever changing systems (rapid response to any stimuli)
- Complaints from change of weather or atmosphere
- Tendency to cough and cold (catches cold very easily)
- History of tuberculosis or lung diseases
- Chronic inflammation of glands and tonsils
- The problem child – (slow in comprehension)



dull, unable to keep a line of thought)

- Hemorrhage from nose on slight provocation (blowing the nose, slight blow or even washing the face<sup>4</sup>)
- Phyllis Speight noted in his writings that in most of the cases inflammation of glands of each neck, very sensitive to warm room, must have fresh air at night, breath fetid odour, sensitive to cold, thirst for cold water, still always works actively is very characteristic of Tubercular miasm<sup>5</sup>

AS TUBERCULAR MIASM IS MOST FREQUENTLY MISSED AND NOT EASILY IDENTIFIABLE AMONG CHILDREN, DETAILED DESCRIPTION ABOUT THE TUBERCULAR CHILD IS GIVEN BELOW:

### **Tubercular Child:**

- Hyperactivity
- Erraticism
- Moodiness and Unpredictability run throughout Tubercular miasm
- They are tall, rapidly growing children, but emaciated like Phosphorus.
- Tubercular children are loving and friendly by nature.
- They love their play, their hobbies, their studies
- They make a lot of friends because of their good, friendly and cosmopolitan nature.
- They share their things very easily
- are always helpful and sympathetic towards other children
- They are very affectionate towards animals and they have tremendous fear of animals
- They will always try to be in good books because; they enjoy attention and attraction from everybody.
- These children have lots of desires and goals, but because of their poor resistance they succumb to external pressures very easily.
- They have no energy reserves.
- This results in failure leaving them dejected and depressed. A quiet, internal vexation followed by impulsiveness
- And violent reaction is a Tubercular, Schizoid personality.
- Child at play
- These children are very playful, fun loving and mischievous
- However, again, erraticism is the hallmark.
- Tubercular children will never stick to one game or activity, because of their constant desire for change.
- They cannot pursue one action for a long time.
- These children may like certain toys or games at one moment
- And, they have hatred towards the same at another time.
- They like stories of mischief
- about traveling, of some unusual characters
- Or tubercular children wear masks & mimic their favorites.
- They actually see and perform acts of heroes... like Superman, Batman, and Cowboys etc. and derive intense pleasure from it.
- For e.g. After seeing Superman / Batman they think... 'If batman can fly...why can't I'
- They may even perform a heroic act.
- Result is... anybody's' guess...?
- In reality, I have heard of these children performing these acts, some of them have died, some have succumbed to major injuries and some were lucky enough to survive without a scratch. Scholastic performance: At school, these children are either poor learner...
- Or they perform very well.

- In one semester, these children do extremely well...
- while just in another semester their performance is very poor. His grades may vary from A to F.
- They are extremely creative ...and hence take part in all drawing competitions. Drawings of a tubercular child are vibrant with live colors.
- Their paintings depict modern art
- Their paintings very strongly depict their inner world.
- Performing Arts: They enjoy participating in all kinds of activities.
- They are very talented...
- Very flexible and rhythmic in their movements...
- Absolute perfectionists...But their body cannot meet the demands of their system...
- Thus, they cannot pursue anything to their final destination...
- This leaves them sad, frustrated, depressed and exhausted.
- Emotional Pattern: Erraticity and Moodiness

It is clearly proved in the Tubercular children who at one moment are, extremely sensitive & loving and at other times you will see them being indifferent to everything.

#### **Features of Tubercular Taint:**

1. Sharp features, such as sharp nose, prominent malar bones, etc
2. Bluish sclera
3. Granular eyelashes
4. Overlapping, irregular teeth
5. Long teeth
6. Red lips
7. Soft, silky, fine hair

8. Delicate skin of the whole body
9. Shiny, glossy nails; as if polished
10. Hairy back (in children)
11. Long tapering fingers
12. H/o ringworm in the region of groin
13. Surface of the body shows blue veins
14. Intellectually keen and expressive
15. Rapid and sharp actions
16. Changeable, discontented
17. Romantic, Deep thinker, Poetic
18. Takes cold easily
19. Suffer from glandular swellings
20. Hypersensitive, Nervous
21. Desire to do something difficult
22. Abnormal urge to travel
23. Hopeless, depressed

NOW AS MENTIONED ABOVE LET US MAKE MAISMATIC DIAGNOSIS. This remedy is a combination of psora and syphilis. On the one side it is possessive and destructive. Some indications for the use of tuberculinum are problems that appear since birth, like mental retardations, meningitis, cerebral palsy, epilepsy, recurrent otitis media, Tonsillitis, Angina Pectoris, thyroid problems, pleurisy, pneumonia and asthma specially when it arises after suppression of bronchitis or tonsillectomy, or removal of lymph nodes. Disturbances of assimilation, epilepsy after vaccinations, Muscle dystrophy, Diabetes Mellitus, Tuberculosis and the consequences, The earlier homoeopathic therapy is given, the bigger is the chance of getting a better state of health. Tuberculinum is used when in family history tuberculosis is existing. Further there are varying symptoms like in the character, pace or the modality keeps changing. For instance pains one time, are stitching, then pulsating, then again burning. Sometimes it gets better with pressure, then pressure is unbearable. Tuberculinum can also be thought of when the mother suffered from vaginal mycosis which

was suppressed and mistreated with strong medications. Children from parents with allergic tendencies and tuberculosis in their families are from the beginning unfinished, predisposed to colds, rhinitis, or general lymphatic problems. Kent writes in *Kali-carbonicum* that strong mucus formation which were not healed, later become an invitation to arthritis problem. Between mucus and arthritis there is great connection. Only the presentation changes but it is the same sickness.

Tuberculinum is mostly very slim, and at birth underweight. Poor in running, anaemic and require iron supplements constantly, from birth on the child suffers weakness of resistance and immunity. Child is always cold and mother says that my child is always suffering from rhinitis, The cold immediately moves towards the ears or down to the bronchi. The ears are always the weak point with recurrent middle ear infections, which each time got treated with antibiotics. In such cases when constitutionally treated with tuberculinum, many times another otitis appears. Often when I have given tuberculinum to a child with behavioural problems, or developmental cold and lung problems, chronic sniffles, sinusitis or hay fever, it lead to an middle ear infection and its really important not to interfere and keep your hands off from making a prescription. Here think of Hering's direction of cure, where old symptoms reappear as it had been suppressed in former times, hence old symptoms must appear again. Even if antibiotics are used at such times then the healing process will be aborted and we begin again.

From the very beginning the Tuberculinum child is always hungry, still it is underweight. It must be constantly breastfeed, it cannot wait, gets angry, and the impulsivity and brutality is already seen in the infant. Mother is breastfeeding the child and he bites her nipples. This way of behaviour is caused by inner disturbances. If mother happens to be a Sepia, she will stop breastfeeding in a few weeks as it is too much for her and thinking that it will damage her breast figure. These thoughts gets transferred to the child and it reacts accordingly. "If I am not allowed to drink on your breast, then I bite hard a few more times". To a Pulsatilla mother, she doesn't care if she is bitten and will present the other breast. However the Tuberculinum child drank too greedily and bit her and

loves being in mother's arms and does not want to be put down. 'Better travelling and always in motion'. Shaking is movement. Always wants to be outdoor. As said in the beginning there is a tendency to cold, the old cold is not healed yet, when already the next one starts. One rhinitis follows after the other. In cold damp weather and before thunderstorm it is worse than *Calcarea-carb*. A tuberculinum child is as good as a barometer, if there is a tuberculinum child in the family, then there is no need of a barometer.

Tuberculinum is also indicated in Rachitis. The spleen is palpable. The child has strong sweats during the night and stains the nightgown yellow coloured. It feels generally better sleeping with open windows. In the morning it awakens with diarrhoea. The stool is dark-brown and stinking heavily. The skin of tuberculinum generally is very dry, rough like sandpaper. For this reason one can also think of tuberculinum in cretinism, hypothyroidism, which causes dry skin. Tuberculinum has gets easily tanned in the sun. Then with Tuberculinum exists heavy itching eczemas, scratching causes cracks, which secretes a little moisture. Otherwise the eczema is very dry, and looks like psoriasis. The skin keeps peeling, scales fall off and its raining like powder, after scratching the skin is getting red like meat. The itching and rashes are getting better by warm applications. When changing clothes Tuberculinum heavily suffers from itching. The eczema of Tuberculinum you find distributed all over the body. It specially appears in the flexor aspect of the extremities, what one often encounters is behind the ears. Tuberculinum child is known for putting things in to the mouth and has lots of salivation. Due to many colds, nasal polyps, catarrh, strong mucus formation, swollen tonsils and above all the many middle ear infections, everything is congested, the airways are blocked, the mouth is open day and night, the child hears poorly and there is tendency to deafness. Concentration problems begin, aggression arises. Syphilitic brutal side of Tuberculinum is seen in the bites, smashes objects (he hurls a shoe across the living room and a window breaks) and scratches, hence the mother has to cut their nails really short. Mother is playing cards and suddenly the Tuberculinum child impulsively pulls the hair. He doesn't let go. "I want that". One reads Tuberculinum in 'fear of animals', But



he takes out his anger on small animals and insects. He strokes the cat and suddenly he tugs at its tail or pinches it. The cat meows and he laughs. Tormenting while laughing is Syphilitic.

Bedwetting is also a big hobby of Tuberculinum. And not just once, no, he is weak all night long and the mother is busy. This Bedwetting can last until the child is 9 or 10 years old. Tuberculinum has a constitutional weakness. If you ask the mother of father, one of them confirms that he also has had bedwetting for many years. Tuberculinum has the need to go somewhere. He loves travelling by train, as he can sit and move around. He quickly gets bored in the car and can get travel sick. Tuberculinum children have many ideas. He sits in front of a school book, engrossed in thought. An hour later, the same page is still open. Frustrated, he realises that he hasn't made any progress with his homework and angrily throws away everything aside. He doesn't succeed at anything straight away. He quickly gets angry. Patience is not his strong point. Frustrated, he quickly destroys everything. In anger, he tears at his hair and ears, and bangs his head against the wall or floor. His mother complains "Why cant you speak kindly to me?, I am so nice, and Tuberculinum child shouts angrily, 'I want that now!'. Another negative aspect of Tuberculinum is that he is vindictive and cannot forgive. You spend two hours explaining the situation to him and apologizing, but its no use.

Tuberculinum children learn with reluctance because they are lazy, and careless. They show that they are busy with play, but he has trouble concentrating and that's why he doesn't do his homework. Tuberculinum is shy, not sociable. They have lo of headaches, concentration problems, are irritable & angry. Headaches can be tracked back to the eye problems. The child needs glasses. The ears are generally a weak point with Tuberculinum. The child goes for a bath and comes home with a fungal infection. It has barely healed when it gets infected again at the next visit. As already mentioned, Tuberculinum has a lot of middle ear infections and these chronic infections cause a constant smelly discharge from the

ears. Tuberculinum is also a well-known remedy for perforated eardrums. Tuberculinum has very restless sleep, grinds his teeth, has heavy restless nightsweats and is constantly covering himself up, is cold in his sleep, and cries. The mother has to cover the child up again. Shortly afterwards, the child starts sweating again, kicks the blanket away and is cold again. Tuberculinum is in a bad mood when he wakes up, irritated, and agitated.

Tuberculinum likes cold milk very much and has a strong desire for sweets. Tuberculinum has colic when constipated. The stool is hard and lumpy. Slightly older children describe a typical pain on the left side of abdomen, at the level of the navel and at the lower rib cage, and they have a feeling as if flatulence were rising upwards and they gasp for air. The cough in Tuberculinum is rattling, with a lot of mucus and is worse in the evening. It is easier if he holds his arms down and lets them hang at his sides in bed. If he raises his arms, then cough gets worse. When coughing Tuberculinum has a reflex pain in the anus. Coughing above and pain below. Tuberculinum is at its best at night. There is peace and quietness. In the morning it starts all over again. The Tuberculinum child is generally worse at the sea, whether it has skin diseases, respiratory problems or something else. It cannot tolerate moisture at all. Boericke says that if you give Tuberculinum, the heart must be healthy because this remedy can solve old lung problems, thus creating an indirect effect on the heart.

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# The Early Bloom and Hidden Burden of Carcininum

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### Keywords

Perfectionism, Precocity, Responsibility overload, Repression, nature lover Prolonged unhappiness

### Abstract

Carcinosinum is a homeopathic remedy, representing emotional suppression, perfectionism, and self-destructive tendencies. Individuals needing Carcininum often experience unresolved emotions like fear and grief, which manifest as chronic physical and mental health issues. They may have heightened sensitivity, a fear of rejection, and a strong need to please others. Children tend to develop early but struggle with focus, sleep disturbances, and emotional vulnerability. In adults, these traits often lead to anxiety, responsibility overload, and a tendency toward creative outlets for emotional release.

### Introduction

**Common name:** also known as Cancerinum, a nosode from carcinoma

**Source:** Nosode, derived from carcinoma primarily from the mammary glands and uterus

**Miasm:** Sycotic, Tubercular, Syphilitic

**Prover:** Dr Foubister and Dr Brunett's preparation

Carcinosinum is a homeopathic remedy primarily linked to the cancer miasm, but it also embodies aspects of the sycotic, psoric, and tubercular miasms. The cancer miasm represents a more

advanced and deeply rooted state of chronic illness, often combining traits from other miasms, particularly sycosis and tuberculosis. This miasm is characterized by long-standing, profound health issues that stem from emotional suppression and a tendency toward self-destruction.

Individuals affected by this miasm typically have a history of intense emotional stress, perfectionism, and a sense of over-responsibility. These emotional burdens, when left unaddressed, can lead to significant physical breakdowns, such as cancer or autoimmune diseases. Those who need Carcininum often struggle with suppressed emotions like fear, grief, and anger, which can manifest as chronic health problems.

### Physical Appearance:

Brownish café au lait complexion, Pigmented moles, Blinking eyes or bizarre tics and Blue sclerotic

### Personality:

According to Dr Foubister Carcinosis personalities have a "background of prolonged fear/ or unhappiness as if whole world's grief is broken on his head".

**Ailments from:** Prolonged history of suppression of: fear and fright, grief or unhappiness.

Carcinosis person have a prolonged fear due to their strict parental controls thereby keeping high expectations and goals from themselves leading

to prolonged unhappiness which moulds them into being perfect leading to be Mr perfect they try to be perfect in all aspects of their life i.e., in work, relationship, household chores and others. These individuals want to be perfect as they hate reprimands and hence, they become people pleasers not being able to say 'NO'. If these individuals fail to be perfect in life, then they turn out to be suicidal.

Their only way to escape from their problems is by involving themselves in dancing, art and by travelling.

## **Carcinosinum Child**

### **SUBMISSIVE AND REPREESED**

#### **The first type of Carcinosinum child:**

They are submissive, well-behaved, and obedient, always striving to please their parents. They often struggle to express their own needs, leading to their desires being suppressed. Unable to show their individuality, they fear they won't be accepted or loved for who they are. This creates a constant sense of insecurity. As they grow, they may develop a weak will, finding it difficult to say "no" and often trying to please others at the expense of their own needs. They tend to have low self-confidence and may become depressed as a result.

They tend to avoid conflicts or arguments as it makes them physically ill. They also tolerate other children taking their toys without protest. Parental conflicts affect so much which affects them profoundly leading to despair. They crave for affection never tired of being hugged or shown love and protection.

Children who suppress their emotions, especially during significant grief e.g., death of mother may appear apathetic or indifferent, even toward their family. This ongoing sense of unhappiness can lead to depression and, in extreme cases, suicidal tendencies. During depressive episodes, they often seek solitude, feeling that consolation or conversation only amplifies their feelings.

#### **Second type of Carcinosinum child:**

The second type of Carcinosinum child is the

opposite of the first type. They cannot tolerate reprimands and often react with intense aggression, both verbally and physically. Their anger can manifest in destructive outbursts, and they may act like "bulldogs" when upset. They are inconsiderate toward the feelings of others, especially their family members, but can be surprisingly kind to strangers. This behaviour stems from a deep feeling of being unappreciated and unloved at home.

They are easily angered, highly irritable, and prone to destructive outbursts, often breaking things in the heat of their frustration. Their stubbornness and headstrong nature stem from a deep, basic lack of love and affection, which fuels their anger and inconsiderate behaviour.

### **PRECOCITY:**

Carcinosins are often referred to as "early developers" due to their tendency to reach milestones at an accelerated pace. These individuals may begin walking and potty training earlier than most, and demonstrate the ability to speak in a mature, articulate manner at a young age—sometimes making a three-year-old sound as though they have the language skills of an adult.

This precocity can extend to physical development, which can sometimes include early sexual maturity, potentially leading to behaviours such as frequent masturbation. While they might develop quickly in some areas, it's also possible for them to experience periods of slower growth, both mentally and physically. Concentration is usually a challenge for them, and they may experience insomnia despite being highly energetic throughout the day.

### **INSOMNIA**

These children often require the comfort of their mother to fall asleep. They may also enjoy being rocked to sleep. A common issue among insomniac Carcinosin children is nocturnal enuresis (bed-wetting), as well as symptoms like startling from sleep and involuntary twitching. Night terrors are also frequent, contributing to disrupted sleep.

One distinct sleeping posture for these children is the knee-elbow position, typically observed in

children older than one year. According to Dr. Foubister, most children naturally grow out of this position as they develop, making it a characteristic symptom when it persists in Carcinosin children.

### **Carcinosin Adult**

#### **VULNERABILITY AND OVERSENSITIVITY**

##### **First type of carcinosis**

Carcinosin in this type is marked by extreme sensitivity to mental, emotional, or physical pain, leading to an easily hurt and emotionally vulnerable individual who tries to conceal these feelings. They cannot tolerate even the slightest reprimand and are highly affected by criticism, often reacting disproportionately.

One of the key characteristics is a profound fear of humiliation. Even the smallest remarks which seem insignificant to others makes them feel embarrassed. Their sensitivity is so heightened that they may experience shock from the smallest criticism, leading them into a hysterical state—weeping, sobbing uncontrollably to the point of difficulty breathing, and turning pale.

This type of Carcinosis often exhibits obstinate brooding, on negative thoughts which they can't let go of them. Grief plays a significant role here, particularly silent grief, which distinguishes Carcinosis from remedies like *Natrum muriaticum* and *Ignatia*. While Nat Mur and Ignatia are associated with deep, constricted grief from the loss of a loved one, Carcinosis's grief manifests more as a weakness of will, a reluctance to confront others, and a passive approach to life—often avoiding demands or asking for anything.

Following this grief, there is a tendency toward emotional repression, driven by the fear of burdening others with complaints. This emotional suppression places Carcinosis somewhere between *Staphysagria* and *Natrum muriaticum*.

Carcinosin individuals often cannot tolerate rejection, and as a result, they may seek comfort in food. which leads to binge eating and thereby leading to weight gain.

#### **HORRIBLE THINGS AND SUPERNATURAL**

Carcinosin individuals often have a heightened sensitivity to disturbing or horrific things, especially anything that appears grotesque or unsettling. They are deeply affected by sad stories and may be overwhelmed by them. For example, if they see an animal that is injured, they may avoid looking at it entirely.

Even the second type of Carcinosis is prone to a fear of ghosts and the supernatural, despite their potential for aggression. They may believe they have the ability to influence people from a distance, manifest objects, or even make phenomena like flying saucers appear. They may claim to communicate with aliens or experience otherworldly encounters.

#### **FASTIDIOUSNESS:**

##### **First Type:**

The first type of Carcinosis exhibits a strong sense of order and perfectionism. They are fastidious, but this tendency usually applies only to things they consider important, even if they may seem trivial to others. They are industrious, constantly keeping themselves busy with physical tasks, which helps improve their overall condition.

##### **Second Type:**

In contrast, the second type of Carcinosis shows complete disorder and a disregard for cleanliness. They display a total indifference to concepts of order and discipline. While they may expect others to maintain order, they themselves rarely follow any structure or rules.

#### **ANXIETY AND FEAR**

Anxiety and fear are key aspects of the Carcinosis constitution. Individuals with this remedy often experience intense anticipatory anxiety, particularly related to the fear of failure and concerns about the future. They may have a variety of specific fears, such as: Fear for failure, heights, closed spaces, animals, insects, darkness, natural calamities.

In both types of Carcinosis, there is also a



strong fear of developing cancer, as well as anxiety regarding the health of others, which is similar to remedies like *Arsenicum album*, *Phosphorus*, and *Sulphur*. This fear extends to contracting diseases and a general worry about health and well-being.

## SYMPATHETIC AND HIGHLY RESPONSIBLE

The **First type** of Carcinosinum individuals are compassionate and sympathetic, often seen as the "Good Samaritans" in society. They are self-sacrificing, willing to give up their own comfort to help others. These individuals are typically intelligent but tend to avoid standing up for themselves. While they will defend others and justify their actions but they struggle to fight back when they themselves have been mistreated.

They are highly responsible, often taking on significant duties, especially as the eldest child. They may be tasked with caring for pets or younger siblings, and this exaggerated sense of responsibility for their loved ones can sometimes lead to anxiety or even depression. Their empathy is profound, often feeling the pain of others as if it were their own.

On the other hand, the **Second type** of Carcinosinum individuals is more egoistic and selfish. They are inconsiderate of others and tend to demand from those around them without offering anything in return.

## INTELLECT:

Carcinosinum individuals are typically intellectually strong, but their emotional exhaustion from dealing with others' problems can lead to forgetfulness in their daily routines, causing memory lapses. Additionally, they may experience a sense of mental dullness and inertia, which can result in a lack of interest in conversation.

## SEXUALITY:

Carcinosinum individuals tend to form deep, passionate attachments to their partners and have a strong need for love and affection. They can become emotionally dependent on their partner, seeking validation and connection. They are easily sexually aroused, but may become depressed

if they feel they've invested significantly in the relationship and that their partner isn't equally engaged in the relationship.

## Other Important Traits:

Carcinosinum individuals are artistic and have love for activities like dancing and reading. They feel a deep connection to nature, as it doesn't challenge their emotions. Traveling is a source of joy for them, not so much for meeting people, but to be immersed in the serenity of nature.

They may have a strong desire for chocolates, and a distinct preference or aversion to fruit and the fat in meat.

Some may also experience childhood diseases resurfacing later in life. Their condition may either ameliorate or worsen in sea air, depending on the individual.

## CONCLUSION

Carcinosinum embodies the emotional burden of perfectionism, hidden grief, and a deep fear of rejection. Those who resonate with this remedy often suppress their emotions, which can lead to anxiety, self-doubt, and even physical ailments. Despite these challenges, they possess a strong creative drive and find solace in nature. By recognizing the emotional struggles, they face, we can offer the support they need to break free from these cycles, helping them heal and embrace a life where they can truly be themselves.

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# Nosodes Unveiled: Unlocking Their Power as Intercurrent Remedies in Homoeopathy

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### Keywords

Nosodes, Intercurrent remedy, Stalwarts, Constitution, Homoeopathy

### Abstract

Nosodes, homoeopathic preparations derived from pathological specimens, have been traditionally used as intercurrent remedies to address obstacles in treatment and enhance overall case management. Clinical case examples illustrate their potential to stimulate healing responses, resolve miasmatic blocks, and restore remedy sensitivity while anecdotal evidence supports their efficacy. This article explores the role of nosodes in breaking therapeutic stagnation, particularly in chronic conditions where constitutional remedies appear to lose effectiveness.

### Introduction

The term nosode originated from the Greek word *nosos* meaning disease. Nosode is used to denote a remedy prepared either from actual disease tissue or disease secretion or from disease associated organisms, bacteria or viruses in culture form. Many homoeopaths incorporate nosodes into their practice to treat various health conditions.<sup>1</sup>

In homoeopathy, an "intercurrent remedy" refers to a treatment administered during or between the course of treating a chronic condition, with the aim of facilitating the healing process, particularly when the patient's symptoms are not sufficiently improving with the remedy currently prescribed even after being treated with a well-selected medicine. Any form of blockage, whether it be miasmatic or any other type that serves as an obstacle to healing, must be eliminated in order to achieve the desired outcome.<sup>2</sup> Dr. Hahnemann

introduced the concept of intercurrent remedies for both acute and chronic illnesses in the first edition of *The Theory of Chronic Diseases* in 1828. When a well selected remedy, based on the totality of symptoms, proves ineffective, an intercurrent remedy is often used to salvage the case. An intercurrent remedy typically takes the form of a complementary medicine, a constitutional remedy, or a nosode. An acute intercurrent remedy is administered when an acute episode of illness occurs during the course of a chronic condition, often presenting with a symptom profile distinct from that of the existing chronic disease. In contrast, a chronic intercurrent remedy is generally used as an anti-miasmatic treatment to address the miasmatic block hindering the healing process in chronic cases. This remedy also helps in eliminating various obstacles to cure, as outlined by Dr. Roberts in his *Principles and Art of Cure in Homoeopathy*. Certain repertories and several books of *Materia Medica* lists some common intercurrent remedies in the relationship of remedies.<sup>3</sup>

### Organon's perspective on intercurrent remedy

In the *Organon of Medicine*, Dr. Hahnemann emphasizes the significance of intercurrent remedies, highlighting their role in ensuring the successful treatment of chronic and acute conditions. In Aphorism 183, he advises that when the initial medicine no longer produces beneficial effects, a second remedy should be selected after reassessing the patient according to their *status morbi*. This remedy should closely match the present symptoms and help complete the symptom picture. In Footnote of same aphorism, he suggests that when symptoms are unclear due to a numbed state of the nerves, which hinders the clear perception of

the patient's suffering, the administration of *Opium* can be useful. This approach enhances the patient's susceptibility and reveals new symptoms of the disease.<sup>4</sup>

### **Practical approach of nosodes as intercurrent remedy by different stalwarts:**

Nosodes have been an integral part in the treatment of various ailments in Homoeopathy. These can be used effectively as intercurrent remedy to remove obstacle to cure and enhance constitutional treatment. Different stalwarts of homoeopathy have suggested various practical approaches to their use. Below is the summary of their perspective.

According to Dr. Stuart Close as written in his book "The Genius of Homoeopathy", the nosodes, *Psorinum*, *Syphilinum*, *Medorrhinum*, *Tuberculinum*, can be used intercurrently, in cases where the chronic case comes to standstill and does not show further improvement. A single dose of the appropriate nosode in a moderately high potency, will sometimes clear up a case by bringing symptoms into view which will make it possible to select the remedy required to carry on the case successfully. Such use of remedies must be based upon a careful examination and study of the history of the case and not merely upon empirical assumptions.<sup>5</sup>

In the book "The Elements of Homoeopathy", uses of nosode as an intercurrent remedy is delineated. Dr. P. Sankaran's experience revealed that in cases with a family history of Tuberculosis or Cancer, initiating treatment with the corresponding nosode, such as *Tuberculinum* or *Carcinosin*, proved beneficial. He also observed that the indicated remedy often worked more effectively after administering the nosode. Additionally, when the initially indicated remedy fails to produce results or there is no response to a previously effective remedy, an intercurrent dose of the appropriate nosode can be prescribed. Examples include using *Morgan (Bach)* when Sulphur appears indicated but ineffective, *Gaertner* for *Phosphorus*, or *Bacillus No. 7* for *Kali carbonicum*, among others.<sup>1</sup>

As outlined by C.K. Shreedharan in his book "A Concise Materia Medica and Repertory of Nosodes", when treating a chronic or acute case, it is recommended to start with the usual

homoeopathic remedies. However, it is also important to consult the repertory of nosodes to identify the most appropriate nosode for the case. This nosode can then be administered intercurrently at appropriate intervals to achieve better and more lasting results. For instance, *Medorrhinum* is useful for rheumatism, *Bacillinum* for chest conditions, and *Carcinosinum* for cancer, all in high potency for long-term healing. In chronic cases, it is preferable to give the nosode in higher or the highest potencies at longer intervals, while in acute cases, medium or lower potencies should be given more frequently.<sup>6</sup>

Dr. D. M. Borland in his book "Homoeopathy in Practice" discusses about intercurrent remedy that a *Calcarea Carb* child who has responded to the remedy and becomes less sensitive to cold, is very often improved by an intercurrent dose of *Tuberculinum* when he is not making any further progress.<sup>7</sup>

In his book "Children's Type", Dr. D. M. Borland describes cases of children with acute tonsillitis where *Baryta Carbonica* is indicated, but where *Psorinum* is needed as an intercurrent remedy. This is particularly true in cases where the child develops crusty eruptions on the head and crusty margins on the eyelids, with an aggravation from washing—symptoms that align with *Psorinum's* profile.<sup>8</sup>

In the book "Fundamentals of Homoeopathy and Valuable Hints in Practice", Dr. T.P Chatterjee's experience has shown the cases that come after several attacks of cold and cough and, as the family history will show, are often hereditary in character. In such a case, a remedy like *Tuberculinum* or *Bacillinum* are essential in addition to the chronic remedy and, in the initial stage may require the help of such other acute remedy as is prompted by the totality of symptoms.<sup>9</sup>

Dr. R Murphy in his book "Homoeopathic Remedy Guide" delineated that a nosode prepared from Carcinoma is claimed to act favourably, modifying the cases in which there is a history of carcinoma or the disease itself exists. It can be used as an intercurrent remedy along with indicated.<sup>10</sup>

Dr. H.C Allen has mentioned various examples of nosodes as intercurrent remedy in his book "The

Materia Medica of Some Important Nosodes". He described *Medorrhinum* to be used for the constitutional effects of maltreated and suppressed gonorrhoea, when the best selected remedy fails to relieve or permanently improve<sup>11</sup>.

He also discussed that *Psorinum* is particularly suited to the psoric constitution, especially in chronic cases where remedies like *Sulphur* or other well-chosen treatments fail to provide relief or lasting improvement. He also highlighted its use during pregnancy in cases of severe vomiting, where the foetus moves excessively, and the most appropriate remedy fails to help. In such situations, *Psorinum* is prescribed to correct the psoric diathesis of the unborn child. Additionally, *Psorinum* is considered the best remedy for obstinate constipation accompanied by backache when *Sulphur* does not provide relief.<sup>11</sup>

*Pyrogenium*, a product of sepsis, can be used in latent pyogenic process where patient continually relapsing after apparent similimum as verified by Dr. HC Allen in a case of postpartum sepsis where several remedies, *Baptisia*, *Belladonna*, *Echinacea*, were given without effect but finally *Pyrogenium* improved the case.<sup>11</sup>

Another case of Dr H C Allen of severe peritoneal laceration where *Belladonna* was prescribed but gave no relief. Hence, *Pyrogenium* was used as an intercurrent which gave gratifying results and rapid recovery.<sup>11</sup>

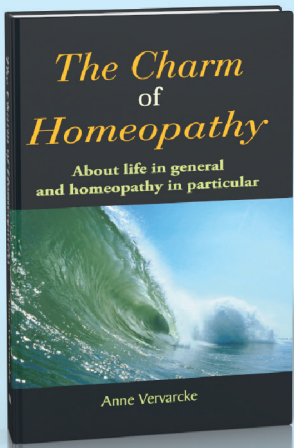
## CONCLUSION

In Homoeopathy, nosode serves as a valuable

intercurrent remedy especially where chronic ailments show stagnation or when deep seated miasmatic influences need to be addressed. It can help clear obstacles to healing, unlocks chronic disease patterns and enhances the overall effectiveness of constitutional treatment. Proper clinical judgement and adherence to homoeopathic principles ensures that nosodes function as effective intercurrent remedies in holistic healing. As outlined in this article, the use of nosodes as intercurrent has been extensively documented by various stalwarts in homoeopathy in their writings and clinical cases.

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# The Charm of Homeopathy

About life in general  
and homeopathy in particular

Anne Vervarcke

Practical aspects of case taking &  
clinical practice explained  
through author's own clinical cases



Anne Vervarcke



# Nosodes in Miasmatic Cartography: A Comprehensive Hermeneutic

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## Keywords

Nosodes, homeopathy, immunomodulation, miasms, homeoprophylaxis, bowel nosodes, prophylaxis.

## Abstract

Nosodes, derived from infectious disease products, form a cornerstone of homeopathy for both treatment and prophylaxis. Rooted in Dr. Samuel Hahnemann's principles, nosodes offer an alternative to conventional immunity models. While their scientific validation remains limited, their application in managing epidemics, such as Japanese Encephalitis in India, shows promise. Nosodes function through immunomodulation, affecting cellular processes like apoptosis and gene expression. Their use ranges from constitutional remedies to disease-specific treatments, including prophylactic measures against infections like tuberculosis. Bowel nosodes, derived from intestinal flora, and miasmatic nosodes provide insights into underlying chronic conditions. Despite challenges in proving efficacy through modern research, nosodes demonstrate potential as intercurrents and for addressing unresolved infections or suppressed conditions. Future studies could enhance their integration into holistic healthcare.

## Introduction

'Nosodes' (from the Greek *nosos*, disease) are biological preparations used in homeopathic medicine to prevent disease. The concept of nosodes

as therapy was advanced by Dr Samuel Hahnemann (1755–1843), the father of homeopathy.<sup>[1][2]</sup> Nosodes are a distinct category of homeopathic remedies prepared using components associated with a disease. They are defined as "homeopathically prepared treatments derived from infectious disease products, either directly from bacteria or viruses or indirectly from tissues believed to contain them."<sup>[2]</sup>

The conceptual framework for how a nosode prevents infectious disease significantly differs from current medical models of immunity and the immune system's response to infectious challenges. Scientific research supporting the effectiveness of nosodes is limited. A 1997 study using a murine model exposed to a potentially lethal dose of *Francisella tularensis* showed a shorter time to death in the nosode-treated group and a slight reduction in mortality compared to controls.<sup>[3]</sup>

## Use of Nosodes as Homoeoprophylaxis

The history of using Homoeopathic medicines as homoeoprophylaxis is quite convincing<sup>[4]</sup> Use of nosodes in various epidemics in the past, although enthusiastic, invites criticism<sup>[5]</sup> In India, homeoprophylaxis has also been employed in managing the Japanese Encephalitis epidemic in the undivided state of Andhra Pradesh. Reports indicate a significant reduction in mortality, with deaths decreasing from 1,511 children (1993–1999) to 391 children (2000–2004) following the introduction of homeoprophylaxis in 1999, which included interventions using Belladonna, Calcarea carbonica, and Tuberculinum.<sup>[5][6]</sup>

### Nosode and Immunomodulation<sup>[7]</sup>

A nosode demonstrates therapeutic potential by inducing cytotoxic effects, as evidenced by changes in nuclear condensation, DNA fragmentation, generation of reactive oxygen species, and alterations in mitochondrial membrane potential. It also exhibits inhibitory effects on cell proliferation and migration, suppresses the expression of telomerase reverse transcriptase and Top II genes, and enhances the expression of pro-apoptotic genes.

### Bowel nosode

The medicines are derived by attenuating cultures of non-lactose fermenting bacilli from the intestinal flora. Although the proving of bowel nosodes has not been conducted following standard homeopathic proving protocols, their therapeutic profiles have been developed through meticulous clinical observation and bacteriological analysis by physicians.<sup>[8]</sup>

Patients suffering from chronic diseases were treated with medicines derived from cultures of their stool. This revealed a connection between their symptoms and the microorganisms present in the stool. These microorganisms were isolated, weakened, and administered to other patients with similar symptoms, resulting in significant symptom relief.<sup>[9]</sup>

### Nosode & miasm<sup>[10][11]</sup>

The nosode of a miasm, such as Psorinum (psora), Medorrhinum (syphilis), or Syphilinum (syphilis), represents the core essence of that miasm. To understand this further, a nosode is a disease product derived from tissue that is entirely under the influence of a specific infection.

This tissue is so deeply affected by the infection that it loses its individuality and solely exhibits the characteristics of the infectious process. For instance, in scabies, the tissue reflects the struggle of the scabetic infection. In gonorrhea, the nosode embodies the fixed nature of the gonorrheal infection, while the affected tissue in syphilis carries the traits of complete despair and distress. Essentially, the nosode represents tissue that has been entirely dominated by the infection, embodying the fundamental qualities of that infectious

process.

By studying the symptoms of a nosode, we gain insight into the core essence of the corresponding miasm. For example, Psorinum highlights the central nature of psora, characterized by an intense struggle with external challenges. These challenges are non-specific and could involve issues like religion, finances, acceptance, or love, all marked by an undifferentiated sense of struggle.

From this general sense of struggle, we can identify more specific remedies. For instance, if the struggle pertains to ego and honor, Sulphur may be indicated. If it stems from physical insecurity, Calcarea or Nux vomica might be appropriate. However, when the struggle spans all areas and remains undifferentiated, Psorinum becomes the necessary remedy.

This explains why nosodes are often indicated when multiple remedies seem appropriate but fail to resolve the issue. In such cases, the underlying problem is a pervasive and undifferentiated struggle, as seen in the psoric miasm. For instance, a person may experience feelings of inadequacy and a need to struggle, manifesting in various forms, such as ego issues, financial difficulties, or security concerns. Despite these varying manifestations, the root issue is the undifferentiated sense of struggle, which Psorinum addresses as the central remedy.

### Classification of nosodes<sup>[12]</sup>

1. **Basic Nosodes:** Psorinum, Bacillinum, Syphilinum, Medorrhinum and Carcinosinum.
2. **Exanthem Nosodes:** Morbillinum, Parotidinum, Vaccinum, Pertussinum, Diphtherinum, anthracinum, Malandrinum, Variolinum and Influenzinum.
3. **Isopathic Nosodes:** Streptococcinum, Pneumococcinum, Staphylococcinum, Malaria officinalis and pyrogenum.
4. **Autogenous Nosodes:** secretions or discharges from the pathological tissues or organs of the patient self for the treatment (Tautopathy).
5. **Intestinal Nosodes:** Dr. Bach and Dr. Wheeler.

## Ways to Administer Nosodes: <sup>[12]</sup>

1. **Constitutional Remedy:** Nosodes are used when mental, physical, and particular symptoms align with the remedy's proving, e.g., *Syphilinum* for fear of night, despair, and obsessive behaviors.
2. **When Well-Chosen Remedies Fail:** Nosodes help when remedies don't act or only partially work due to chronic miasms (e.g., *Psorinum* for lack of reaction or *Tuberculinum* for constantly changing symptoms).
3. **Lack of Symptoms:** Used in cases with few symptoms due to repressed miasms. Nosodes can improve health or reveal hidden symptoms for further treatment.
4. **"Never Well Since" Syndrome:** Address unresolved issues from past miasmatic infections or suppressed conditions, such as *Medorrhinum* for unresolved gonorrhea or acute nosodes for influenza or measles.
5. **Partial Pictures:** When no remedy fully fits, nosodes help clarify fragmented cases, aligning symptoms toward a constitutional remedy.
6. **Miasmatic Obstruction:** As intercurrents, nosodes unblock constitutional remedies that stopped working, re-sensitizing the patient to treatment.
7. **Disease-Specific Nosodes:** Used for treating or addressing diseases directly, such as *Pertussin* for whooping cough or vaccine-related issues.
8. **Prophylaxis:** Preventive use against specific infections or inherited miasms, e.g., *Variolinum* for smallpox or *Tuberculinum* for tuberculosis-prone children.

9. **Auto-Nosodes:** Remedies prepared from the patient's own disease substances, used when other treatments fail.

## CONCLUSION

Nosodes represent a unique therapeutic and prophylactic approach in homeopathy, addressing complex conditions and chronic miasms. Their integration into healthcare, alongside scientific validation, may broaden treatment paradigms, offering complementary solutions in managing infectious and chronic diseases.

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# Scope of Carcinosinum in Psychiatric disorders of Children

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## Keywords

Carcinosinum, Pediatric Psychiatry, Autism, Nosode, homoeopathy

## Abstract

Psychiatric disorders in children are concerned with the assessment and treatment of children's emotional and behavioral problems. Scope of homoeopathy in pediatric disorders starts within the intrauterine life. Individualized homoeopathic medicines are found to be safe and effective in the management of psychiatric disorders in children. *Carcinosinum* is a cancer nosode of a very deep acting nature has shown its efficacy in psychiatric disorders of children. It not only protects but also promotes the health of forth coming citizen.<sup>[6]</sup> This article highlights the scope of the cancer nosode in various psychiatric disorder of children.

## Abbreviation

Separation anxiety disorder (SAD), obsessive compulsive disorder (OCD), post-traumatic stress disorder (PTSD), autism spectrum disorder (ASD).

## Introduction

The child is the father of man. Today's children are tomorrow's citizen. Epidemiologist study shows that children below 15 years of age cover about one third of the total world's population. As a small poppy sized seed can give rise to a large banyan tree, likewise all possibilities of a

complete man are also hidden in a child. Scope of homoeopathy in pediatric disorders starts within the intrauterine life. According to ancient history of pediatrics, which traces back to Babylonians, there is mention of infant hygiene and nutrition in the obstetric chapter of Susrata. Since then, till date modern medicine has developed a lot. With the advancement of science, pediatric has broadened significantly with further specializations like preventive pediatrics, pediatric psychiatry, pediatric surgery etc.

*Carcinosinum* is a nosode prepared from cancerous tissue such as adenocarcinoma of breast.<sup>[8]</sup> In the *Carcinosinum* child, a peculiar personality is found. They are excessively lively in nature and always in action, mostly without any purpose and progress without regarding their parents, that is there a refusal of parental control. Histopathologically, adenocarcinoma is a mixed type of tumor involving neoplastic growth of two independent tissues which are hard to recognize. *Carcinosinum* is used as a therapeutic tool when the picture of the disease doesn't directly point to a single remedy and when there is more than one miasm lurking in the background.

Though from the origin point of view, *Carcinosinum* is a cancer nosode, it should not be indiscriminately abused simply as an agent to treat cancer patients only. Rational and judicious application of *Carcinosinum*. Keeping in view the past history and family history along with general abilities and constitution of the patient may save a life. Hence in order to protect and promote the health of the next generation or forthcoming citizen,



Carcinosinum is to be used extensively but strictly from the homoeopathic point of view.<sup>[1]</sup>

Pediatric psychiatry is concerned with the assessment and treatment of children's emotional and behavioral problems. Psychiatric disturbance may follow infection, injury, intoxication, genetic, metabolic causes and adverse social and environmental influences which include both family, school and society.<sup>[2]</sup>

Personality is a broad aspect which develops during childhood. It refers to enduring and uniquely individual constellation of attributes that distinguish one person from another, also motivational and temperamental attributes that determine the individual view about himself, his world and the future. Anxiety, worry and fear are regularly experienced as a part of normal development. Anxiety disorder is the common type of emotional disorder. It has physical and psychological components with the former referring to palpitation and dry mouth, latter to the subjective sense of fear and apprehension. The disposing factors include temperament characteristics, overinvolved and over concerned parents with high expectations from the child, and "the special child syndrome". The special child is being treated differently by their parents. Usually this may arise in case of the 'much wanted child', ill health of mother during pregnancy resulting in anxious attachments between the child and the mother. In turn anxious attachments may lead the parents to inadvertently reinforce normal fears and anxieties.

- i. **Anxiety about self-preservation:** Anxiety about self-preservation is clinically manifested by fear. *Carcinosinum* child is expressive of fear in order to preserve self-entity very cautiously. Fear of a crowd, narrow place, high place, thunderstorms and animals like snakes, spiders, mice etc. <sup>[5]</sup>
- ii. **Lacking self-confidence:** Due to unhealthy competition in society and demanding parents there is too much pressure on the child irrespective of his capability. Whenever the child is unable to meet parent's expectation they are usually criticized and punished by teachers and parents. These children may try hard to please their teachers and parents by

being very industrious, anxious, fastidious and particular about their job. From this point of view, self confidence reduces which results in fear of examination.

- iii. **Mental irritability:** The pressure of undue expectation, anxiety about self-preservation and being deprived of love and affection make the *Carcinosinum* child frustrated, obstinate, restless and audacious with a tendency to refuse everything. Irritability develops from reserved anger, displeasure and sense of insecurity. There is extraordinary irritability at trifles, when the child wants to destroy things and bite people close to him during anger.
- iv. **Hyperkinetic attitude:** The *Carcinosinum* child is very restless. Due to this they lack concentration during study, forgetful while spelling and writing and suffers from poor memory. The child doesn't want to learn anything new. Hyperkinetic attitude also causes mental restlessness which the child wants to satisfy by travelling that is cosmopolitan attitude.
- v. **Intelligence and fond of music:** *Carcinosinum* child is very intelligent and bears a analytical mind. The comprehend easily in comparison to others of same age group. He is fond of music, recitation, drama, dancing, singing etc. Rhythm will affect the child directly.
- vi. **Sleep:** Sleeplessness is also an important symptom of the *Carcinosinum* child. It may be due to irritability or the hyperkinetic attitude or as a result of post traumatic stress. Knee elbow position is the most comfortable position for the child.<sup>[1]</sup> An abnormal type of sleep (narcolepsy, in which the regulation of sleep and wakefulness is abnormal), abnormal behavior during sleep like somnambulism, shrieking, obstructive sleep apnea syndrome may occur.
- vii. **Alternating phenomena:** Calmness with irritability, intelligence and dullness, cheerfulness with depression, fearfulness with audacity, feels better or worse in sea air, once desire and aversion to same thing are alternating manifestations on the mental plane. On the physical plane also, complaints alternate from one side to another.<sup>[5]</sup>
- viii. **Reaction to Environment:** Sea air and thunderstorm directly affect the *Carcinosinum*

child. The child has fear of thunderstorm but enjoys rain.<sup>[1]</sup>

- ix. **Desire and aversion:** One of the characteristic symptoms is once desire then aversion to the same thing. Desire for sweet, salt, eggs, meat, ham, highly seasoned food. Chocolate milk. Aversion to salt, fat, rich food and milk.<sup>[1]</sup>
- x. **Physical appearances:** 'Café au lait' complexion (brownish blackish discoloration). Neurofibromatosis and blue sclera are very important physical signs of *Carcinosinum* children.<sup>[1]</sup>

### Brief Account of Pediatric psychiatric disorders covered with

#### *Carcinosinum*

**Eating Disorders** like Rumination (failure to gain weight at the expected level due to repeated regurgitation without any Gastrointestinal disturbance), Pica (craving for inedible substance like chalk, charcoal, lime etc.)<sup>[2]</sup>

**Habit Disorders** include tension discharging phenomena, such as head banging, body rocking, thumb sucking, nail biting, hair pulling, teeth grinding, hitting or biting parts of own body, repetitive vocalizations, breath holding and air swallowing. Undue parental control can reinforce tics. It is clinically manifested by lip smacking and grimacing, tongue thrusting, eye blinking etc.

#### **Anxiety Disorders**

Phobic states that often arise from ordinary fears exacerbated by parental and social reinforcement. Separation anxiety disorder (SAD), obsessive compulsive disorder (OCD) and post-traumatic stress disorder (PTSD). This type of disorder arises in response to a stressful event. The child feels helpless during traumatic death, rape or sexually abused places the child at the risk of these disorders.<sup>[3]</sup>

**Attention Deficit Hyperactive Disorders (ADHD):** It is the neurodevelopment dysfunction in school going children, characterized by a poor ability to attend to a task, motoric activity and impulsivity.<sup>[3]</sup>

### Disruptive Behavioral disturbance

Numerous behaviors are considered appropriate at certain early developmental levels. The following are Breath holding, defiance, opposition, temper tantrums, lying, aggression and conduct disorders. Lying in school going children represents the child's attempt to avoid pain or to get appreciation. Aggression during childhood has been correlated with family unemployment, discord, criminal mentality, pregnancy of teenage or unmarried mother.<sup>[2]</sup>

### CONCLUSION

Foubister was using *Carcinosinum* as a remedy for constitutions to make people healthier, in particular starting in childhood. Childhood is the best time to treat patients to prevent serious diseases in the future. This remedy is well indicated in infants whose intrauterine life is disturbed by a lot of injudicious medication. *Carcinosinum* could be useful to provide a healthy life for children even though having a serious psychiatric disorder which should be ascertained through long-term studies.<sup>[1]</sup> Early identification of psychiatric disorder and early intervention is vital for attaining positive results.

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# Maximizing The Potential Of Nosodes In Homoeopathic Practice

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Keywords

Nosodes, homeopathy, potentization, miasms, chronic disease, acute conditions, prophylaxis

Abbreviations

**HP:** Homeopathic Practice, **HPI:** Homeopathic Prophylaxis and Immunization

Abstract

Nosodes, derived from diseased tissues, cultures of microorganisms, and pathological secretions, have been a cornerstone in homeopathic practice. They address miasmatic layers, enhance immunity, and serve therapeutic and prophylactic roles. However, their utilization often remains underestimated due to a lack of understanding and exploration in clinical practice. This article aims to highlight the types of nosodes, their clinical applications, and their role in addressing acute and chronic conditions. By focusing on precision, proper case analysis, and individualized treatment, homeopaths can maximize the potential of nosodes, achieving better therapeutic outcomes.

Introduction

Homeopathy, founded on the principle of “similia similibus curentur” (like cures like), offers a diverse range of remedies, including plant, mineral, and animal-derived substances. Among these, nosodes hold a unique position as they are derived from disease-causing materials yet rendered safe and therapeutic through potentization. Samuel Hahnemann’s recognition of miasms—chronic disease tendencies—laid the foundation for nosode utilization in managing constitutional and

chronic cases.<sup>(1)</sup>

Nosodes are invaluable in breaking therapeutic stagnation, addressing inherited predispositions, and providing prophylaxis against specific diseases. Despite their significance, the understanding and use of nosodes in daily practice remain limited. This article explores the full potential of nosodes, focusing on their types, applications, and benefits in both acute and chronic conditions.

TYPES OF NOSODES

Nosodes can be classified into distinct types based on their source material and preparation methods

NOSODE	DESCRIPTION
Bacteriological Nosodes	These nosodes are derived from bacteria and are highly effective in addressing infections and miasmatic tendencies. <sup>(2)</sup>  1. Tuberculinum (from Mycobacterium tuberculosis)  2. Medorrhinum (from gonorrheal discharge)
Viral Nosodes	Viral nosodes are prepared from pathogenic viruses and are used in addressing conditions caused by or related to viral infections.  1. Influenzinum (from the influenza virus)  2. Hepatitis B Nosode
Pathological Nosodes	Prepared from diseased tissues or pathological secretions, these nosodes are primarily used for chronic disease conditions.  1. Psorinum (from scabies discharge)  2. Carcinosin (from cancerous tissue)

Mixed Nosodes	These are combinations of multiple pathological materials and are used in complex chronic conditions.  1. Poly-bacillinum
Tissue or Organ Nosodes	Derived from diseased tissues or organs, these nosodes address specific organ-related pathologies.  1. Liver Nosode  2. Sarcodes

UTILIZATION OF NOSODES IN HOMEOPATHIC PRACTICE

Nosodes are versatile tools in homeopathy, serving multiple purposes across acute and chronic care.

1. Constitutional Treatment

Nosodes are integral to addressing inherited miasms. For instance:

- 1. Psorinum is used for individuals with a psoric miasmatic influence, characterized by hypersensitivity and recurring skin issues.
- 2. Medorrhinum is prescribed for sycotic conditions, such as warts, chronic rheumatism, or suppressed gonorrhea.

2. Prophylactic Use

Nosodes play a preventive role, especially in epidemics and seasonal outbreaks. For example:

- 1. Influenzinum is widely used to prevent influenza during flu seasons.
- 2. Tuberculinum is prescribed for individuals with a family history of tuberculosis to prevent disease development. <sup>(3)</sup>

3. Detoxification and Immune Stimulation

Nosodes help remove miasmatic and toxic blocks in patients with chronic illnesses by stimulating the immune system.

- 1. Carcinosin is frequently used in cases with a family history of cancer, promoting overall detoxification.

4. Intercurrent Remedies

Nosodes are effective in cases where constitutional remedies fail to act due to an underlying miasmatic block.

- 1. Medorrhinum and Tuberculinum are commonly used intercurrently to clear such blocks. <sup>(4)</sup>

5. Chronic Disease Management

Nosodes provide relief in chronic ailments like asthma, arthritis, and autoimmune disorders by addressing deep-seated miasmatic influences.

USE OF NOSODES IN ACUTE PROBLEMS

1. Infectious Diseases

Nosodes like Pyrogenium (from septic pus) are invaluable in managing acute infections, including septicemia, abscesses, and fevers. They not only alleviate symptoms but also stimulate the immune system to combat infections.

2. Epidemic Outbreaks

In viral outbreaks such as influenza or dengue, nosodes act both prophylactically and therapeutically.

- Dengue Nosode has been used effectively in reducing symptoms and complications during dengue epidemics. <sup>(5)</sup>

3. Acute Inflammatory Conditions

Nosodes address acute inflammatory states, especially where symptoms align with a specific miasm.

- Psorinum is effective in managing acute eczema flare-ups.
- Medorrhinum is helpful in cases of acute pelvic inflammatory disease.

4. Emergency Cases

Nosodes are occasionally used in emergency settings, such as septic shock or post-surgical complications, when indicated by symptom similarity.

MAXIMIZING THE POTENTIAL OF NOSODES



To fully harness the potential of nosodes in clinical practice, the following guidelines should be adhered to:

### 1. Detailed Case Analysis

Accurate case taking is paramount in identifying miasmatic influences and choosing the correct nosode. The practitioner must consider the patient's personal and family medical history.

### 2. Individualized Prescription

Nosodes, like all homeopathic remedies, are most effective when prescribed based on individual characteristics. Generalized use often leads to suboptimal results.

### 3. Potency Selection and Dosage

1. Low potencies (e.g., 6C or 30C) are suitable for acute conditions and sensitive patients.
2. Higher potencies (e.g., 200C or 1M) are reserved for chronic or deeply miasmatic cases.

### 4. Integration with Constitutional Remedies

Nosodes are best utilized alongside constitutional remedies to enhance therapeutic effects and address the patient's overall health.

### 5. Patient Education and Compliance

Educating patients about the prophylactic and therapeutic benefits of nosodes can improve compliance, especially in preventive medicine.

### 6. Clinical Documentation

Documenting cases of nosode use and their outcomes contributes to evidence-based homeopathy and enhances their credibility in scientific and clinical settings.<sup>(6)</sup>

## CLINICAL CASE STUDIES

### Case 1: Tuberculinum for Recurrent Asthma

A 28-year-old male with a family history of tuberculosis and recurrent asthma sought treatment. After detailed case analysis, Tuberculinum 200C was prescribed. The patient reported significant improvement in asthma attacks, which decreased

in frequency and intensity over six months.

### Case 2: Medorrhinum for Suppressed Gonorrhea

A 40-year-old female with chronic pelvic pain and a history of gonorrhea presented with recurring urinary infections. Medorrhinum 1M was prescribed as an intercurrent remedy, leading to resolution of symptoms and improved vitality within three months.

### Case 3: Psorinum for Eczema

A 10-year-old child with a history of recurrent eczema and hypersensitivity responded well to Psorinum 200C. The remedy not only controlled acute flare-ups but also reduced overall skin sensitivity.<sup>(7)</sup>

## CONCLUSION

Nosodes offer immense potential in addressing chronic diseases, acute conditions, and miasmatic influences in homeopathy. They play a crucial role in detoxification, immune stimulation, and disease prevention. However, their efficacy depends on accurate case-taking, individualized prescription, and integration with other homeopathic remedies. By educating patients and documenting outcomes, practitioners can further validate the role of nosodes in homeopathy. With proper application, nosodes can significantly enhance therapeutic success, making them indispensable tools in modern homeopathic practice.

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# Exploring the Synergy of Homeopathy and Sustainable Agriculture

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## Keywords

Homoeopathy, Agriculture, Organic Farming, Agrochemical. Agro-homeopathy

## Abstract

Agro-Homeopathy is an innovative method that combines homeopathic principles with sustainable agricultural practices to enhance farming efficiency. Its main objective is to improve crop vitality and yield while reducing dependence on chemical substances. By employing potentized remedies, this approach aims to stimulate the natural defenses of plants, which can be applied through various methods such as sprays, soil treatments, or irrigation.

Agro-Homeopathy has shown promise in increasing crop resilience to diseases, pests, and adverse environmental conditions. It may also enhance nutrient uptake and strengthen root systems, contributing to overall plant health.

However, further scientific investigation is essential to assess its effectiveness across diverse crops, regions, and agricultural systems. In conclusion, Agro-Homeopathy stands as a viable eco-conscious solution for agriculture, promoting biodiversity and environmental sustainability for future generations. The article emphasizes the importance of scientific discourse in advancing organic and sustainable farming practices, facilitating broader acceptance and application of Agro-Homeopathy.

## Introduction

The concept of agrohomoepathy, which involves

the use of homeopathic remedies in agriculture, was initially introduced by Dr. Rudolf Steiner (1861–1925), an Austrian philosopher and scientist. He is widely recognized for creating biodynamic agriculture, a holistic and ecological farming approach that utilizes homeopathic-like preparations to improve the health of soil and plants. The practice of agrohomoepathy was later developed further by researchers such as: Dr. Kaviraj Vaikunthanath Das (1946–2013) – A Dutch homeopath who conducted systematic studies and applied homeopathy in agricultural settings. His book, "Homeopathy for Farm and Garden," serves as an important reference in the field of agrohomoepathy. Constructing a Material Medica for Plants is inevitable. A scoping study was conducted to evaluate the potential of agrohomoepathy, an innovative agricultural approach introduced by Dutch homoeopath Dr. V. D. Kaviraj. Julian Jonas – A proponent of homeopathic plant care, who has advanced its use in sustainable farming practices.

Homoeopathy medicines have gained recognition for their role in healing humans, and their application extends to Animal Husbandry as well. Research into Applied Homoeopathy in agriculture is also gaining traction. Discussions are ongoing regarding the mechanisms of action of homoeopathic remedies and the use of simillimum in agricultural practices, along with the fundamental principles of Homoeopathy and drug administration. Notable results have been observed in using homoeopathic medicines to alleviate stress caused by wet weather and extreme heat or dryness. Studies have reported improvements in germination and growth, as well as effective control of pests, diseases, and viral infections across various crops. Plants, being distinct from humans and

animals, require a tailored approach.

Numerous studies have reviewed research articles published from 1994 to the present, focusing on the effects of homeopathy on crop development, pathogenic diseases, and stress conditions. The findings suggest that agrohomoepathy shows significant potential in boosting crop yield, managing pests and diseases, and improving soil quality. As one of the latest methodologies in agricultural research, agrohomoepathy has been supported by various scientific studies demonstrating that potentized homeopathic medicines can influence the physiological activities of plants. These medicines can affect enzymatic activity rates, as well as the total sugar, protein, and chlorophyll content in plants. Additionally, the use of homeopathy has been shown to mitigate both biotic and abiotic stresses to some extent. For biotic stresses, activities such as antifungal, antimicrobial, and insecticidal effects of various homeopathic drugs have been documented. In some cases, managing abiotic stresses—like salt stress, drought stress, cold stress, metal toxicity, and mechanical damage—can be costlier or less effective. The method of high-dilution or agrohomoepathic treatments began with the pioneering work of Kolisko in 1923 on wheat germination and Junker in 1928 on the growth of microorganisms. Their research can primarily be categorized into two significant types of studies: effects on crops.

## Discussion

### 1. Plant Disease Management:

Homeopathic remedies have been used to tackle various plant diseases, such as bacterial, viral, and fungal infections. For example, some homeopathic preparations have proven effective in managing common plant pathogens, which helps reduce the need for chemical fungicides.

- ▶ Medicine: *Silicea* 200 – Boosts plant immunity, helps prevent fungal infections, and fortifies plant structure.<sup>1,2</sup>
- ▶ Medicine: *Thuja* 200 – Effective against viral infections in plants and helps manage warts, galls, and tumors.<sup>1</sup>
- ▶ Medicine: *Sulphur* 200 – Addresses powdery

mildew, rust, and various other fungal diseases.<sup>1</sup>

### 2. Pest Control:

Agrohomoepathy provides methods for pest management by boosting the plant's natural defenses against pests. This strategy not only lowers pest populations but also lessens the environmental impact linked to chemical pesticides.

- ▶ Medicine: *Cina* 30 – Helps manage caterpillar infestations and pests that chew on leaves.<sup>2</sup>
- ▶ Medicine: *Sabadilla* 30 – Works well against aphids, thrips, and whiteflies.<sup>2</sup>
- ▶ Medicine: *Helianthus* 30 – Repels snails, slugs, and other soft-bodied pests.<sup>2</sup>

### 3. Soil Health Improvement:

Homeopathic treatments can enhance soil health by restoring the balance of microorganisms and improving nutrient availability. This results in better plant growth and greater resilience to environmental stressors.

- ▶ Medicine: *Calcarea Carbonica* 6X – Boosts calcium levels in the soil, enhancing its fertility.<sup>4,3</sup>
- ▶ Medicine: *Natrum Muriaticum* 30 – Aids in moisture retention in arid soils and assists crops under salt stress.<sup>4,3</sup>
- ▶ Medicine: *Carbo Vegetabilis* 30 – Improves soil aeration and accelerates the decomposition of organic matter.<sup>4,3</sup>

### 4. Seed Germination and Plant Growth:

Research has shown that homeopathic remedies can positively affect seed germination rates and encourage strong plant growth, providing a natural way to improve crop yields.

- ▶ Medicine: *Arnica* 30 – Enhances seed vitality and speeds up germination.<sup>1,2,3</sup>
- ▶ Medicine: *Aconitum* 30 – Aids young seedlings in recovering from environmental stress.<sup>1,2,3</sup>
- ▶ Medicine: *Silicea* 6X – Promotes robust root development and improves resistance to environmental stress.<sup>1</sup>



### Advantages of Homoeopathy in Agriculture

- Chemical-Free – Ensures no harmful residues are left in the soil, water, or crops.
- Cost-Effective – Needs only small amounts, which lowers farming costs.
- Eco-Friendly – Promotes biodiversity and enhances soil health while protecting beneficial insects.
- Sustainable – Aids farmers in moving towards organic and regenerative farming practices.


### CONCLUSION

Despite its potential, agrohomeopathy encounters challenges such as limited scientific validation and skepticism within the agricultural community. To overcome these hurdles, thorough research and field trials are essential to establish standardized protocols and demonstrate effectiveness across various agricultural contexts. In conclusion, agrohomeopathy offers a viable and sustainable approach to modern agriculture, aligning with the increasing demand for eco-friendly farming practices. Continued exploration and integration of homeopathic methods in agriculture could lead to more resilient and productive farming systems. Agrohomeopathy is a promising alternative for sustainable agriculture, providing plant protection, pest control, and soil enrichment without harming the environment. With the growing

global interest in organic farming, the application of homeopathy in agriculture has the potential to transform food production. The science of homeopathy holds significant potential and could provide a new direction that warrants the attention of researchers in alternative agriculture

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## CASE TAKING, METHOD & CASE MANAGEMENT

### An Assemblage of Works on Clinical Homeopathy

Explore the Landscape of Homeopathic Medicine Through Case Taking, Case Processing and Case Management



Alastair Gray



# An Overview of Nosodes and Their Utility In Homoeopathy

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## Keywords

Nosodes, homoeopathy, prophylactics, history, constitution, homoeopathic preparation.

## Abstract

Nosodes are homoeopathic remedies that comprise dilutions of pathogenic organs or tissues; causative agents such as bacteria, fungi, ova, parasites, virus particles and yeast; disease products; excretions or secretions. Nosodes have been found to have numerous curing properties. Nosodes are regularly used as anti-miasmatics, intercurrent remedies, and for treating acute complaints. This article provides a clear understanding of nosodes and their usefulness. The challenge moving forward is to refine the preparation methods and establish a standardized approach to preparing nosodes.

## Introduction

The term "Nosode" comes from the Greek word "Nosos," referring to "disease." According to HPI, vol. 4, Nosodes are described as "Homeopathic remedies made from pure microbial cultures sourced from diseased tissue and clinical materials." [1]

They are potentized remedies prepared from biological materials such as diseased tissues, organisms, cultures (bacteria, fungi, and viruses), or parasites, or from decomposed products from humans or animals.

If these nosodes are processed in accordance with

a recognised homoeopathic pharmacopoeia in official use, then these nosodes are considered as homoeopathic medicines. [2-4]

When the nosodes are prepared from human gut microbiota, these are called bowel nosodes. [5]

Nosodes with higher potencies believed to have more energetic effectiveness.

Dr. Master Hering has given us an idea to use nosodes (miasmatic agents) as a potentised remedy.

## History

Hahnemann was the first to identify the nosode 'Ambra grisea' (a morbid substance found in the stomach of the sperm whale). He introduced it in 1827 and subsequently proved it along with his colleagues.

Dr. Constantine Hering conducted experiments with nosodes between 1827 and 1833 in Surinam, Guiana, South America. He developed the method of using a miasmatic agent as the basis for a remedy and coined the term 'nosode'. [6] According to Hering, nosodes are primarily useful as intercurrent remedies, helping to remove obstacles to healing and advancing the case. Their action must be supported by constitutional remedies within a comprehensive constitutional treatment approach.

## Classification Of Nosodes

The NOSODES are classified in the following types: [7, 8]

## 1. Bacterial Nosodes

These are nosodes prepared from bacteria or bacterial products. They are used for treating diseases caused by bacterial infections. e.g. Bacillinum, Tuberculinum, Staphylococcinum, Pneumococcinum, Tetanotoxinum.

## 2. Viral Nosodes

These nosodes are prepared from viruses or viral products and are used in treating viral diseases. E.g. Variolinum, Morbillinum, Influenza Nosode, Hydrophobinum.

## 3. Fungal Nosodes

Nosodes derived from fungi are used to treat fungal infections. E.g. Candida albicans nosode

## 4. Protozoal Nosodes

Nosodes from protozoa, which are used to treat diseases caused by protozoan organisms e.g. Plasmodium Nosode.

## 5. Tissue Nosodes

These are nosodes derived from human or animal tissues, secretions, or exudates. Some examples include e.g. Medorrhinum, Psorinum, Syphilinum.

## 6. Plant Nosodes

It includes Ustilago maydis, Secale cornutum.

## Other Nosodes

These can be classified based on their use for specific conditions or their origin from specific disease states:

- **Carcinosin:** Derived from the tissues of cancer patients, used for treating cancer-related conditions and predisposing conditions.
- **Luesinum:** Derived from syphilis and used for chronic conditions related to syphilis.
- **Tuberculinum Bovinum:** Derived from the tuberculosis infection in cattle and used for treating tuberculosis-like symptoms in humans.

According to HPI nosodes has been classified into

the following four groups depending on the nature of source material: <sup>[9, 10]</sup>

N-I: Nosodes which are made from bacterial endotoxin

N-II: Nosodes which are made from microorganisms capable of producing exotoxins

N-III: Nosodes which are made from purified toxin

N-IV: Nosodes which are made from microorganisms or diseased subjects

## Commonly Used Nosodes <sup>[11]</sup>

Medicine	Source	Usage
Ambra Gri-sea	A Morbid secretion of the Whale	Indicated in Asthma, Menstrual irregularities, Cardiac asthma, Nymphomania, Ranula <sup>[11]</sup>
Anthracinum	Prepared from spleen of sheep or cattle	Indicated in carbuncles, malignant ulcers, boils, gangrene, dissecting wounds <sup>[11]</sup>
Bacillinum	A maceration of typical tuberculous lung	Indicated in Tuberculosis, tubercular meningitis, respiratory pyorrhoea, Addison's disease, Alopecia, Hydrocephalus, Ringworm, Pitriasis <sup>[11]</sup>
Bacillinum Testium	Tuberculous testicle	Disease of inguinal gland, Mesenteric glands, Phthisis, tubercle of testicles. <sup>[11]</sup>
Carcinosinum	Cancerous tissue	History of carcinoma can be elicited. Used in carcinoma of mammary glands, indigestion, rheumatism, cancerous cachexia. <sup>[11]</sup>
Diphtherinum	Membrane from a case of malignant diphtheria	Suitable for diphtheria, post diphtheritic paralysis, catarrhal affections of respiratory organs <sup>[11]</sup>
Influenzinum	Viral strains of Influenza	Strengthening the body and increase its resistance to flu virus. Relieves flu symptoms such as body-aches, sore throat, chill, fever, congestion. Nasal polyp, sinusitis, otitis, measles, rheumatism <sup>[11]</sup>

Medorrhinum	Purulent urethral discharge of a blenorrhagia The Gonorrhoeal virus	Indicated in chronic ailments due to suppressed Gonorrhoea, gonorrhoeal rheumatism, pelvic disorders, fibroids, ovaritis, leucorrhoea, epilepsy, Asthma, Sciatica, Urticaria <sup>[11]</sup>
Tuberculinum	Sputum of suspected tuberculosis (Lung tissues) Pus (with bacilli) from tuberculosis abscess	Commonly used to treat respiratory illness e.g. enlarged tonsils, cough, bronchitis. Albuminuria, Pneumonia, Tuberculosis, Leprosy, Nephritis. Also recommended for arthritic pains & nervous weakness. <sup>[11]</sup>
Syphilinum	'Syphilitic virus.' No source specified	Used in rheumatic pains, chronic eruptions, ichthyosis, ptosis, photophobia, tubercular iritis, aphonia, stomatitis. Abscess, Alcoholism, Ozaena, Diplopia, Deltoid rheumatism, Ulcers, Whitlow, Bubo, Epilepsy. <sup>[11]</sup>
Psorinum	1. Seropurulent matter contained in the scabies vesicles used for proving (No information on the person making it and the year) 2. Epidermoid efflorescence of pityriasis used by Gross 3. The salt form the product of Psora, used by Hering	Acne, Allergy, Asthma, Itch, Psoriasis, Adenoids, Diphtheria, Hay fever, tubercular Peritonitis, Ozaena, Polypus, Diphtheria, Quinsy. Also useful for Insomnia & middle ear infection. <sup>[11]</sup>
Pyrogenium	Septic pus	Enteric fever, Hectic fever, abscess of ovary, Pyaemia, puerperal fever, sepsis. <sup>[11]</sup>

## Clinical Applications Of Nosodes<sup>[6, 12]</sup>

### 1. Treatment of Chronic Diseases

Nosodes are commonly used in constitutional prescribing for deep-seated, recurrent illnesses. Example: Psorinum is prescribed for patients with chronic skin conditions and low immunity.

Nosodes can be used as a constitutional medicines.

### 2. Preventive (Prophylactic) Use

Some homeopaths use nosodes to prevent infections, similar to vaccines but without active disease material. Example: Tuberculinum is sometimes given to individuals with a family history of

tuberculosis to strengthen resistance.

### 3. Miasmatic Therapy

Nosodes address miasms (underlying disease tendencies) in individuals.

Example: Syphilinum is used for degenerative conditions, deep ulcers, and syphilitic miasm.

- Nosodes can be used as **intercurrent medicines** when well indicated remedies fail to cure.
- Nosodes are used when there are **only a few symptoms** and it is difficult to choose the simillimum.
- Nosodes can be used as **antidotes**.
- Nosodes can be used as **complementary medicines**.
- We can prescribe nosodes when **well-chosen remedies fail to give relief**.
- 'Never been well since' symptoms.
- Nosodes can be used as **Genus Epidemicus**.
- Nosodes can be used in **Cancerous conditions, haemorrhagic conditions and malignancy, for suppressed skin diseases and chronic catarrhal conditions** of lungs, diseases of **glandular system** for alcoholics

### Use of nosodes as homoeoprophylaxis in epidemics/pandemics

The use of homeopathic medicines for homoeoprophylaxis has a fascinating history. Cuba, a leader in the development and successful implementation of nosodes in public health, has considerable experience using them both on their own and alongside other homeopathic remedies for disease prevention.<sup>[6]</sup>

In 1974, during an outbreak of meningococcal meningitis in Guaratingueta, Sao Paulo, Brazil, homoeoprophylaxis using the Meningococcinum nosode was given to 18,640 individuals. "This study showed a 95% effectiveness over a duration of 6 months".<sup>[13]</sup>

During a dengue outbreak in Delhi in 1996, the Central Council for Research in Homoeopathy distributed Dengueinum 30 (made from the

serum of a person infected with dengue fever) to 39,200 individuals living in the affected areas who had not yet contracted the disease. "A follow-up after 10 days showed that only five individuals developed symptoms of fever, headache, and body ache."<sup>[6]</sup>

### Contraindications Of Nosodes:<sup>[12]</sup>

Nosodes should not be used in the following conditions:

1. **Autoimmune Conditions:** People with autoimmune conditions or a history of hypersensitivity to specific substances may need to avoid nosodes.
2. **Pregnancy and Lactation:** As with many homeopathic treatments, there are limited studies regarding the safety of nosodes during pregnancy or breastfeeding.
3. **Children and Vulnerable Populations:** Children, elderly individuals, and those with compromised immune systems may be at higher risk when using nosodes, as their immune systems may react differently.
4. **During conventional Treatments:** Nosodes might interfere with the effectiveness of conventional treatments. If someone is using nosodes as a form of prevention or treatment, they might delay seeking appropriate medical care for serious conditions, which could worsen health outcomes.
5. During the active phase of an acute illness, in the explosive stage of miasms.
6. In an infectious stage, such as avoiding the use of Tuberculinum in active tuberculosis.

## CONCLUSION

Nosodes are vital in homeopathic medicine, providing a distinctive approach to health and healing.

Nosodes, like other homeopathic remedies, are simple to administer and free from side effects. They are rapidly absorbed by the body and do not require any special administration methods. Both individualized and combination therapies are often employed to treat diverse groups of people. These remedies have a wide range of uses and can

be safely combined with modern medications.

A good understanding of acute, subacute, and chronic miasms, along with a thorough knowledge of diseases, is essential for effectively utilizing nosodes.

It is essential to determine the most effective potencies, dosage, and repetition schedules for each nosode. Prioritizing the standardization of nosodes is crucial, including aspects such as sourcing, raw materials, preparation methods, preservation, proving, potency selection, dosage, and repetition. Additionally, it is important to assess their safety and efficacy.

By expanding our knowledge of these potent substances, homeopathic practitioners can refine their therapeutic approaches, resulting in more effective and lasting treatments for their patients.

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# Homeopathic Intervention in Chronic Recurrent Appendicitis: A Compelling Case report

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## Keywords

Appendicitis, Homeopathy, MONARCH, VAS, *Iris tenax*.

## Abstract

Appendicitis refers to the inflammation of the vermiform appendix, Located in lower right Quadrant of Abdomen. It's a frequent cause of urgent abdominal surgery across the world, with appendectomy being the contemporary medical treatment of choice. Homeopathy offers an alternative method, considering a comprehensive view of individual's illness.

## Case summary

A 12 year old Male child patient presented to an OPD, exhibiting symptoms of abdominal pain, fever of 100.2°F, chill, vomiting, and severe weakness, with decreased appetite. The patient presented with pain in the Right lower quadrant of the abdomen with mild to moderate tenderness. He experienced same 3month ago and taking conventional treatment but pain appear same region recuurently. Child was suffered from irregular bowel movement, requiring effort for transition of hardened poop. A homeopathic remedy *Iris tenax* was prescribed based on a thorough examination of his symptoms and reference of materia medica. Subsequent follow-up appointments showed a decrease in intensity of Pain and relief of different previous symptoms gradually. Sonography before and after treatment, and evaluate it with MONARCH score, VAS score serve as evidence

of the effectiveness of Homeopathic medicine in treating Appendicitis.

## Introduction

Acute appendicitis(ICD code DB10.0) is most common cause of an 'Acute abdomen' in young adolescent and adult. Aside from its tendency to cause surgical pathology the appendix, long thought to be a vestigial organ, may also have important roles in both immune function and maintaining the gut microbiota. The vermiform appendix is a blind muscular tube with mucosal, submucosal. Muscular and serosal layers. The appendix varies considerably in length and circumference. The average length is between 7.5 and 10cm. Charles McBurney described the clinical manifestation of acute appendicitis including the point of maximum tenderness in the right iliac fossa that now bears his name 'McBurney sign' in acute appendicitis<sup>[1]</sup>. The incidence of appendicitis is approximately 233 per 100,000 population per year, with a lifetime incidence risk ranging from 6.7 to 8.6%, affects both male and female equally. Although Western countries have reported a decrease in its incidence in the mid-twentieth century, newly industrialized countries have shown an increasing trend in the twenty-first century<sup>[2]</sup>.

In recurrent appendicitis, there are one or more episodes of acute appendicitis, and the symptoms subside spontaneously. In chronic appendicitis, the pain is less severe but continuous and lasts for more than 2 days. It may extend for months or years<sup>[4]</sup>.

## Pathophysiology

Decreased dietary fibre and increased consumption of refined carbohydrates may be important. As with colonic diverticulitis, the incidence of appendicitis is the lowest in societies with a high dietary fibre intake. No reason has been established for these paradoxical changes; however, improved hygiene and a change in the pattern of childhood gastrointestinal infection related to the increased use of antibiotics may be responsible. A mixed growth of aerobic and anaerobic organism associated with proliferation within the appendix, no single organism is responsible. A faecolith (as an appendicolith) is composed of inspissated fecal material, calcium phosphates bacteria and epithelial debris causes luminal obstruction of appendix is found in majority of cases. Obstruction of the appendiceal lumen seems to be essential for the development of appendiceal gangrene and perforation<sup>[1]</sup>.

## Clinical feature and complications

The classical feature of acute appendicitis begins with poorly localized colicky abdominal pain. Central abdominal pain is associated with anorexia, nausea and usually one or two episodes of vomiting that follow onset of pain (Murphy).

Clinical sign in appendicitis:-

- Pyrexia.
- Localised tenderness in the righty iliac fossa.
- Muscle Guarding
- Rebound tenderness

## Signs to elicit In appendicitis<sup>[3]</sup>-

- Pointing sign
- Rovsing sign
- Psoas sign
- Obturator sign

## Special features according to position of the appendix

**Retrocaecal-** Rigidity absent, psoas spasm elicit

after flexion of hip

**Pelvic-** Appendix lies in pelvis with complete absence of abdominal rigidity and often tenderness over McBurney's point.

**Postileal:** - Appendix lies behind the terminal ileum.

## Differential Diagnosis<sup>[3,4]</sup>-

- Mexkel's Diverticulitis
- Mesenteric adenitis
- Torsion of testis
- Mettelschmerz
- PID
- Pyelonephritis
- Diverticulitis
- Intestinal obstruction
- Mesenteric infarction

## Case presentation

Case was previously diagnosed and surgically advised of 12 year Master came to OPD, in RBTS GHMCH Muzaffarpur, presented with pain in Right lower abdomen from last 5 day and had fever 101°F, nausea and vomiting with prostration and chilliness. He had suffered from similar symptoms previously, after conventional intervention of medicine pain subsided. However, the pain recurred after 3 months and was diagnosed as recurrent Chronic appendicitis. The patient was diagnosed with appendicitis from sonography [**Figure-1**] in January 2024. Nevertheless, given the recurring condition, the patient opted for the homeopathic treatment.

During case taking patient had reported pain in right side lower abdomen. Perspiration increased during aggravation of pain, his appetite was reduced, prefer mostly oily food, thirst increased. Patient had habit of constipation, with tenesmus requires straining to pass receded stool. Patient had no significant family history of any disease.

## Clinical findings

On general examination there was no sign of acute inflammation of appendix. There is mild tenderness in McBurney point. Nausea and vomiting, Extreme prostration and increased perspiration with chilliness, constipation and pain in right iliac fossa were the clinical findings. On the basis of above clinical finding, this case was diagnosed as recurrent chronic appendicitis.

### Previously reported

CBC showed Neutrophilia. Probe tenderness in Right iliac fossa with enlarged, thickened, and edematous appendix measuring 17mm, appendicolith noted and multiple mesenteric lymph nodes.

### Therapeutic intervention

Selection of medicine was based on the following totality of symptoms:-

- Appendicitis
- Loss of appetite
- Constipation
- Pain in right lower Quadrant
- Increased thirst

### Table –Follow-up

Date	Symptoms	Remedy	Vas score	Monarch score
16/01/24	Patient presented with recurrence of pain in RLQ and constipation. Tenderness present in McBurney region.	<i>Iris tenax-30</i> BD 6dose <i>Placebo-30</i> BD	06	
01/02/24	Pain present in RLQ abdomen with reduced intensity, constipation improved.	<i>Iris tenax-30</i> BD 6dose <i>Placebo-30</i> BD	04	
11/02/24	Pain in RLQ less after examination at McBurney point.	<i>Iris tenax-30</i> BD 4dose <i>Placebo-30</i> BD	01	
07/03/24	No recurrence of pain. USG abdomen showed Normal study.		0	+8

**Table-2 MONARCH Inventory (improved version of the Modified Naranjo criteria for Homeopathy)**

Sl.no.	Domain	yes	No	Not sure/ or N?A
1.	Was there an improvement in the main symptom or condition for which the homeopathic medicine was prescribed?	+2	-1	0
2.	Did the clinical improvement occur within a plausible time frame relative to the medicine intake?	+1	-2	0
3.	Was there a homeopathic aggravation of symptoms?	+1	0	0
4.	Did the effect encompass more than the main symptom or condition (i.e., were other symptoms, not related to the main presenting complaint, improved or changed)?	+1	0	0
5.	Did overall wellbeing improve? (Suggest using a validated scale or mention about changes in physical, emotional, and behavioral elements)	+1	0	0
6a.	Direction of cure: did some symptoms improve in the opposite order of the development of symptoms of the disease?	+1	0	0
6b.	Direction of cure: did at least one of the following aspects apply to the order of improvement in symptoms:  • From organs of more importance to those of less importance?  • From deeper to more superficial aspects of the individual?  • From the top downwards?	+1	0	0
7.	Did "old symptoms" (defined as non-seasonal and non-cyclical symptoms that were previously thought to have resolved) reappear temporarily during the course of improvement?	+1	0	0
8.	Are there alternative causes (i.e., other than the medicine) that—with a high probability—could have produced the improvement? (Consider known course of disease, other forms of treatment, and other clinically relevant)	-3	+1	0

9.	Was the health improvement confirmed by any objective evidence? (e.g., investigations, clinical examination, etc.)	<b>+2</b>	0	0
10.	Did repeat dosing, if conducted, create similar clinical improvement?	<b>+1</b>	0	0

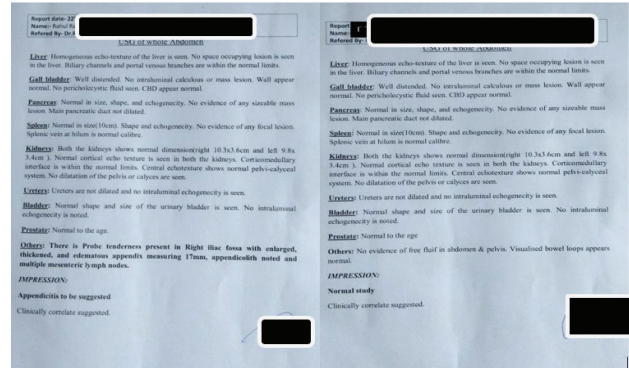
Total score:- **+8**

\*The number in bold Font represents the option selected.

Follow up and Outcome

After taking homeopathic remedy, patient appeared with reduced intensity of pain (which previously in VAS score 06 to 04) in the RLQ and that the difficulty in evacuation was better. However, since the episodes of abdominal pain persisted, even though in mild intensity, *Iris ten 30C* was prescribed. After 2 month of follow up, patient reported relief from abdominal pain( Evaluate in Vas score 0 and MONARCH score +8) difficulty in evacuation appear normal with daily bowel transit. A USG abdomen done after 2<sup>1/2</sup> month of homeopathic treatment showed Normal study of whole abdomen.

Thus the patient was treated in our OPD normally for about 3 month and was regular follow up for monitoring the case. Eventually all of the previously reported symptoms [Table -1] relieved. Here VAS and MONARCH score were used to assess the causal attribution of the clinical outcome to homeopathic medicine. The Score after treatment 0 and +8/13 respectively indicated a probable causal relationship between the medicine prescribed and the treatment outcome [5,6].



CONCLUSION

In this case report it shows the possible usefulness of Homeopathic treatment in chronic recurrent appendicitis.

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# Efficient Utilization of Nosodes in Homeopathy- Role of Psorinum in Paediatric Atopic Dermatitis: A Case Report

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## Keywords

Atopic dermatitis, Eczema, Homoeopathy, skin eruption, Sulphur, Psorinum.

## Abstract

Atopic dermatitis (AD), also known as atopic eczema, is a chronic inflammatory skin condition characterized by pruritic, erythematous, and scaly skin lesions often localized to the flexural surfaces of the body. A 10-year-old male child presented with complaints of eruptions with itching and burning after scratching on ankles for 4 months. The patient was treated with *Sulphur 200C* after partial improvement with *Sulphur 200C*, the patient's condition reached a standstill, followed by a single dose of *Psorinum 1M* lead to complete cure of atopic dermatitis within a few months.

## Introduction

Atopic dermatitis is a chronic, recurring inflammatory condition that is associated with severe itching and dryness of the skin. The pathogenesis of disease is multifactorial, resulting from a combination of genetic and environmental factors that predispose individuals to a defective skin barrier and that trigger an abnormal immune response when environmental antigens penetrate the skin.<sup>[1]</sup> It causes inflammation, redness, and irritation of the skin. Scratching leads to further redness, swelling, cracking, "weeping" clear fluid, ultimately crusting and scaling.<sup>[2]</sup> In India, the

prevalence of AD among children was found to be ranging from 2.4% to 6% in a study.<sup>[3]</sup>

AD is a complex disease associated with skin barrier defects that result in allergen or pathogen invasion and dysfunctional immune responses, causing a vicious cycle of inflammation. The combination of skin barrier defects, immune dysregulation, and alteration in the skin microbiome result in an increased risk for skin infections. Impetigo, cellulitis, and skin abscesses are common skin and soft tissue infections in AD.<sup>[4]</sup>

**Table 1:** Atopic Dermatitis Diagnostic Criteria: Major and Minor Criteria <sup>[5]</sup>

Major Criteria (3 or more required)	Minor Criteria (3 or more required)
Pruritus	Xerosis
Typical morphology and distribution Flexural lichenification or linearity in adults Facial and extensor involvement in infants and children	Ichthyosis, palmar hyperlinearity or keratosis pilaris
Chronic or chronically relapsing dermatitis	Type 1 Skin test reactivity
Personal or Family history of atopy (Asthma, Allergic rhinitis, Atopic Dermatitis)	Raised Serum IgE
	Early age of onset Tendency towards cutaneous infections (S. aureus and H. simplex) or impaired cell mediated immunity
	Tendency toward non-specific hand or foot dermatitis

	Nipple eczema
	Cheilitis Recurrent conjunctivitis
	Dennie Morgan infraorbital folds
	Keratoconus
	Anterior subcapsular cataracts
	Orbital darkening
	Facial pallor or facial erythema
	Pityriasis alba
	Anterior neck folds
	Itch when sweating
	Intolerance to wool and lipid solvents
	Perifollicular accentuation
	Food intolerance
	Food intolerance Course influenced by environment or emotional factors

Atopic dermatitis causes direct costs like medications and healthcare visits, and indirect costs such as absenteeism from school, work, reduced productivity, and poor sleep. Atopic dermatitis can severely reduce childhood health-related quality of life, comparable to other chronic diseases.<sup>[6]</sup>

Conventional treatment for Atopic Dermatitis, primarily involving antihistamines, often falls short unless combined with corticosteroid (CS) therapy. In contrast, homeopathy effectively managing allergic conditions, making it a highly valuable approach for controlling and treating Atopic Dermatitis.

## Case History

A 10 year old, male child visited paediatric OPD of Govt. Homoeopathic Medical College and Hospital, Bhopal, on 24 may 2024 (**Registration No. 6286/638060**) with following complaint for 4 months.

## Chief complaint of patient

- Eruptions on left ankle
- Itching < scratching

- Burning after scratching eruptions
- Eruptions with corrosive, glutinous discharge

**On examination:** Multiple erythematous maculo-papular eruptions, few eruptions discharging sticky discharge on medial side of left ankles.

**Modalities:** Itching < Night, perspiration, washing, > Infrequent by scratching

**F/H/O-** Father- Eczema

**Treatment history-** Allopathic, not improved

## Physical generals

- Thirst : 2-3 lit/24 hour, desire normal water
- Desire: Sweets
- Stool: 1-2 Times in a day
- Perspiration: More on forehead, odor offensive sometimes
- Thermal- Hot

## Mental generals

- Irritable due to itching.
- Anxious for his illness.

**Observations:** Lean, thin, tall child with dusky complexion.

Dark black hair. Dirty look of skin.

**Provisional Diagnosis:** ICD-10:L20 Atopic Dermatitis

## Differential diagnosis

1. Psoriasis
2. nummular eczema
3. seborrheic dermatitis
4. allergic contact dermatitis
5. scabies
6. impetigo
7. Immunoglobulin E syndrome etc.



### Analysis Of The Case

After thorough analysis and evaluation of symptoms of this case, Totality of Symptoms was formed with notable symptoms i.e. Eruption on ankles with itching which is aggravated during night, after washing and during perspiration, corrosive and glutinous discharge from eruption and burning after scratching. Patients' thermal is hot.

Selection of Remedy was based on Synthesis 2.0 [v.202] Repertory. The repertorisation chart is shown in figure no.2. *Sulphur 200C* was prescribed after consulting Boericke materia medica.<sup>[7]</sup>

*Sulphur* can be an indicated remedy when the acute eruptions have been suppressed. Dreadful itching aggravated in bed, on waking up. The warmth of room will lead to despair.<sup>[7]</sup> Itching; voluptuous; violent, aggravated at night, in bed; scratching and washing. Excoriations, on folds. Eruptions alternate with asthma. <sup>[8]</sup> All orifices of the body are very red; all discharges acrid, excoriating whenever they touch. Skin: itching, voluptuous; scratching >; feels good to scratch.<sup>[19]</sup>

After administering *Sulphur*, the patient's condition showed initial improvement. However, after some time, the progress stagnated, and despite repeating the remedy, no further improvement was observed, again prescribed medicine in higher potency but failed to reach desired result.

At this point, considering the patient's condition had reached a standstill and the well-chosen medicine failed to continue its effect, I turned to the concept of using nosodes, as suggested by Dr. Hahnemann. Following this approach, *Psorinum*

*1M* was prescribed which is also a complimentary to *Sulphur*. After a single dose, the patient experienced a remarkable improvement. This case report emphasizes the value of nosodes and their remarkable therapeutic potential in cases when well-chosen remedies fail to act.

*Psorinum* is a nosodes prepared from discharge from scabies vesicle. *Psorinum* is especially adapted to the psoric constitution, When *Sulphur* seems indicated by fail to act and in chronic cases when well selected remedies fail to relieve or permanently improve.<sup>[10]</sup>

Repetition of dose was done according to Organon of Medicine, mentioned in following aphorisms :

**Aphorism no. 246:** under 3 conditions: firstly, if the medicine selected with the outmost care was perfectly homoeopathic; secondly, if it was given in the minutest dose, so as to produce the least possible excitation of the vital force, and yet sufficient to affect the necessary changes in it; and thirdly, if this minutest yet powerful dose of the best selected medicine be repeated at suitable intervals, which experience shall have pronounced to be the best adapted for accelerating the cure to the utmost extent, yet without the vital force, which it is sought to influence to the production of a similar medicinal disease, being able to feel itself excited and roused to adverse reactions.<sup>[11]</sup>

**Table no. 2** Therapeutic interventions and follow-up of case

DATE	INDICATION OF PRESCRIPTION	MEDICINE AND DOSES
1 <sup>ST</sup> Visit 24 May 2024	<ul style="list-style-type: none"> <li>Eruptions on left ankles</li> <li>Itching</li> <li>Burning after scratching eruption</li> <li>Eruption with corrosive, glutinous discharge</li> <li>Complaint aggravated in night, perspiration, washing,</li> </ul>	1) <i>Sulphur 200c</i> / OD / 4globule / 1 day  2) <i>Sac lac</i> / OD/4 globule/ 15day

1 <sup>st</sup> Follow up 10 June 2024	<ul style="list-style-type: none"> <li>Slight better in itching</li> <li>No new complaint.</li> </ul>	1) <i>Sac lac</i> /OD/4globule/2weeks
2 <sup>nd</sup> Follow up 29 June	<ul style="list-style-type: none"> <li>No further improvement, complaints still persisted</li> </ul>	1) <i>Sulphur200c</i> /OD/4globule /1 day 2) <i>Sac lac</i> /OD/4globule/2 weeks
3 <sup>rd</sup> Follow up 08 July	<ul style="list-style-type: none"> <li>Itching &amp; eruption still persisted</li> </ul>	1) <i>Sulphur 1M</i> /OD/4globule /1 day 2) <i>Sac lac</i> /OD/4globule/2 week
4 <sup>th</sup> Follow up 15 July	<ul style="list-style-type: none"> <li>Not improving, same condition</li> <li>Perspiration- offensive</li> </ul>	1) <i>Psorinum1M</i> /OD//4globule/1 day 2) <i>Sac lac</i> /OD/4globule/2 weeks
5 <sup>th</sup> Follow up 29 August	<ul style="list-style-type: none"> <li>Better in complaints</li> </ul>	1) <i>Sac lac</i> /OD/4globule/30days
6 <sup>th</sup> Follow up 30 October	<ul style="list-style-type: none"> <li>Itching and eruption completely improved, no new eruption</li> </ul>	1) <i>Sac lac</i> /OD/4globule/30days

## Reportorial totality

- I. MIND- ANXIETY – health; about
- II. EXTREMITIES- ERUPTION- Ankle- eczema
- III. PERSPIRATION -ODOR -offensive
- IV. SKIN -BURNING -scratching; after
- V. SKIN -ERUPTION- discharging- corrosive
- VI. SKIN -ERUPTION- discharging- glutinous
- VII. SKIN- ERUPTION- itching -night
- VIII. SKIN- ERUPTION- itching- washing- agg.
- IX. GENERALS- FOODS AND DRINKS -sweets-desire

**Table. No. 3:** Repertorial chart

REMEDIES	SUM SYM	SUM DEG	SYMPTOMS
sulph.	7	15	1,3,4,5,6,8,9
merc.	6	13	1,3,4,5,7,9
graph.	6	12	3,4,5,6,7,9
ars.	6	10	1,3,4,5,7,9
psor.	6	9	1,2,3,4,7,9

staph.	6	9	1,3,4,5,7,9
nat-m.	6	8	1,3,4,5,6,9
lyc.	5	12	1,3,4,6,9
rhus-t.	5	11	3,4,5,7,9
calc.	5	9	1,4,5,6,9

## CONCLUSION

This case highlights the importance of nosodes in the treatment of paediatric atopic dermatitis. Initially, *Sulphur 200C* was prescribed, which resulted in some improvement. However, the patient's condition reached a standstill and failed to respond further. After a single dose of *Psorinum 1M*, the patient showed complete improvement, demonstrating the important role of nosodes in managing atopic dermatitis effectively.

## Acknowledgement

I gratefully acknowledge the active participation and cooperation of the patient's guardian throughout the course of treatment, which significantly contributed to the successful management of the case. I would like to express my heartfelt gratitude to my guide Dr. J.P. Tripathi and Dr. Ajay Singh Parihar, Head of the Department of Pediatrics, for his encouragement and invaluable assistance.

## Declaration of patients consent

I hereby acknowledge the patient's guardian's informed consent to publish this case report, which includes a detailed account of their medical history, diagnosis, treatment, and outcomes.

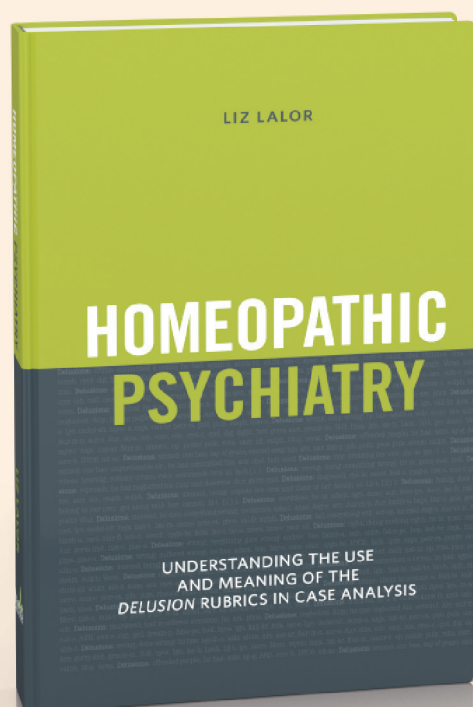
**Conflicts of interest :** None declared.

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# HOMEOPATHIC PSYCHIATRY

*Delve into the Depths of Previously Unexplored Territories of Delusion*

- How to follow the 5 psychological steps that the patient moves through in a homeopathic consultation as they struggle to acknowledge their loss of good health?
- What are the 4 Prerequisites for using Delusional Rubrics in Homeopathic case analysis?



**Liz Lalor**

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# Harnessing Tuberculinum: A Guide to Efficient Nosode Utilization in Homoeopathy – A Case Report

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### Keywords

Nosodes, Multipolychrest, culture of bacilli, phthisis, intellectual types, hyperactive, tuberculosis, plica polonica

### Abstract

Tuberculinum is a combination of Psora and Syphilis i.e. Tubercular miasm or called Pseudo psora. The main feeling in this miasm is that of being shut in, cramped and suffocated and in order to get out from such a situation. The tubercular miasm seems to demand a need for rapid change as a condition of survival. The sensation of suffocation especially when struck in a particular place and the need for hectic, intense activity are the two aspects of tubercular miasm.

As tuberculinum is a nosode, the basic theme of nosode is desperation and this desperation is expressed in every sphere of life of a person who requires them to be always desperate.

It shows psoric manifestations like irritability, restlessness and syphilitic manifestations like destructiveness, wildness, cruelty.

### Introduction

The present era is a rat race going on between man and nature. It looks as if both of them have entered the arena of competition. Urbanization and industrialization have become the order of

the day. Have we ever realized our greater folly, that modernization is rendering us? These are the prime causes responsible for invoking dangerous consequences on the ecosystem and the state of health and the sickness of the entire living fraternity.

It is at this crucial juncture that Homoeopathy, the only rational system of therapeutics, has potentiality to play an effective role as a responsible member of the medical fraternity.

Fortunately, master Hahnemann, a genius, has already discovered a special class of remedies as “Nosodes” for effective fighting this nuisance more than two centuries ago.

One of the frequently indicated nosode is **TUBERCULINUM**. Which is deep acting constitutional with wide range and depth of action for more than polychrest remedies that is why it is described as multipolychrest.

### Method of Preparation

The crude Tuberculinum is the product without the addition of any aseptic, obtained from a liquid culture medium on which mycobacterium tuberculosis is developed.

The microbial stocks used belong to the human and bovine type, also some crude tuberculin may as well be prepared with stocks obtained from birds. These stocks are selected and watched over periodically in order to be sure of

their activity.

The most used dilutions are at the rate of 1 / 200 or 1 / 1000.

### Indications: Tuberculinum as Nosode

- Symptoms ever changing ailments affecting one organ, then another — the lungs, brain, kidneys, liver, stomach, nervous system, beginning suddenly, ceasing suddenly.
- Takes cold easily without knowing how or where; seem to take cold, “every time he takes a breath of fresh air”
- Emaciation is rapid and pronounced, losing flesh while eating well.
- The remedy can be thought of when there is a family history of tubercular affections or when the best selected remedy fails to relieve or permanently improve, without reference to name of disease.
- Sudden, early morning diarrhea.
- Good remedy for bony suppurations especially in cases that have been resistant to other remedies.
- Chronic headache, when well selected remedy only palliates. Also, it is good for a school girl’s headache even when suitable glasses fail to relieve, but the patient must have a tubercular history.
- Crops of small boils which are intensely painful appear successively especially in the nose, containing green foetid pus.

### Clinical Applications of Nosode - Tuberculinum

Albuminuria, Appendicitis, Asthma, caries of bones, bronchitis, Catarrhal pneumonia, opacity of cornea, ulceration of, Dentition, Erythema, Hematuria, Hemoptysis, Headache, heart affection, palpitation of, influenza, leprosy, leucorrhoea, lungs, oedema of, lupus, mania, menses too early, meningitis tubercular, marasmus, paralysis. pleurisy, phthisis, pneumonia, acute, plica polonica, skin affection, tuberculosis, etc.

### Constitution:

It is especially adapted to the light complexion and is more muscular and not so graceful. Tall, thin with narrow chest. Face is narrow with blue eyes and long lashes. The face is angular, hairs are straight and quite fine lips are narrow but not absent. Persons who are very precocious mentally but weak physically. They rapidly emaciate, especially children.

; Temperament: Nervous person

; Relation with heat and cold: Highly chilly

; Diathesis: Tubercular and scrofulous

### Personality Type:

The mentals of tuberculinum constitute a personality profile as distinct and specific as any other type, but unfortunately it is poorly understood by the majority of homoeopaths and this is one reason the remedy is used more as a nosode than as a constitutional remedy.

The remedy is made from tuberculous lymph nodes and as usual there is some correspondence between the origin of the remedy and characteristics of the patient who needs it, including their personality. The image of the consumptive writer living off bread, wine and tobacco, embodies the spirit of tuberculinum a great many things in a short period, as if time were really running out for them. They cannot bear a steady routine unless it is packed with excitement.

In previous times, the tubercular patient lived with his disease for many years, gradually losing strength and drawing closer to a premature death. This long lingering pattern of disease seems to have produced a miasma; in other words, it affected every aspect of the health of the infected person, changing them at a cellular level, producing new characteristics, which were then passed onto their children. It is the slow nature of the disease which allows it to create a characteristic and inheritable mental picture.

Tuberculinums restlessness is not aimless, it is accompanied by a drive for stimulation, in which they aggressively enter into new experiences. Probably the most widely known aspect of

Tuberculinums restlessness is his desire to travel.

Tuberculinum is predominantly a mental or intellectual types like lycopodium, kali, sulphur. In keeping his restlessness and hunger for the experiences tuberculinum intellectual is different from sulphur or kali carbonium.

Most tuberculinums are very much future-oriented. The future holds the promise of fantastic discoveries which will liberate mankind from the routine existence, giving him the time and the means to play and to explore the Inner and the outer universe. Tuberculinums are often such parallel universes and virtual reality, which expand the possibilities of mental and physical stimulation.

Style is very important to most tuberculinums, the national Characteristics of French people suggest a great deal of tubercular influence.

One thing in tuberculinum is that he does what he wants and if things don't work out, he moves on to something else without fretting too much. This 'laid back approach is similar to that seen in Sulphur individuals and in some phosphorus and lycopodium, Sulphur is often laid back in part because he is oblivious to what is going on around him. This is not the case with tuberculinum, whose subtle and sharp mind is usually very well connected to his surroundings. This is because of his intellectual detachment and also his adaptability. Like sulphur they can strike up a conversation with anybody and generally they will enjoy it, as long as it doesn't last too long. Their cosmopolitan outlook makes them interesting to talk to and if they are talking to the opposite sex, they are like to ooze a lot of natural charm.

Tuberculinum does not keep cool always — when things are not going his way, he can become not only restless but also irritable. He will generally keep his cool for a while, then become more or more irritable.

Tuberculinum children are very often hyperactive, the hyperactive of Tuberculinum children is more focused than that of Natrum and especially stramonium children. The child is always on the go, but knows what he is doing. He may run around all day and in the consulting room his

excessive physical energy may cause him to forget and tap his feet, but at least his activity is purposeful. There anger is very violent may include smashing of toys or crockery. Swear obscene language at their parents. They intend upon being free to do as he wishes. Tuberculinum children are generally bright intellectually, but he is easily bored at school and he may make nuisance of himself by distracting other children in the classroom. He is likely to love playing vigorous games, unless he is one of the highly intellectual Tuberculinum and he will tend to do what he wants much of the time and resist pressure do what he finds boring much like -the sulphur child.

### Modalities:

**Aggravation:** During storm, in humid cold, closed room, standing position, by physical work specially by intellectual work, after 3 a.m, after sleep, early morning, draught, motion, music.

**Amelioration:** Open air, wind, walking

**Posology:** Dynamizations: from 4 CH to the 30 CH.

Dr. Kent said "if Tuberculinum be given in 10 M, 50 M, CM and MM potencies, two doses of each potency at long intervals, all children and young people who have inherited Tuberculosis will become immune from their inheritance and their resiliency will be restored".

## A CASE REPORT

### PRELIMINARY DATA

Name - S S R

Age - 8 yrs

Sex - Male

Occupation - Student

Address - Malgaon

Religion - Hindu

Marital Status - Unmarried

D. O. I. - 03/05/2023



### Chief Complaints:

- Cough since childhood
- Coryza since childhood

### H/O CHIEF COMPLAINTS

Cough since Childhood

- Cough with expectoration
- Whitish & sticky expectoration
- < eating sweet
- < playing outside

Coryza since childhood

- Sneezing 2-3 times
- Watery discharges & then whitish sticky discharge
- Firstly, one side of nose blocks then sneezes & then coryza & cough starts

### Past History

- Premature baby, early milestone
- Patient Has Taken Akt At The Age Of 2 ½ Yr.

**Family History:** No major illness in family

### PERSONAL HISTORY

- Diet - Mixed
- Appetite - Good
- Desire - Meat++, Boiled egg++
- Aversion - Not specific
- Appetite - Good
- Thirst - Moderate
- Stool - Satisfactory
- Urine - 2-3/0-1, D/N
- Sleep - Sound
- Perspiration - All over body

- Dreams - Not remember
- Thermal - Chilly
- Constitution - Tall, narrow chested, lean thin

### Mind

- Talkative
- Plays with his hands continuously
- Restlessness
- Intelligent
- Difficult concentration
- Angry when not listen to him

### General Physical Examination

- Built - Average
- Nourishment- Average
- Head - Normal shape, size
- Eyes
  - Sclera -Muddy
  - Conjunctiva – pink
- Mouth Tongue - pink moist
- Nose - NAD
- Ear - No discharge
- Nails - Pink
- Oedema - Absent
- Clubbing - Absent
- Lymphadenopathy - Not palpable

### Vital Data

Temperature - 98.6° F

Pulse Rate - 72 beats. / min.

Respiratory Rate - 16 cycles/min.

BP - 110/70mm of Hg

## Systemic Examination - Nad

## Differential Disease Diagnosis

- Recurrent URTI
- Asthma
- Bronchiectasis

## Provisional Disease Diagnosis - Recurrent Urti

## Investigation

- CBC
- ESR
- X-ray Chest

## Final Disease Diagnosis - Recurrent Urti

## ANALYSIS OF SYMPTOMS

### Mental General

- Restlessness
- Difficult concentration
- Intelligent
- Talkative

### Physical General

- Desire – Meat, boiled egg
- Sweat – All over body
- Chilly patient

### Particulars

- Cough with expectoration
- Whitish & Sticky expectoration
- < eating sweet, < playing outside
- Watery discharges follow whitish sticky discharges through nose.

## EVALUATION OF SYMPTOMS

### General Symptoms

#### Grade I

- Restlessness
- Difficult concentration
- Intelligent
- Talkative

#### Grade II

- Chilly patient
- Sweating all over body

#### Grade III

- Desire – Meat, boiled egg

### Particular

#### Grade I

- Whitish & sticky expectoration
- Watery discharges follow whitish sticky discharge through nose.

#### Grade II

- < eating sweet
- < playing outside

#### Grade III

- Sneezing
- Blockage of nose

## Repertorial TOTALITY

- Restless
- Intelligent
- Difficult concentration
- Desire meat, boiled egg
- Whitish expectoration
- < eating sweet

## Differential Remedial Diagnosis

- Calc Phos
- Tuberculinum
- Phosphorus

**Indicated Remedy - Tuberculinum****Indication**

- Restlessness
- Difficult concentration
- Intelligent
- Desire meat
- Chilly patient

**Prescription**

- Name - S S R
- Age - 8 yrs
- Date - 03/05/2023

**Rx**

Tuberculinum 1M

Single dose

PL

4 – 4 – 4 x 1 wk

**Follow up**

Date	Follows up	Prescription
10/05/2023	Cough as reduced 25 % Coryza reduced Generalities improved	PL 4 -4 -4 2 weeks
26/05/2023	Cough reduced 50% No Coryza Generalities good	PL 4 - 4 – 4 x 2 weeks
11/06/2023	Cough reduced 60% No Coryza Generalities good	Tuberculinum 1M Single dose PL 4 – 4 – 4 2 weeks

**CONCLUSION**

Homoeopathic Nosode Tuberculinum is a powerful and versatile remedy that has been used for

centuries to treat a range of respiratory, immune, and constitutional disorders. With its deep-acting and long-lasting effects, Tuberculinum has proven to be a valuable addition to the homoeopathic Materia medica. The clinical experience and anecdotal evidence suggest that Tuberculinum is a remedy that deserves careful consideration in the treatment of patients with tuberculosis-like symptoms, respiratory infections, and chronic immune system disorders.

Homoeopathic Nosodes represent a unique and valuable class of remedies that have been used to treat a wide range of chronic and acute diseases. Derived from the products of disease, Nosodes have been shown to be effective in treating conditions that are resistant to conventional treatment, and offer a safe and gentle alternative to traditional medicine. By understanding the principles and characteristics of Nosodes, homoeopathic practitioners can harness their potential to restore health and balance to their patients. As a testament to the wisdom and foresight of Dr Hahnemann, the founder of Homoeopathy, Nosodes continue to play a vital role in the treatment and prevention of disease, and remain an essential part of the homoeopathic armamentarium."

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# A Case of Vitiligo treated with Tuberculinum as an Intercurrent Remedy

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## Keywords

Vitiligo, Hypopigmentation, Sulphur, Intercurrent remedy, nosode

## Abstract

Vitiligo, as a cosmetic problem, is a source of great embarrassment to people. Vitiligo one of a multifactorial chronic skin disease clinically present as chalky white depigmented macular spot anywhere on the skin due to deficiency or loss of melanocytes.<sup>[1]</sup> Here is a case of Vitiligo from the R.B.T.S Govt. Homoeopathic Medical College and Hospital Outpatient Department treated by Individualised Homoeopathic Medicine. The case was followed up over a period of 2 years with marked improvement in white patches which is evident from the photographs. Nosodes acts as an intercurrent remedy, after prescribing similimum (*Sulphur*), it initially seemed to cure the case but after a span of time, the indicated medicine ceases to do good. Thus, to remove this obstruction, *Tuberculinum* as an INTERCURRENT REMEDY was prescribed which worked wonder and cured the case within a short period of time.<sup>[3]</sup>

**Abbreviation:** IHM (Individualized Homoeopathic Medicine), Ab (antibody, B.D (twice in a day), O.D (Once in a day), PL (placebo), SV (Segmental Vitiligo), NSV (Non-segmental Vitiligo)

## Introduction

Vitiligo is the common acquired idiopathic discoloration of skin characterized by well circumscribed chalky white macules which are flushed

to skin surface with marked line of demarcation. It is mainly due to diminished melanin production and circulation to the body, is due to destruction of melanocytes in the basal layer of epidermis. Incidence around 0.5 to 2 % of total world population irrespective of their age groups, gender. More predominant in dark skinned people.<sup>[1]</sup>

There is various hypothesis behind the vitiligo, but exact cause is unknown. Some hypothetical theory like AUTOIMMUNE theory, GENETIC theory, and NEUROGENIC theory supports the evidence of vitiligo. 'NEUROGENIC Theory' considered depigmentation due to melanocytes destruction or inhibition of melanin production when a chemical mediator is released at the nerve ending. Another cause may be destruction of melanocytes by tyrosine, dopamine, a 5, 6-dihydroxyindole which are all involved with the normal production of melanin. Finally, we now know that vitiligo is an autoimmune condition that causes the loss of melanocytes through a variety of mechanisms, such as oxidative stress, metabolic irregularities, cell detachment, and the production of inflammatory mediators. A global consensus in 2011 divided vitiligo into two categories: non-segmental vitiligo (NSV) and segmental vitiligo (SV). NSV have many subtypes like acrofacial, mucosal, generalized, universal, mixed and rare. Generalized & acrofacial are most common subtypes.<sup>[1]</sup>

Vitiligo is typically diagnosed based on clinical observations; laboratory testing is not necessary for this diagnosis. Hand-held UV radiation devices may be useful for people with pale skin. Dermoscopy can be useful in distinguishing vitiligo from other depigmenting skin symptoms.



To provide appropriate management, a thorough evaluation was required. The patient's presence of Koebner's phenomenon, presence of halo nevi, previous treatment, duration, and effects, occupational history, the effects of the disease on quality of life, psychological stress factors, environmental factors, and socioeconomic factors should all be evaluated after a thorough screening for the patient's family history of Vitiligo, premature greying of the hair, and thyroid or other autoimmune diseases.<sup>[5]</sup>

Vitiligo has much psychosocial impact, which may lead to various mental disorder. Many studies show that there is a lot of social stigmas, low self-esteem, adjustment disorder, poor body image and low quality of life associated with vitiligo patients. Homoeopathy has offered some hope even in this time of despair because it bases its medical philosophy on the symptoms of the patient rather than the name of the illness, allowing us to treat any condition based on the patient's symptoms. Numerous studies demonstrate that individualized homoeopathic medication can effectively treat vitiligo.<sup>[6]</sup>

Nosodes acts as an intercurrent remedy. In some chronic cases after a period, some patient condition refuses to progress, this condition can be termed as blockage. To remove this blockage, an intercurrent remedy can be used<sup>[3]</sup>. The nosodes are to be remembered in this condition. A single dose of the appropriate nosode in a moderately high potency, will sometimes clear up a case.<sup>[4]</sup>

## Case report

A 39year old male visited OPD-5 of R.B.T.S Govt. Homoeopathic Medical and Hospital, Muzaffarpur, Bihar on 12/07/2023 with registration no: A12601/12560. The patient had complaints of hypopigmented white patches on tip of dorsal surface of all fingers of both hands, lower lip and on prepuce. The hypopigmented white spots started just like a small mole with no history of injury or any skin diseases and gradually increased day by day in spite of modern medication and local application. The patient also presented with painless palpable movable swelling on forehead, abdomen, arm since 2 years associated with gastric complaints and backache aggravation from

prolong standing during his duty hours and gets relieved by rest and sleep.

**Past History:** The patient had a history of haemorrhoids and hyperlipidaemia.

**Family History:** Maternal history of Osteoarthritis, Hypertension and Hypothyroidism.

Paternal history of Haemorrhoids and functional dyspepsia.

**Treatment History:** The patient had undergone annual health checkup in army hospital and taken allopathic medicine for hyperlipidemia and vitiligo from the army hospital and also homoeopathic medicines like *Tuberculinum*, *Baryta carb*, *Nitric acid* etc. from the renowned physicians in the town. The patient also had taken Ayurvedic medicines for hemorrhoids.

**Personal History:** Occupation: Army officer

Addiction: Alcohol, Food habits – Vegetarian diet.

## Physical Generals

- **RHC-** Hot patient, desires fanning, open air and dislike bathing as he is mostly posted in cold regions.
- **Desire** – Sweet
- **Aversion** –N/S
- **Intolerance-** Spicy food
- **Thirst-** Intense thirst (5-6 liters/day), drinks at short intervals
- **Appetite** – Good
- **Stool-** Constipated has to wait a long time in the toilet to pass a small quantity of stool.
- **Urine-** Normal frequency with no characteristic odor
- **Sleep** -Disturbed due to hectic duty schedule
- **Perspiration:** Profuse all over the body with characteristic smell.

## Mental Generals

- The patient gets angry very easily but gets

amelioration from consolation.

- He also calms down from worshipping.
- He loves music and animals.
- He was very respectful and greets to every doctor present in the OPD every time he visited the hospital.
- He has a happy and smiling face during conversation.
- He is caring towards his family and colleagues.

## General physical Examination

- Height-178 cm
- Weight- 82kg
- No Signs of pallor, Icterus, clubbing, cyanosis and lymphadenopathy

## Vital Signs

- Blood Pressure- 130/84 mm of Hg
- Pulse Rate- 78 beats per minute
- Temperature- afebrile
- Respiratory rate-18 cycles per minute

## Systemic Examination

- Respiratory System-NVBS heard and no sounds
- Cardiovascular System- S1 and S2 heard
- Gastrointestinal System-Normal Bowel sound heard
- Locomotor System- On examination of both the hands– hypopigmented white spots are present on all fingers of both hands.
- Any other – palpable movable painless soft nodular swelling found on forehead, abdomen and arm.

**Investigation-** Total cholesterol-160 mg/dl, Serum triglycerides- 227.9 mg/dl

LDL -129.24 mg/dl, VLDL-45.48 mg/dl

## Provisional Diagnosis- Vitiligo (ICD 11 -ED63.0)

## Evaluation of the case

Mental Generals	Physical Generals	Characteristic Particular
Reverence to people present around him.	Desire for sweets	Backache gets aggravation from prolong standing.
He gets angry easily and gets amelioration from consolation.	Profuse perspiration all over the body	Vitiligo –White depigmented spots on skin on various parts.
He has a love for animals.	Stool is usually constipated; he has to sit a long time to pass small quantity of stool.	Lipoma- painless movable nodular swelling on abdomen, arms and forehead.
He is caring and sympathetic towards his family and colleagues.		
His anger gets amelioration from worshipping and praying		

## Repertorial Totality

- Mind- Reverence: Those around him, for
- Mind- Anger, general: easily
- Mind- Consolation, sympathy: amelioration
- Mind- Love: Animals, for
- Mind- cares, worries, full of
- Mind- sympathetic, compassionate, too
- Mind- Praying
- Generalities- Food and drinks: sweets: Desires:
- Perspiration- Profuse
- Rectum -constipation
- Back- Pain: standing: Aggravation
- Skim- white spots, Vitiligo
- Generalities- Tumours: Lipoma

## Repertorial Sheet

## Prescription

Remedy	Sulph	Phos	Puls	Calc	Sep	Ars	Lyc	Nux-v	Thu	Nat-m	Pose	Nat-c	Carc	Nit-ac	Stram
<b>Totally</b>	37	24	30	27	27	26	26	24	24	22	22	21	20	20	20
<b>Symptoms Covered</b>	11	11	11	10	9	10	9	10	8	11	9	6	10	7	7
[Complete] [Mind]Reverence:Those around him, for:	1	0	1	0	0	0	0	1	0	1	0	0	0	0	0
[Murphy] [Mind]Jagor, general, (see Irritability, Rape):Easy:	0	2	0	1	0	1	3	3	2	0	2	0	0	0	2
[Complete] [Mind]Consolation, sympathy:Amel.:	0	3	4	0	0	1	0	0	0	1	0	0	1	0	4
[Complete] [Mind]Love:Animals, for:	3	3	1	1	1	0	0	0	0	1	1	0	1	0	0
[Complete] [Mind]Cares, worries, full of:	3	4	3	3	3	4	3	4	2	4	3	3	4	1	1
[Complete] [Mind]Sympathetic, compassionate, for:	3	4	4	1	1	3	1	3	0	3	1	3	4	4	1
[Complete] [Mind]Praying:	4	0	4	0	4	3	3	0	0	1	1	0	1	0	4
[Complete] [Generalities]Food and drink:Sweet:Dislikes:	4	3	3	4	3	1	4	1	3	1	3	3	3	3	0
[Complete] [Perspiration]Profuse:	4	4	4	4	4	4	4	4	4	4	4	4	1	4	4
[Complete] [Respiratory]Cough:	4	4	4	4	4	4	4	4	4	4	4	4	3	4	4
[Complete] [Back]Pain:Standing:App.:	4	3	1	3	3	0	3	1	3	1	3	0	1	1	0
[Complete] [Skin]White:Spots, vitiligo:	4	3	0	3	4	4	0	3	3	1	0	4	0	3	0
[Complete] [Generalities]Tumors:Ulcera:	3	1	1	3	0	1	1	1	3	0	0	0	1	0	0

After case taking, based on repertorial totality and consultation of Homoeopathic Materia Medica *Sulphur 200C / 1 DOSE / 4 GLOBULES* was prescribed on date *12/07/2023*.

## Reasoning Behind Remedy And Chosen Potency

In repertorial analysis Sulphur covered maximum rubric and obtained maximum number of marks, based on the repertorial totality and consultation of text books of Materia medica, Sulphur seemed to be the most suitable drug in this case and thus prescribed in 200C, single dose. The potency selection and repetition were based on the homoeopathic principles, susceptibility of the individual, and homoeopathic philosophy.

## Follow Up

Date of visit	Change of symptoms	Medicine/dose/ Potency	Justification
27/09/2023	Vesicular eruption starts to appear in groin region and buttocks for 20 days < night, undressing. Vitiligo spots start to diminish.	Sulphur 200 / 3 dose / O.D.  Rubrum 200/2 drachm B. D	New symptoms started to appear and stayed for more than 20 days

16/10/ 2023	Hypopigmentation slightly starts to decrease; few black spots appear only in fingers. Eruption in groin and buttocks disappear.	PL 30 / 1 drachm / B. D  PL 200 / 1 drachm / B.D.	Condition of patient remained standstill after some initial improvement;
18 /01/ 2024	No marked Improvement	Sulphur 200 / 2 dose / O.D.  PL 200 / 1 drachm / B.D.	Another dose of same medicine was repeated as the medicine has exhausted its duration of action.
27/ 04/ 2024	The patient lost weight drastically but symptoms remained stand still.	Tuberculinum 1 M / 1 dose  PL 200 / 1 drachm / B. D	The best selected remedy failed to relieve or permanently improve.
03/05 / 2024	The back pain reduced, the nodular painless movable swelling of arm, forehead disappeared, hypopigmented white spots starts to decrease again	PL 200 / 1 drachm / B. D	To wait and allow the medicine to act.
10/ 07/ 2024	Hypopigmented spots of few fingers is replaced by normal skin but back pain reappeared again	Sulphur 200 / 2 dose/ O.D  PL 200 / 1 drachm / B. D	Backache reappeared again So the same medicine was repeated again
02/ 12/ 2024	Hypopigmented patches were replaced by normal skin and backache was also disappeared	Rubrum 200/2 drachm/ B. D	Vitiligo was cured completely

## Images taken during Follow Up



## CONCLUSION

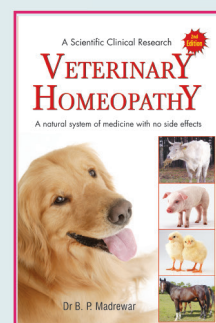
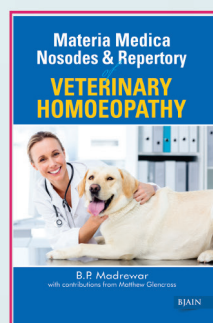
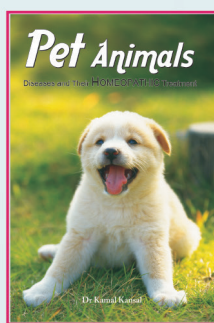
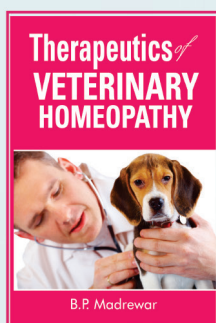
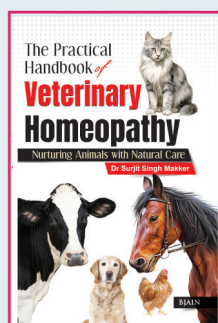
Where modern medicine is facing challenges in treating vitiligo our holistic approach system homeopathy successfully treating vitiligo. However, this case speaks about the success of homeopathy in the treatment of vitiligo. The primary reason this article was written was because, although the patient's condition improved after the simillimum was successfully administered but

full recovery was not observed. As an intercurrent treatment, the nosode *Tuberculinum* 1M was prescribed, and it was a great success. Therefore, nosodes are quite effective in removing obstacles in the way of cure.<sup>[4]</sup>

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## Walk to the Unexplored Lanes of *Veterinary Therapeutics in Homeopathy* with



# From the House of BJain



# Management of Conduct Disorder through Individualized Homoeopathic Medicine: A Case Report

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## Keywords

A case report. Conduct disorder, Homoeopathy

## Abstract

The conduct disorder is also known as mental health illness and affects children and teenagers. Conduct disorder is caused by a combination of social, familial, and genetic/constitutional causes. Several public health issues, such as violence, the use of weapons, substance misuse, and school dropout, are made more likely by conduct disorder. Identification of conduct problems and early treatments are so crucial. A case of 12-year-old children suffering from conduct disorder here was treated successfully by a single individualized homoeopathic medicine tuberculinum.

## Introduction

The conduct disorder is also known as mental health illness and affects children and teenagers. It is typified by a persistent pattern of aggressive behaviours and acts detrimental to other people's well-being. Children with conduct disorders also frequently disobey social norms and rules. Childhood is a phase characterized by the presence of mischievous behaviour like as repetitive and persistent patterns of dissocial, aggressive, or defiant conduct. <sup>[1,3]</sup>

In Indian mythology, the character of Krishna is portrayed as an exemplary child who demonstrates both intelligence and a mischievous nature simultaneously. During childhood and

adolescence, it is not uncommon for individuals to engage in occasional rule-breaking and rebellious behaviour. However, in the case of youth diagnosed with conduct disorder (CD), there is a notable distinction as their behaviours consistently and extensively infringe upon the rights of others. Conduct disorder is a descriptive term utilized in academic literature to denote a consistent and enduring pattern of dissocial conduct, wherein the individual recurrently violates societal norms and engages in aggressive behaviour. <sup>[2,3,4]</sup>

Conduct disorder's clinical characteristics emerge progressively over time. This progresses to a point where a persistent, regular pattern evolves that involves violating the fundamental rights of others. Remote antisocial or illegal behaviour is insufficient to support a CD diagnosis. CD needs to be distinguished from terms such as delinquency. Delinquency is a term used in the law, whereas CD is a mental and behavioural illness. <sup>[2,4]</sup>

Diagnostic criteria of Conduct Disorder are an ongoing and repetitive pattern of conduct where individuals consistently breach the fundamental rights of others or significant societal norms and age-appropriate regulations is evident when a minimum of 3 out of the 15 specified criteria have been observed within the previous 12 months, with at least 1 of these criteria being observed within the most recent 6-month period. <sup>[5]</sup>

## A. Aggression to People and Animals:

1. Frequently engages in bullying, threats, or intimidation toward others

2. Regularly instigates physical altercations
3. Has employed a potentially lethal weapon to cause significant bodily harm to others (such as a bat, a brick, shattered bottle, knife, or fire-arm)
4. Has displayed physical cruelty toward individuals
5. Has demonstrated physical cruelty toward animals
6. Has committed theft while directly confronting a victim (such as mugging, snatching purses, extortion, or armed robbery)
7. Has coerced someone into engaging in sexual activity. <sup>[5]</sup>

### **B. Destruction of property:**

1. Has wilfully participated in arson to inflict substantial harm
2. Has intentionally damaged the property of others (excluding fire setting). <sup>[5]</sup>

### **C. Deceitfulness or theft:**

1. Has unlawfully entered another person's residence, structure, or vehicle
2. Frequently tells untruths to acquire goods or favours to evade responsibilities, essentially deceiving others
3. Has taken items of significant value without confrontation with a 29 victim (e.g., shoplifting without breaking, or engaging in forgery). <sup>[5]</sup>

### **D. Serious Violation of rules:**

1. Frequently disregards parental restrictions by staying out at night, starting before the age of 13 years
2. Has left home overnight without permission at least twice while residing with parents or parental guardians, or once without returning for an extended period
3. Regularly skips school, starting before the age of 13 years. <sup>[5]</sup>

## **Case report**

12-year-old children having presented in O.P.D. of RBTS Govt. Homoeopathic Medical College and Hospital Muzaffarpur on 30/05/2024. With complaints of strong violence towards parents or other families, always want to travel and feels better during riding and carriage. Biting tendency was of the patient sometimes violent and mentally irritable. The patient was restless while living alone. His nature was abusive regarding his parents and tendency to cause damage or destruction. Usually manifests as aggressive behaviour in the home. He loves animals also. All types of complaints have developed in the last 4 years.

### **Past Illness**

He has been suffering from typhoid for the last 5 years. He took conventional medicine. Eight years ago, he suffered from mumps and was treated with homoeopathic medicine.

### **Family Background:**

His Father suffered from tuberculosis 25 years ago but is treated with allopathic medicine. His grandfather also suffered from tuberculosis many years ago and is treated with conventional medicine. Grandmother suffered from hypertension many years ago and was treated with conventional medicine.

### **Mental aspect**

strong violence towards parents or other families, always wanting to travel and feeling better during riding and carriage. Biting tendency was of the patient sometimes violent and mentally irritable. The patient was restless while living alone. His nature was abusive regarding his parents and tendency to cause damage or destruction. Usually manifests as aggressive behaviour in the home. He loves animals also. Mentally disturbed and fearful of darkness. His thinking was always destructive.

### **Physical General**

On enquiry, the physical aspect, his appetite was less. He had a desire for cold water, cold drinks

and sweets. He took 2-3 litres of water every day. His stool was regular. No complaints on urine. Sleep was disturbed due to his complaints. Perspiration on the whole over the body, even in cold weather.

### General Physical Examination

- Pulse Rate - 78/min.
- Respiratory Rate - 16/min.,
- TEMP: 98.6°F,

### Analysis & Evaluation of Symptoms

S.N.	SYMPTOMS	ANALYSIS	EVALUATION	MIASM <sup>[7]</sup>
1.	strong violence towards parents or other families	Mental general	+++	Psora-sycotic
2.	always wanting to travel	Mental general	++	Psora
3.	restless while living alone	Mental general	+++	Psora-sycotic
4.	abusive regarding his parents	Mental general	+++	Sycosis
5.	tendency to cause damage or destruction	Mental general	++	Syphilis
6.	Mentally disturbed and fearful of darkness	Mental general	++	Psora-sycotic
7.	feeling better during riding and carriage.	Mental general	+++	Psora-sycotic
8.	loves animals	Mental general	++	Psora
9.	desire for cold water, cold drinks	Physical general	+	Psora
10.	desire for sweets	Physical general	++	Psora

### Reportorial sheet: -

The Repertorisation was done using Radar opus (Synthesis Repertory).<sup>[10]</sup> The *Tuberculinum* covers maximum rubrics at a particular level, with the highest-scoring medicine.

### Prescription

Rx

Tuberculinum 1M/1 Dose /OD, morning on empty

- Height: -152 cm
- Weight: - 45 Kg
- B.P.: -126/82 mm Hg.

No sign of pallor, cyanosis, icterus, clubbing, lymphadenopathy.

**Provisional diagnosis:** conductive disorder

**Justification of diagnosis:** Symptomatic

stomach.

### Selection of remedy with justification:

In reportorial analysis, *Tuberculinum* covers most of the symptoms and has the highest score. After consulting Materia Medica<sup>[11,12]</sup>, *Tuberculinum* was found to be most appropriate for this case, covering all mental pictures and general reactions, including physical as well as thermal reactions.

### Selection of potency with justification:

It best on the susceptibility and mental behaviour of the patient.<sup>[8,9]</sup>

### General management

The child's parents to set consistent discipline with proper rewarding of positive behaviors. Working with a mental health professional can provide support education and guidance to the

### Follow-up Sheet: -

Date of visit	Change in symptom	Prescribed medicine /potency/ dose
22/ 06/2024	violence mental symptoms slightly diminished, wanting to travel and being restless while living alone same as it. Destructive in nature and fearfulness slightly >.	Tuberculinum 1M/1 dose  Placebo 1 dram /BD, for 1 month.
23/07/2024	The violence of the patient approx 30% diminished, wanting to travel and being restless while living alone 20% >. Destructive in nature and fearfulness slightly >.	Placebo 1 dram /BD, for one month
17/08/2024	Mental general symptoms of patient approx 50% >. Physical general symptoms moderate improvement	Placebo 1 dram /BD, for one month
13/09/2024	No change in mental behaviour. But a slight change in physical general.	Tuberculinum 10M/1 dose  Placebo 1 dram /BD, for 1 month.
15/10/2024	The violence of the patient marked improvement, and the travelling desire marked improvement. Restless of patient subside. Destructive in nature subsides.	Placebo 1 dram /BD, for one month
12/11/2024	Marked improvement of mental and physical symptoms.	Placebo 1 dram /BD, for one month

[illegible]

#### Conduct disorder Rating scale

A young child has been diagnosed with Childhood-Onset Conduct Disorder. Children struggle to express their emotions in words. Depending on their developmental stages, their symptoms may imply different things. To be diagnosed with Childhood-Onset Conduct Disorder, a person must exhibit at least one conduct disorder symptom. Homoeopathic medicine for conductive disorders, *tuberculinum* might be a helpful therapeutic option. To decide on the best course of therapy, it is crucial to speak with a trained medical expert. The most successful treatment for conduct disorder may involve a multifaceted strategy that incorporates behavioural therapy, family therapy, and homoeopathic treatments.

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### Conduct disorder Rating scale



HOMOEOPATHIC MATERIA MEDICA

# UNLOCKING THE BOGER SYNOPTIC

*key*



PART

**2**

*श्री. देवेंद्रा फडणिस*

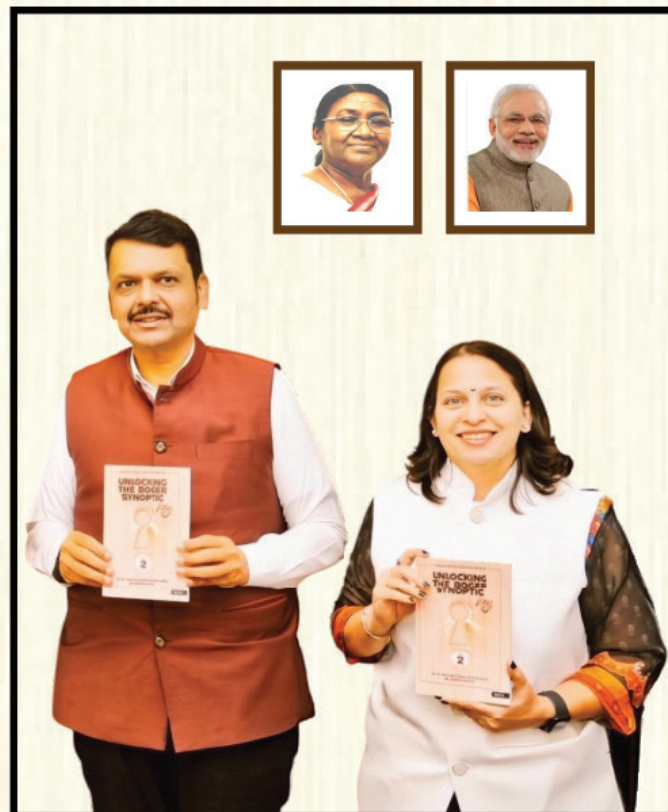
Shri. Devendra Fadnavis  
Hon. Chief Minister (Maharashtra)

By DR. VAISHALI SWATI ASHOK BHIDE  
MD HOMOEOPATHY



Dear Reader,

The moment we've all been waiting for has arrived with even more excitement! I'm thrilled to announce the release of my 2nd book, **'Unlocking the Boger Synoptic Key - Part 2'** which has once again been launched by none other than **Shri Devendra Ji Fadnavis**, the Honourable Chief Minister of (Maharashtra), on 22nd April 2025



This book promises in-depth knowledge of Homoeopathic medicines and their applicability in critical cases. I can't wait for you to dive into it. Thank you for being a part of this amazing journey—let's keep exploring and unlocking new possibilities together!

Best regards,  
**Dr. Vaishali Ashok Bhide**,  
M.D. Homoeopathy.

**Shri. Devendra Fadnavis**  
**Hon. Chief Minister (Maharashtra)**





A good understanding of the synoptic key and its correct application will place homeopathy at the forefront in the domain of critical care. Since our government is trying to implement the integrated approach in the fraternity of medicine, Boger's Synoptic Key is our best guide to bridge the gap between modern medicine and a formidable homeopathic advantage.

***Dr Vaishali A Bhide,  
M.D. Homoeopathy***

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Unlocking the Boger Synoptic Key Part 2 by Dr. Vaishali A. Bhide is a monumental effort to distil the vast wisdom of Dr Boger's work. This book presents remedy profiles with clarity and scientific precision, covering all aspects of a remedy's picture, including mentals, regional symptoms, modalities, sensations, unique points, keynotes, remedy-specific symptoms, flowcharts, remedy sides, and organ-specific symptoms. It provides a complete and easily understandable depiction of each remedy, making it an invaluable resource for readers seeking to deepen their understanding of Homoeopathy.

***Dr. Rajneesh Kumar Sharma,  
Bsc, BHMS, MD Homeopathy, DI (Hom) (London), HMD (UK) etc.***

Dr. Vaishali A. Bhide's second part of "Unlocking The Boger's Synoptic Key," meticulously explores the therapeutic potential of specific homeopathic remedies, with a focus on their efficacy in altering the course of serious, often life-threatening conditions. Dr. Bhide's work not only reinforces the relevance of homeopathy in modern medical practice but also contributes to the ongoing discourse on its role in evidence-based critical care.

***Prof. Dr. Ashish Pandey,  
BDS, MDS (King George's Medical College), MBA, MBA- FEMRU (USA),  
PFA (USA).***

# Treatment Of Haemorrhoids With Homoeopathy: A Case Report

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## Keywords

Haemorrhoids, Homoeopathy, *Ruta graveolens*

## Abstract

It appears that haemorrhoids are a recent problem brought on by modern living. The treatment plan depends on the severity, which consists of a combination of conservative management, OPD-based procedures, or surgical interventions. However, these invasive methods may cause relapse, anus stenosis, postoperative pain, and prolonged convalescences. Homoeopathy, on the other hand, being an individualised strategy aids patients not only in managing pain, and rectal bleeding in a short time of treatment with minimal complications but also improves overall health. This case report demonstrates the significant improvement of grade III haemorrhoids with individualised homoeopathic medicine.

## Introduction

Haemorrhoids are dilated plexus of superior haemorrhoidal veins, in relation to anal canal.<sup>[1]</sup> They are commonly classified as external or internal. External haemorrhoids originate below the dentate line and are covered with squamous epithelium and are associated with an internal component. External haemorrhoids are painful when thrombosed. Internal haemorrhoids originate above the dentate line and are covered with mucosa and transitional zone epithelium and represent the majority of haemorrhoids.<sup>[2]</sup>

## Pathophysiology And Risk Factors:

The anal canal is constituted by three primary cushions located in the left lateral, right anterior, and right posterior orientations. Each cushion

encircles the arteriovenous connections between the terminal branches of the superior and middle rectal arteries and the superior, middle, and inferior rectal veins. These hemorrhoidal cushions fulfil several essential functions within the anal canal. They primarily maintain anal continence and avert faecal incontinence during episodes of increased intra-abdominal pressure (e.g., straining, coughing, and sneezing) by engorging with blood and inducing the closure of the anal canal [3]. Additionally, it possesses the sensory ability to distinguish between liquid, solid, and gas, which aids in the evacuation choice.

Constipation, sedentary life, prolonged straining, exercise, poor nutrition (low fibre intake), pregnancy, irregular bowel habits (constipation or diarrhoea), genetic issues, and the lack of a valve within the haemorrhoidal veins are some of the factors that contribute to the development of pathologic changes within the haemorrhoidal cushions<sup>[4],[5],[6],[7]</sup>. All of these elements contribute to the submucosal arteriovenous plexus's increasing pressure, which in turn causes the cushions to enlarge, the supporting connective tissue to become laxer, and haemorrhoids to protrude across the anal canal.

**Types:** Haemorrhoids are graded based on the degree of prolapse.

Grade I do not prolapse below the dentate line and are visible on anoscopy or colonoscopy.

Grade II prolapse below the dentate line but reduce spontaneously.

Grade III prolapse and require manual reduction.

Grade IV prolapse and remain below the dentate line. They are not reducible.



## Causes <sup>[1]:</sup>

1. Rectal cancer can cause back discomfort and the appearance of piles by obstructing the veins.
2. One rare cause of rectal varices is portal hypertension.
3. Pregnancy can result in haemorrhoids because of pressing on the superior rectal veins or because progesterone relaxes the smooth muscle in the vein wall.

## Investigations <sup>[1]:</sup>

Per rectal examination is done mainly to rule out carcinoma rectum or other causes of bleeding per rectum. Haemorrhoids cannot be felt by rectal examination unless they are thrombosed or fibrosed.

Proctoscopy: As the obturator is removed, piles prolapse into the lumen of the proctoscope as cherry red masses.

## Treatment <sup>[1]:</sup>

- I. Nonoperative treatment: It is recommended for Grade I and Grade II piles that are not generating a lot of pain or bleeding.
  - A. Rubber Band Ligation (RBL) <sup>[8]</sup>- It is indicated for grade II and III internal haemorrhoids. RBL technique can be employed using an endoscope with forward-view or retroflexion or without an endoscope, using a suction elastic band ligator or a forceps ligator and the ligations should be performed in the area above the dentate line that is devoid of sensory nerves.
  - B. Sclerotherapy <sup>[9]</sup>: It is mainly indicated for non-protruded (grade I and II) internal haemorrhoids. Proctoscopic injection sclerotherapy uses some of the more recent sclerosants and narrow-bore needle injections. It is inexpensive, has no serious side effects, and has been shown to be highly effective.

## II. Surgical:

Haemorrhoidectomy <sup>[10]</sup>: Grade III and IV

haemorrhoids can be treated Haemorrhoidectomy seems to provide better symptom control but at the cost of more pain and complications

Stapled Haemorrhoidopexy <sup>[11]</sup>: This procedure is an alternative surgical procedure that is mainly indicated for grade II and III internal haemorrhoids. It is performed by excising the redundant tissue and subsequently fixate hemorrhoidal tissue back into the rectal wall.

## Complications <sup>[1]:</sup>

1. Retention of urine is common in men due to severe pain.
2. More often, reactionary haemorrhage and infection may occur. Either some bleeding has opened up or the ligature is loose. For the most part, stop by pressure packing. Frequent dressings can all be used to treat a minor wound infection.
3. If too much skin is removed during a haemorrhoidectomy, anal stenosis may develop. Regular dilatation is required.
4. Following a haemorrhoidectomy, incontinence, anal fissures, and submucous abscesses may develop.

## CASE PROPER

Pt JZ aged 61 years came to NIH OPD on 20/3/24 with a complaint of

1. Painful defecation and sensation of something coming out for 7 days, which was not reducible. Bleeding per rectum while defecation.  
< sitting, after stool, doing any weight-bearing work
2. Low backache in the past 10 years  
<physical work, lifting heavy weights >lying down on back.

**History Of Present Complaint-** He had undergone surgical intervention 15 years ago.

**PAST HISTORY-** He had an anal fistula 4 years ago for which he took allopathic treatment and subsided.

**Family History-** Father- has hypertension.

**Physical Generals-** T/R- Hot patient.

- Thirst- Less; 1.5 L/day
- Desire- Dahi, Av-Meat, Fish.
- Urine- Clear.
- Perspiration- profuse on the whole body.
- Dreams- of snakes, drowning in water.
- Addiction- khaini 5-7 times /day.
- Tongue-white coated

**Mental Generals-** nothing significant

**Diagnosis:**

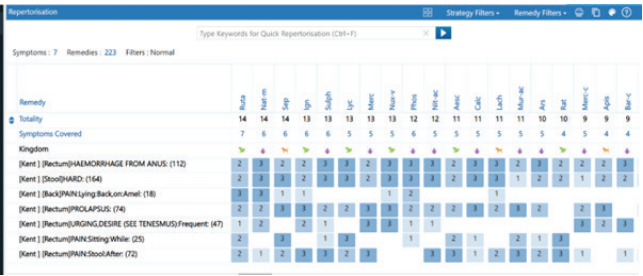
Examination was not done with a proctoscope as it was painful for the patient. Based on symptoms presented by patient and on inspection, it was observed clinically to be haemorrhoids grade III.

The haemorrhoidal symptoms score (HSS) before treatment was 12.

**Totality Of Symptoms:**

- Bleeding from anus during stool
- Pain in back relieved by lying on back.
- Pain in rectum after stool and while sitting.
- Stool: hard, frequent urging for stool

Figure 1: Repertory chart.



**Repertorial Analysis:**

Repertorisation was done by Zomeo Elite and the three drugs with the highest marks were *Ruta graveolens* (14/7), *Natrium muriaticum* (14/6), *Sepia officinalis* (14/6).

**Final Selection Of Remedy:**

Based on the totality of symptoms and consultation of materia medica, *Ruta graveolens* 30C/6 doses were prescribed to be taken daily for 6 days in empty stomach.

**Management:**

The patient was advised to increase dietary fibre and fluid intake to keep bowel motion soft and regular. Regularly take sitz baths (sitting in warm water up to the hips) which help to relax the sphincter. The patient was advised to avoid undue straining during bowel movements.

TABLE 1: Follow up:

25/4/24	No bleeding per rectum	Rubrum 30/1 drachm
	Mild pain during defecation if the stool was hard.	1 globule ODAC X 30 days
	Backache- present	
26/5/24	No bleeding per rectum	Rubrum 30/1 drachm
	Stools satisfactorily passed- no pain during defecation.	1 globule ODAC X 30 days
	Backache- reduced considerably than before.	HSS- 2

TABLE 2:

Modified Naranjo Criteria	YES	NO	NOT SURE
1. Was there an improvement in the main symptom or condition for which the homeopathic medicine was prescribed?	+2		
2. Did the clinical Improvement occur within a plausible timeframe relative to the drug intake?	+1		
3. Was there an initial aggravation of symptoms?	0		
4. Did the effect encompass more than the main symptom or condition (i.e., were other symptoms ultimately improved or changed)?	+1		
5. Did overall well-being improve? (suggest using validated scale)	+1		
6. A. Direction of cure: did some symptoms Improve in the opposite order of the development of symptoms of the disease?	0		

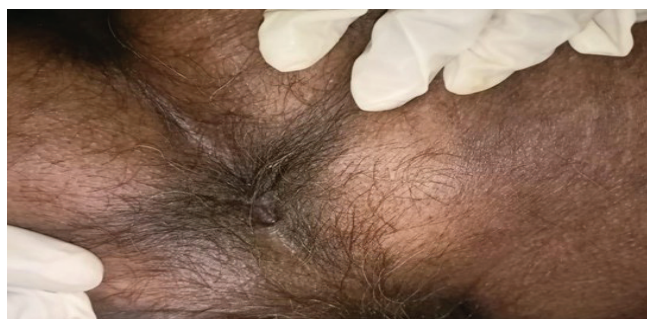
6. B. <i>Direction of cure</i> : did at least two of the following aspects apply to the order of Improvement of symptoms:  - from organs of more importance to those of less importance?  - from deeper to more superficial aspects of the individual?  - from the top downwards?	0		
7. Did "old symptoms" (defined as non-seasonal and non-cyclical symptoms that were previously thought to have resolved) reappear temporarily during the course of improvement?	0		
8. Are there alternate causes (other than the medicine) that-with a high probability - could have caused the improvement? (Consider known course of disease, other forms of treatment, and other clinically relevant interventions)	0		
9. Was the health improvement confirmed by any objective evidence? (e.g., laboratory test, clinical observation, etc.)	+2		
10. Did repeat dosing, if conducted, create similar clinical improvement?			
<b>Total</b>	<b>+7</b>		

TABLE 3: Figures

Fig A: Before treatment 20/3/24



Fig B: After treatment 26/5/24



## Discussion

One of the most prevalent proctologic diseases in the general population is haemorrhoidal illness. In this case, a patient with grade III haemorrhoids was treated with homoeopathic medicine. The remedy was suited to the patient, which gave him relief without complications. In acute cases, homoeopathy also offers great service. The haemorrhoidal symptoms score before treatment was 12, which reduced significantly to 3.

Medical administration of creams and suppositories can reduce irritation and pain but rarely give long-term relief. Major postoperative problems like pain, bleeding, and anal strictures are typically linked to operational haemorrhoidectomy, which can lead to a lengthy recovery period.

Various studies show that homoeopathy is effective in the treatment of haemorrhoids. In a study comparing the safety and effectiveness of individualised homoeopathic medicines (IHMs) and placebos, it was shown that IHMs were more effective than a placebo in the short-term management of haemorrhoids of grades I–III.<sup>12</sup>

Similarly, an open observational pilot study found that patients with haemorrhoids who received individualised homoeopathic treatment experienced significant improvements in both anoscopic scores and the severity of their symptoms.<sup>13</sup>

A case report claims homoeopathic medicine *Natrium muriaticum* was useful in treating a case of haemorrhoids when it was prescribed based on individualisation.<sup>14</sup>

The Modified Naranjo Criteria, a valid tool for assessing the likelihood of a causal relationship between a homoeopathic intervention and clinical outcome, showed a score of +7, which indicated that the patient's improvement may have been due to the homoeopathic treatment.

The strength of the study is that the patient did not take any laxatives or any other form of treatment other than homoeopathic treatment. The results of the treatment could be seen in a very short time within only a few months of treatment. No aggravations of symptoms were found. Apart from the main complaint, the low back ache was also reduced.



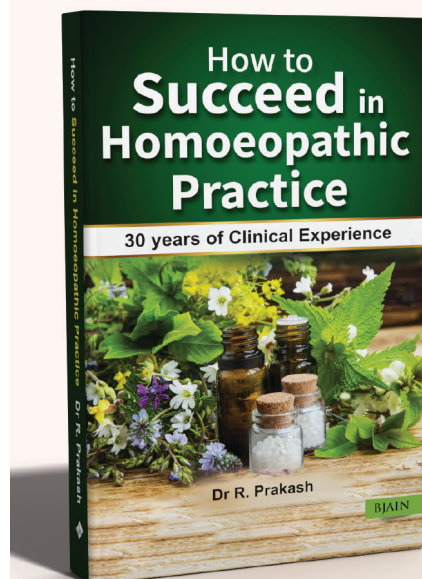
However, the limitation of this case is that the long-term effects are still unknown.

### CONCLUSION

This case study reveals a positive role of homoeopathic treatment in haemorrhoids. More case studies and well-designed controlled research should be done to confirm the findings, especially in the long run.

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## "How to Succeed in Homoeopathic Practice"

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# Exploring Nosodes as an Intercurrent Remedy in Homeopathic Practice

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## Keywords

Nosodes, Homeopathy, Intercurrent Remedy, Case Studies

## Abstract

Nosodes are homeopathic preparations derived from diseased tissue, microorganisms, pathological secretions, or cultures of bacteria and viruses. They play a significant role in homeopathy as intercurrent remedies, especially in chronic cases. This article explores the use of nosodes as an intercurrent remedy when well-defined remedies fail or become ineffective.

The introduction reviews the history, classification, uses, and indications of nosodes. The case studies presented demonstrate positive clinical outcomes, highlighting the importance of nosodes as an intercurrent remedy.

## Introduction

Homeopathy, founded by Dr. Samuel Hahnemann in the late 18th century, is a holistic system of medicine based on the principle of *Similia Similibus Curentur* (like cures like). Constantine Hering contributed significantly to the study of nosodes, demonstrating their potential as intercurrent remedies in acute and chronic diseases. He also emphasized their limitations when used in an *ideal* manner. These preparations should not be regarded as absolute specifics but as chronic intercurrent remedies that help activate the body's healing response.

Nosodes are curative only when administered

according to the totality of symptoms. A thorough symptom analysis can identify active miasms and indicate when an intercurrent nosode is required to remove obstructions to the cure or clarify the case picture.

## Classification of Nosodes

Nosodes can be classified based on their sphere of action and clinical application:

- **Basic Nosodes:** Psorinum, Tuberculinum, Bacillinum
- **Exanthem Nosodes:** Pertussin, Diphtherinum, Influenzinum
- **Isopathic Nosodes:** Streptococcinum, Pneumococcinum, Pyrogen
- **Intestinal/Bowel Nosodes:** Morgan, Bacillus No. 7
- **Autogenous Nosodes**

## Indications of Nosodes

Nosodes are used in the following scenarios:

1. As a constitutional remedy.
2. When well-chosen remedies fail to act.
3. In cases where symptoms are lacking or unclear.
4. For patients with a never-well-since syndrome.
5. When partial constitutional remedy pictures

- manifest without a complete fit.
- When the remedy is related to the genus disease.
  - As a homeopathic prophylaxis to prevent specific acute and chronic infectious diseases.
  - As an auto-nosode<sup>(1)</sup>
  - The nosode used when a miasmatic layer obstructs the progress of a constitutional remedy that was improving the patient, such nosode is called the miasmatic intercurrent. Suppose one has taken a patient whose symptoms point to an inherited pseudo-psoric miasm and the case works out to fit Pulsatilla perfectly. This is all very well as Pulsatilla is a strongly anti-tuberculin medicine as well as the individual's constitutional remedy. After several months of solid improvement, the patient begins to relapse with the same symptoms, and to one's great surprise, Pulsatilla no longer works. Although there is no change of symptoms calling for a new remedy, the old remedy has become completely ineffective. If the symptomatology shows a strong tubercular miasm in the background, the homeopath can try to unlock the case with a tubercular nosode, such as Tuberculinum.

Osteoarthritis

Osteoarthritis (OA) is a degenerative joint disease.<sup>(2)</sup>

Prevalence

The prevalence increases with age. Approximately 45% of individuals develop knee OA and 25% develop hip OA in their lifetime. In the UK, the lifetime risk of undergoing total hip or knee replacement for OA at age 50 is about 11% for women and 8% for men.<sup>(3)</sup>

Clinical Features

OA commonly affects elderly individuals, primarily involving major joints of the lower limbs. The knee joint is more frequently affected in populations with a habit of squatting and sitting cross-legged.

Symptoms include:

- Intermittent pain that progresses to a constant ache.
- Initially dull pain that worsens with movement and prolonged activity.
- Late-stage swelling due to synovial inflammation.
- Stiffness due to pain and muscle spasms.<sup>(2)</sup>

Case Studies

Case 1: Osteoarthritic Nosode as an Intercurrent in Knee Osteoarthritis

Case Details

A 59-year-old woman presented with bilateral knee pain for one year. The pain worsened with walking, sitting, and bending forward. She also reported cramps and stiffness in both calves. Her medical history included atrial septal defect and hypothyroidism.

Prescription:

- Aurum Metallicum* (single dose)
- Kalium Carbonicum* (BD for 15 days)

Follow-Ups

Follow-Up	Complaint Status	Prescription
1 <sup>st</sup> Follow-Up	No improvement	OAN 3 doses
Progress	Status quo	-
2 <sup>nd</sup> Follow-Up	Pain reduced	Kali Carbonicum 30 BD for 15 days
3 <sup>rd</sup> Follow-Up	Better	SL 30 TDS 15 days

Regular follow-ups demonstrated that using a nosode as an intercurrent remedy significantly improved the patient's condition.

Extrinsic Asthma

Asthma is a syndrome characterized by airflow obstruction that varies spontaneously and with treatment.

## Prevalence

Asthma is one of the most common chronic diseases worldwide, affecting approximately 300 million people. It affects 10–12% of adults and 15% of children. Most asthma patients in affluent countries exhibit allergic sensitization to house dust mites (*Dermatophagoides pteronyssinus*) and other environmental allergens, such as animal fur and pollen.

Asthma can present at any age, with peak occurrence around three years of age in childhood.

## Clinical Features

- Characteristic symptoms include wheezing, dyspnea, and coughing.
- Symptoms vary both spontaneously and with therapy.
- Symptoms may worsen at night, often causing early morning awakenings.
- Patients may report difficulty filling their lungs with air.
- Typical signs include inspiratory and expiratory rhonchi throughout the chest.
- Hyperinflation may also be present.<sup>(4)</sup>

## Case 2: Bacillinum Nosode as an Intercurrent Remedy in Extrinsic Asthma

### Case Details

A 35-year-old woman presented with chronic cold and dry cough. Her symptoms included morning sneezing, watery nasal discharge, and throat dryness aggravated by warm drinks and lemon water but relieved by Ayurvedic treatments. Her coughing worsened in closed rooms and while lying down but improved when sitting. She was diagnosed with asthma post-COVID-19 and experienced body aches while coughing.

## Prescription:

- *Bryonia Alba* (BD for 3 days)

## Follow-Ups

Follow-Up	Observation	Prescription
1st Follow-Up	No relief; disturbed sleep	
Progress	Status quo	—
2nd Follow-Up	Coughing decreased	Bryonia Alba 200 BD for 15 days

Subsequent follow-ups confirmed symptomatic relief following the use of *Bacillinum* as an intercurrent remedy.

## Future Research Directions

While nosodes have demonstrated efficacy as intercurrent remedies in homeopathy, further research is needed to explore their full constitutional potential.

## CONCLUSION

Nosodes, derived from disease pathogens, serve as essential intercurrent remedies in homeopathic practice, particularly in chronic cases. They help break miasmatic blocks, stimulate the body's healing response, and enhance therapeutic outcomes. However, their use requires precise case analysis, appropriate potency selection, and professional supervision to prevent unnecessary aggravations.

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# Management Of GERD By Individual Homeopathic Medicine– A Case Report

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## KEYWORD

Homoeopathy, Gastroesophageal reflux disease (GERD), Homeopathic Medicine, Case reports.

## Abstract

Gastroesophageal reflux disease (GERD) is a disorder of the upper digestive system, especially lower oesophageal disease. In this disease, gastric content refluxes into the lower esophagus, called gastroesophageal reflux. But when gastric contents are present prolonged time in the lower esophagus, they produce irritation and inflammation which produce esophagitis and various symptoms such as heartburn, noticeable regurgitation of gastric foods, dysphagia, water brush, epigastric pain, laryngitis, chronic cough, odynophagia, hoarseness, nausea, bloating and alarming symptoms like dysphagia with anorexia, dysphagia with weight loss, dysphagia with anaemia, faecal occult blood test positive. High prevalence of GERD is 10% to 28% in North America and between 10 and 20% in the Western world. Very Common medical management includes proton pump inhibitors (PPIs) and Antihistaminic drugs which help to reduce the secretion of gastric acid but if treatment fails with these medicines, then goes for surgery such as fundoplication with mixed prognosis.

Gastroesophageal reflux disease (GERD) is treated with homeopathic medicine. It is based on the totality of the symptoms of the patient along with

diet and regimen.

In the case study, a 40-year-old male patient has chief complaints of heartburn, regurgitation with epigastric pain, indigestion with flatulence, nausea, dysphagia, odynophagia, chronic cough with sore throat, and hoarseness. This patient was treated with individual homeopathic medicine with a specific diet and regimen and a proper reputation of medicine with observation of the case. There are use assessment parameters for the prognosis of the case and evaluation of the case was done on significant improvement of symptoms of GERD. The Modified Naranjo Criteria (MONARCH) is a powerful tool for homeopathy. This helps make sure that the relationship between the homeopathic remedy and the patient's improvement is evaluated. In this case report, a MONARCH score of +9 (on a scale of -6 to +13) indicates a strong improvement in the patient. In this case, we found a significant improvement in the symptoms. Using homeopathic medicine along with diet and routine resulted in significant improvement in the symptoms of GERD.

## Introduction

Gastroesophageal reflux disease (GERD) is also called gastro-oesophageal reflux disease (GORD).<sup>1</sup> It is a chronic upper digestive system disease. There is abnormal reflux of gastric foods in the lower esophagus which produces inflammation and irritation of the mucosa of the esophagus



and produces mucosal damage.<sup>1,6,7</sup> High prevalence of GERD is 10% to 28% in North America and between 10 and 20% in the Western world.<sup>1,8</sup> Gastroesophageal reflux disease (GERD) is a clinical condition that presents the following symptoms heartburn, noticeable regurgitation of gastric foods, dysphagia, water brush, epigastric pain, chronic cough, odynophagia, hoarseness, nausea, bloating.<sup>1,9,10</sup> There are also alarming symptoms with help to diagnose and management of diseases like dysphagia with anorexia, dysphagia with weight loss, dysphagia with anaemia, and fecal occult blood test positive.<sup>4</sup> the diagnosis of GERD with clinical symptoms and investigation like upper endoscopy, pH monitoring, and manometry.<sup>4</sup>

Gastroesophageal reflux disease (GERD) is a chronic digestive problem. Long-term treatment with diet and lifestyle modification is required. In the modern medical system, proton pump inhibitors and antihistaminic drugs help to reduce the formation of gastric acid. But when this medicinal treatment fails, the patient requires surgical treatment. A very common surgery is fundoplication, which has a mixed prognosis and causes various types of side effects and complications.

The homeopathic mode of treatment of GERD aims to reduce the severity of symptoms. it is effective on GERD, works on the root causes, and helps to reduce long-term digestive health with no side effects.<sup>17,18</sup> The Homoeopathic mode of treatment is a type of holistic and individual nature of treatment it suitable for chronic diseases like GERD. In homeopathy, GERD is often linked to the body's constitutional tendencies, stress levels, dietary habits, and emotional well-being, with treatment focusing on individualization.<sup>17,18</sup>

## CASE PRESENTATION

In the case study, a 40-year-old male patient has chief complaints of heartburn, regurgitation with epigastric pain, indigestion with flatulence, nausea, dysphagia, odynophagia, chronic cough with sore throat, and hoarseness for 1 year, visited OPD (17/12/2023) of Ram Krishna College of Homeopathy and Medical Science Bhopal M.P for homeopathic Treatment. He was working in a private college. He had a history of eating too much oil,

eating spicy and fast foods, drinking coffee and cold drinks, and chewing tobacco.

## Medical History

- No major illness
- He is taking PPIs and Antihistamine drugs for GERD
- No history of surgery in the past

## Family History

- The father is suffering from hypertension
- Mother is suffering from thyroid problems with hypertension

## Patient as a Person

- Appetite - Good
- Thirst - Good
- Craving - Spicy foods
- Aversion - food
- Sleep - Disturbed due to GERD symptoms
- Bowel habits - Regular, soft, once/day, sometimes hard stool
- Urine - 4 -5 times /day, once at night
- Allergy - Nil
- Addiction - Tea, Coffee, cold drink

## Clinical Finding

### General Physical Examination

- Pulse - 80/min, regular.
- Temperature - Afebrile during case taking
- Resp. rate - 16/min
- B. P - 120/82 mm of Hg.
- Weight - 63 kg

**Systemic Examination:** NAD (No Abnormality Detected)

**Diagnostic Assessment:** Diagnosis is based on clinical signs and symptoms with physical examination

**Therapeutic Timeline** This case study had treated with individualized homeopathic medicine with proper observation. After explaining the treatment, appropriate case-taking, counseling, and written informed consent were recorded.

## Material And Method

### Parameters for assessment with Gradation

10 parameters were evaluated before, during, and after treatment of GERD, using appropriate 0-3 score gradations. All these parameters and gradations were applied to the therapeutic evaluation of GERD. The medicines were obtained from the Medicine pharmacy of Ram Krishna College of Homeopathy and Medical Science Bhopal M.P All symptoms will be evaluated according to the response to the homeopathic medicine, which will be recorded as the percentage of relief in symptoms.

#### 1. Heartburn

- Grade 0: Never
- Grade 1: Occasional
- Grade 2: Frequent
- Grade 3: Daily

#### 2. Regurgitation

- Grade 0: Never
- Grade 1: Occasional
- Grade 2: Frequent
- Grade 3: Daily

#### 3. Epigastric Pain

- Grade 0: Never
- Grade 1: Occasional
- Grade 2: Frequent
- Grade 3: Daily

#### 4. Nausea

- Grade 0: Never
- Grade 1: Occasional
- Grade 2: Frequent
- Grade 3: Daily

#### 5. Impact on Sleep

- Grade 0: Never

- Grade 1: Occasional
- Grade 2: Frequent
- Grade 3: Daily

#### 6. Dysphagia

- Grade 0: None (No difficulty swallowing)
- Grade 1: Mild (Occasionally difficult)
- Grade 2: Moderate (Frequent, impacts eating habits)
- Grade 3: Severe (Severe, unable to swallow certain foods)

#### 7. Odynophagia

- Grade 0: None (No pain when swallowing)
- Grade 1: Mild (Mild discomfort)
- Grade 2: Moderate (Moderate pain, but can manage)
- Grade 3: Severe (Severe pain, significantly limits intake)

#### 8. Chronic Cough

- Grade 0: None (No cough)
- Grade 1: Mild (Occasional cough)
- Grade 2: Moderate (Persistent cough, bothersome)
- Grade 3: Severe (Severe, impacts sleep and daily life)

#### 9. Hoarseness

- Grade 0: None (Normal Voice)
- Grade 1: Mild (Mild hoarseness occasionally)
- Grade 2: Moderate (Noticeable hoarseness, persistent)
- Grade 3: Severe (Severe, impacts speech clarity)

#### 10. Sore Throat

- Grade 0: None (No soreness)
- Grade 1: Mild (Mild soreness, resolves quickly)
- Grade 2: Moderate (Moderate soreness, lasts hours)
- Grade 3: Severe (Severe, constant discomfort)

### Case Analysis and Repertorisation - According

to homeopathic low complete, the following case-taking was done. The following symptoms of the case were taken for repertorisation. The case was repertorised by stimulare V 2.5.2 Software and Repertory of J.T. Kent [Figure 1] and [Figure 2].

Figure - 1

S.No	Symptom	(Chapter)	(Book)
1	(058) COMPANY/desire for – Mind	KENT	
2	(245) IRRITABILITY (See Anger) – Mind	KENT	
3	(162) CONCENTRATION/difficult – Mind	KENT	
4	(008) APPETITE/alone when – Mind	KENT	
5	(003) DESIRE/fish – Stomach	KENT	
6	(011) DESIRE/highly seasoned food – Stomach	KENT	
7	(005) DESIRE/ice cream – Stomach	KENT	
8	(023) DESIRE/refreshing things – Stomach	KENT	
9	(030) DESIRE/salt things – Stomach	KENT	
10	(077) DESIRE/sour acids, etc. – Stomach	KENT	
11	(002) AVERSION to cereals – Stomach	KENT	
12	(003) AVERSION to drinks/warm – Stomach	KENT	
13	(030) AVERSION to milk – Stomach	KENT	
14	(008) TASTE/acid (See Sour)/bed/eating, after – Mouth	KENT	
15	(005) SALIVATION/afternoon – Mouth	KENT	
16	(206) SLEEPLESSNESS – Sleep	KENT	
17	(033) EATING/while – Perspiration	KENT	
18	(031) EATING/after – Perspiration	KENT	
19	(118) HEARTBURN – Stomach	KENT	
20	(005) HEARTBURN/night – Stomach	KENT	
21	(003) HEARTBURN/morning – Stomach	KENT	
22	(213) ERUCTIONS – Stomach	KENT	
23	(076) FULLNESS, sensation of/eating, after – Stomach	KENT	
24	(212) CONSTRICTION (See Inactivity) – Rectum	KENT	
25	(112) HAEMORRHOGE, internal – Rectum	KENT	
26	(063) DRY – Stool	KENT	
27	(164) HARD – Stool	KENT	

Figure - 2

Remedy(382)	1	2	3	4	5	6	7	8	9	0	1	2	3	4	5	6	7	8	9	0	1	2	Total (Marks/Tab)
PHOS	3	3	3	1	3	3	2	3	2	1	3	1	-	1	3	1	3	2	3	3	3	3	58/25
CALC	2	3	-	-	-	2	2	2	2	-	2	-	2	2	3	3	-	2	2	3	2	3	41/17
PULS	2	3	2	-	1	2	-	2	-	3	2	-	3	2	-	3	2	3	2	1	2	-	38/17
SULPH	-	3	2	-	3	-	1	2	-	2	-	3	3	2	1	3	2	3	2	3	-	-	38/16
NUXV	2	3	3	-	2	-	-	-	-	-	1	-	3	1	2	3	-	3	3	3	3	-	38/15
CARB-V	1	3	3	-	-	-	3	2	-	2	-	2	3	3	3	-	3	2	2	-	-	-	37/15
SEP	2	3	3	-	1	-	-	2	-	2	-	3	3	2	-	3	1	3	2	-	3	-	36/15
NAT-M	-	3	2	-	2	-	-	3	2	-	-	-	2	2	1	2	-	3	2	3	3	-	36/15
LYC	3	3	3	-	-	-	-	-	-	-	2	-	2	-	2	3	-	3	3	3	3	-	36/13
ARS	3	2	1	3	-	2	-	2	1	-	1	3	1	1	2	-	2	3	1	2	-	-	35/18
KALI-C	3	3	2	-	-	-	-	2	-	-	-	3	3	2	-	3	2	2	2	2	-	-	33/14
BRY	1	3	1	-	-	-	-	2	-	2	-	3	1	3	2	-	3	2	3	-	3	-	32/14
NET-AC	3	2	3	-	-	-	2	-	-	-	-	2	3	3	1	-	2	2	3	3	3	-	32/13
SIL	-	3	3	-	-	-	-	-	-	-	2	-	3	1	2	-	2	2	3	1	3	-	30/13
CONIUM	2	2	2	-	-	-	2	2	-	-	1	2	2	1	3	-	3	-	3	-	2	-	29/14
CARIN-S	-	3	3	-	-	-	-	1	-	-	1	-	2	3	3	1	-	3	1	2	-	3	29/13
VERAT	1	2	1	-	-	-	1	3	3	-	-	-	1	-	-	-	3	1	1	1	-	-	27/14
HEP	1	3	-	-	2	-	-	3	-	-	-	3	-	2	-	2	2	1	2	2	-	-	25/12
CRN	-	2	1	-	3	-	2	-	1	-	-	3	-	2	-	3	2	2	-	1	-	-	25/12
LACH	-	2	3	-	-	-	2	-	-	-	-	3	-	2	-	2	3	3	-	3	-	-	25/10
ARG-N	3	2	-	-	-	-	3	1	-	-	-	3	-	1	-	3	2	2	-	2	-	-	24/11
CAUST	1	1	1	-	-	-	2	-	-	-	2	2	2	-	2	1	2	-	-	-	-	-	24/11

Table .1 Follow-up evaluations

Date	Symptoms observed on follow-up	Prescription
17/12/2023 Second Visit	Heartburn Minimal Relief Regurgitation no relief Epigastric Pain Minimal Relief Nausea no relief Impact on Sleep no relief Dysphagia no relief Odynophagia no relief Chronic Cough no relief Hoarseness no relief Sore Throat no relief	Phosphorous 30 single dose Stat Followed by Rubrum 30/TDS for 14 days (6 globules at a time 30 size)
2/1/2024 Second Visit	Heartburn Mild Relief Regurgitation Mild Relief Epigastric Pain Mild Relief Nausea Mild Relief Impact on Sleep no relief Dysphagia no relief Odynophagia Mild Relief Chronic Cough Mild Relief Hoarseness Mild Relief Sore Throat Mild Relief	Phosphorous 30 single dose Stat Followed by Rubrum 30/TDS for 14 days (6 globules at a time 30 size)

17/1/24 Third Visit	Heartburn Moderate Relief Regurgitation Moderate Relief Epigastric Pain Moderate Relief Nausea Mild Relief Impact on Sleep Minimal Relief Dysphagia Mild Relief Odynophagia Mild Relief Chronic Cough Moderate Relief Hoarseness Mild Relief Sore Throat Moderate Relief	Phosphorous 30 single dose Stat Followed by Rubrum 30/TDS for 14 days (6 globules at a time 30 size)
1/2/24 Fourth Visit	Heartburn Moderate Relief Regurgitation Moderate Relief Epigastric Pain Moderate Relief Nausea Absent Impact on Sleep Moderate Relief Dysphagia Moderate Relief Odynophagia Moderate Relief Chronic Cough Moderate Relief Hoarseness Minimal Relief Sore Throat Moderate Relief	Phosphorous 30 single dose Stat Followed by Rubrum 30/TDS for 14 days (6 globules at a time 30 size)
16/2/24 Fifth Visit	Heartburn Moderate Relief Regurgitation Moderate Relief Epigastric Pain Moderate Relief Nausea Absent Impact on Sleep Moderate Relief Dysphagia Moderate Relief Odynophagia Moderate Relief Chronic Cough Moderate Relief Hoarseness Minimal Relief Sore Throat Moderate Relief	Phosphorous 30 single dose Stat Followed by Rubrum 30/TDS for 14 days (6 globules at a time 30 size)
2/3/24 Sixth Visit	Heartburn Near Complete Relief Regurgitation Near Complete Relief Epigastric Pain Near Complete Relief Nausea Absent Impact on Sleep Near Complete Relief Dysphagia Near Complete Relief Odynophagia Near Complete Relief Chronic Cough Near Complete Relief Hoarseness Moderate Relief Sore Throat Near Complete Relief	Phosphorous 30 single dose Stat Followed by Rubrum 30/TDS for 14 days (6 globules at a time 30 size)
16/3/24 Seventh Visit	Heartburn Absent Regurgitation Absent Epigastric Pain Absent Nausea Absent Impact on Sleep Complete Relief Dysphagia Absent Odynophagia Absent Chronic Cough Absent Hoarseness Near Complete Relief Sore Throat Near Complete Relief	Placebo 15 drops in 30 ml of water twice dai- ly before meals for 14 days Rubrum 30/TDS for 14 days (6 globules at a time 30 size)
30/3/24 Eighth Visit	Heartburn Absent Regurgitation Absent Epigastric Pain Absent Nausea Absent Impact on Sleep Complete Relief Dysphagia Absent Odynophagia Absent Chronic Cough Absent Hoarseness Complete Relief Sore Throat Complete Relief  (Shown in Table 2)	Placebo 15 drops in 30 ml of water twice dai- ly before meals for 30 days Rubrum 30/TDS for 30 days (6 globules at a time 30 size)



30/4/24 Ninth Visit	Relief in All Symptoms The patient is stable	Placebo 15 drops in 30 ml of water twice daily before meals for 30 days Rubrum 30/TDS for 30 days (6 globules at a time 30 size)
30/5/24 Tenth Visit	Relief in All Symptoms Patient stable	Placebo 15 drops in 30 ml of water twice daily before meals for 30 days Rubrum 30/TDS for 30 days (6 globules at a time 30 size)
30/6/24 Eleventh Visit	Relief in All Symptoms Patient stable No episodes of headache	No Medicine

**Table 2 - Before and After Homoeopathic Treatment of Migraine**

S.No.	Parameter	Before Homeopathic Treatment	After Homoeopathic Treatment
1.	Heartburn	3	0
2.	Regurgitation	3	0
3.	Epigastric Pain	1	0
4.	Nausea	1	0
5.	Impact on Sleep	1	0
6.	Dysphagia	2	0
7.	Odynophagia	1	0
8.	Chronic Cough	2	0
9.	Hoarseness	2	0
10.	Sore Throat	2	0
	Total	18	0

**Table 3 - Assessment of outcome of treatment by Modified Naranjo Criteria for Homeopathy**

Domains	Yes	No	Not sure or N/A
1. Was there an improvement in the main symptom or condition for which the homeopathic medicine was prescribed?	+2		
2. Did the clinical improvement occur within a plausible timeframe relative to the drug intake?	+1		
3. Was there an initial aggravation of symptoms?		0	
4. Did the effect encompass more than the main symptom or condition (i.e., were other symptoms ultimately improved or changed)?	+1		
5. Did overall well-being improve? (suggest using validated scale)	+1		
6. A Direction of cure: did some symptoms improve in the opposite order of the development of symptoms of the disease?			0
6. BDirection of cure: did at least two of the following aspects apply to the order of improvement of symptoms: –from organs of more importance to those of less importance? –from deeper to more superficial aspects of the individual? –from the top downwards?			0
7. Did “old symptoms” (defined as non-seasonal and non-cyclical symptoms that were previously thought to have resolved) reappear temporarily during the course of improvement?		0	

8. Are there alternate causes (other than the medicine) that—with a high probability— could have caused the improvement? (Consider known course of disease, other forms of treatment, and other clinically relevant interventions)		+1	
9. Was the health improvement confirmed by any objective evidence? (e.g., laboratory test, clinical observation, etc.)	+2		
10. Did repeat dosing, if conducted, create similar clinical improvement?	+1		

**Note: Maximum score= +13, Minimum score= -6**

**There is a total score = +9**

DISCUSSION

Gastroesophageal reflux disease (GERD) is a disease of the upper digestive tract. This is a very common type of disorder of the digestive system. It mainly arises due to diet and lifestyle-related disorders. Diet and lifestyle have a very important role in the etiology and management of gastroesophageal reflux disease (GERD). The homeopathic system is a holistic system of treatment that treats the patient as a whole, not the disease. In the homeopathic system, homeopathic medicine can be selected based on the totality of the patient's symptoms. In this case report, a patient clinically diagnosed as a case of gastroesophageal reflux disease (GERD) was treated with individual homeopathic medicine Phosphorus, selected by the totality of symptoms and proper repertorization. In this, 10 parameters were observed which included heartburn, vomiting, upper abdominal pain, absence of nausea, effect on sleep, dysphagia, odynophagia, chronic cough, hoarseness, and sore throat. Evaluation of treatment was done by the prognosis of the case. This homeopathic medicine provided significant relief in symptoms of Gastroesophageal reflux disease (GERD). In this case report, the total outcome score as per Modified Naranjo Criteria was +9, close to the maximum score of +13. That indicates there is a significant relation between the treatment of gastroesophageal reflux disease by homeopathic medicine and outcome score as per Modified Naranjo Criteria [Table 3].

CONCLUSION

Gastroesophageal reflux disease (GERD) is a prevalent disorder of the upper digestive tract, significantly influenced by dietary and lifestyle factors. Effective management requires a holistic

approach to address the underlying causes and symptoms. The homeopathic system, with its patient-centric methodology, provides a promising alternative for treating GERD by focusing on the totality of symptoms.

In this case report, a patient with clinically diagnosed GERD was successfully treated with Phosphorus, selected based on detailed repertorization and the totality of symptoms. The evaluation of treatment was based on 10 key parameters, including heartburn, regurgitation, epigastric pain, nausea, impact on sleep, dysphagia, odynophagia, chronic cough, hoarseness, and sore throat. The outcomes demonstrated a significant reduction in symptoms, with the total score dropping from 18 (before treatment) to 0 (after treatment).

The Modified Naranjo Criteria score of +9 further highlights a strong causal relationship between the homeopathic treatment and symptom resolution. Repertorization revealed that Phosphorus was the most suitable remedy, covering 59 symptoms out of 25 key rubrics, followed by Calcarea carbonica, Pulsatilla, Sulphur, and Nux vomica.

This case underscores the efficacy of individualized homeopathic treatment in managing GERD. It also emphasizes the need for further research to explore the potential of homeopathy as a complementary approach to conventional treatment strategies for GERD.

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**Authors contribution:** All authors contributed equally to the design and execution of the article.

**Patient perspective:** The patient was satisfied during and after the homeopathic treatment.

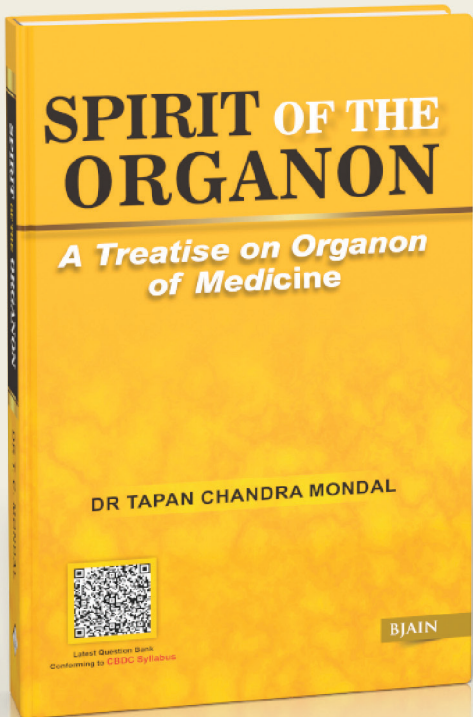
**Informed consent:** The consent to publish the information obtained from the patient.


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# Homoeopathic Treatment of External Hordeolum Using Boenninghausen's Hexameter Method- A Case Report

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## Keywords

*Boenninghausen, External Hordeolum, Hexameter, Mercurius solubilis, Quid, Ubi.*

## Abstract

The *External Hordeolum* (common sty) is an inflammatory disease caused by an acute staphylococcal infection of the glands of *Zeis* and *Moll* within the margin of the eyelid. Boenninghausen's Hexameter contains 7 axioms which plays a very important role in the selection of Homoeopathic remedies. A 26-year-old female patient presenting with swelling in the left lower eyelid was treated using the Homoeopathic remedy *Mercurius Solubilis 30* through the principles of *Boenninghausen's Hexameter*, particularly focusing on the axioms that are present in the case, of *Quid* (peculiar pathology/sensation) and *Ubi* (location of the disease), This conceptual foundation underscores the relevance of the *Boenninghausen's Hexameter* and its application in clinical practice.

## Introduction

A sty, medically known as external hordeolum, represents one of the most common inflammatory disorders affecting the eyelids. It is typically caused by an infection or blockage in the meibomian glands or the glands of Zeis. <sup>[1]</sup>Patients frequently manage this condition at home with self-medication or natural remedies, but improper care can lead to persistent inflammation, chronic conditions, or cosmetic concerns. Although styes are generally self-limiting, resolving within a week, they are associated with notable discomfort,

redness, and swelling, which can cause considerable distress to patients<sup>[2]</sup>.

Homoeopathy offers effective treatment options for styes, enabling rapid symptom resolution and addressing the underlying predisposition toward recurrent infections. Boenninghausen's Hexameter provides a structured framework for the selection of a similimum, emphasizing characteristic symptoms such as peculiar sensations (*Quid*) and specific locations (*Ubi*) of the disease. These elements, combined with a systematic repertorization process, ensure precise remedy selection.<sup>[3]</sup>

This report explores the effectiveness of *Mercurius Solubilis 30* in treating an acute case of external hordeolum and demonstrates the practical application of Boenninghausen's Hexameter

## CASE REPORT

A 26-year-old female patient (Mrs. HS) presented with swelling in the left lower eyelid, persisting for two days. The condition was clinically diagnosed as an external hordeolum (sty). The patient experienced discomfort and mild cosmetic concern.

The treatment plan involved repertorization using BCCR and Kent's Repertory, considering the location and sensation of the sty. Based on the selected rubrics, *Mercurius Solubilis 30* was prescribed.

## Analysis and Evaluation

The analysis followed Boenninghausen's method, focusing on the peculiar sensation of swelling



(Quid) and the precise location of the disease (Ubi). The following rubrics were selected for repertorization:

[BBCR] [Eyes] Eyelids: Swelling: Lower: Left

[Kent] [Eyes] Swollen: Lids: Lower lids: Left

Based on these findings, *Mercurius Solubilis* 30 emerged as the most appropriate remedy.

## Repertorization Tools

**Boger Boenninghausen's Characteristics and Repertory (BBCR):** Used for identifying significant rubrics that align with Quid and Ubi <sup>[4]</sup>.

**Kent's Repertory:** Applied to cross-reference and validate selected rubrics, ensuring the choice of the most appropriate remedy<sup>[5]</sup>

Selected Rubrics and Remedies:

[BBCR] EYES – Eyelids: swelling: lower: left: Calc; Colch; Lyc; Merc, Sep

[KENT] EYE- Swollen: lids: lower lids: left: Calc; Merc

Remedy confirmed: *Mercurius solubilis*

**Prescription:** *Mercurius Solubilis* 30: Single dose, administered stat.

## Assessment Method

The resolution of symptoms was evaluated through visual evidence (pre- and post-treatment photographs) and patient-reported outcomes within 24 hours

The successful treatment of the external hordeolum in this case underscores the efficacy of homeopathic intervention, particularly through using the Boenninghausen's Hexameter method. This methodical approach facilitates a comprehensive understanding of the patient's condition, ensuring precise remedy selection<sup>[6]</sup>.

## Boenninghausen's Hexameter in Clinical Practice

Boenninghausen's Hexameter comprises seven investigative elements:

1. Quis (Who?): Considers the patient's individuality, including age, gender, constitution, and temperament.
2. Quid (What?): Examines the peculiar pathology and sensations associated with the disease.
3. Ubi (Where?): Identifies the exact location of the disease.
4. Quibus Auxiliis (With What?): Looks at concomitant symptoms and associated factors.
5. Cur (Why?): Investigates the cause of the disease.
6. Quomodo (How?): Assesses the modalities, or factors that modify the symptoms.
7. Quando (When?): Considers the time modalities, such as the onset and periodicity of symptoms.

In this case, emphasis was placed on Quid and Ubi, focusing on the peculiar sensation of swelling and the specific location at the left lower eyelid. Since there was no particular cause (Cur), modalities (Quomodo) and time affections (Quando), other axioms of the Boenninghausen's Hexameter were not applicable in this case. This targeted approach aligns with Boenninghausen's methodology, which advocates for a systematic and comprehensive evaluation of symptoms to identify the similimum <sup>[6]</sup>.

## Rubric Analysis

BBCR Repertory was used to find the similimum with the help of a single Rubric that covers both axioms: Quid and Ubi.

The Rubric was:

[BBCR] EYES – Eyelids: swelling: lower: left: Calc; Colch; Lyc; Merc; Sep

The Rubric was verified using Kent's Repertory to arrive at a proper similimum. The Rubric was:

[KENT] EYE- Swollen: lids: lower lids: left: Calc; Merc

The selected remedy, *Mercurius Solubilis*, matched the patient's symptoms and provided rapid relief.

Efficacy of Mercurius Solubilis in Treating Styes:

*Mercurius Solubilis* is recognized in homoeopathic literature for its effectiveness in treating suppurative conditions, including styes. Its therapeutic action is particularly noted in cases presenting with:

- Suppuration: Tendency toward pus formation.
- Swelling and Redness: Marked inflammation

of the affected area.

Sensitivity: Increased sensitivity to touch and temperature changes<sup>[7]</sup>.

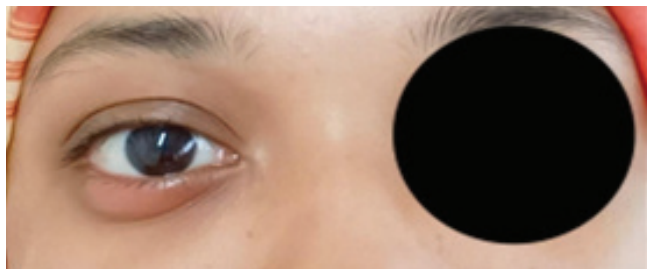
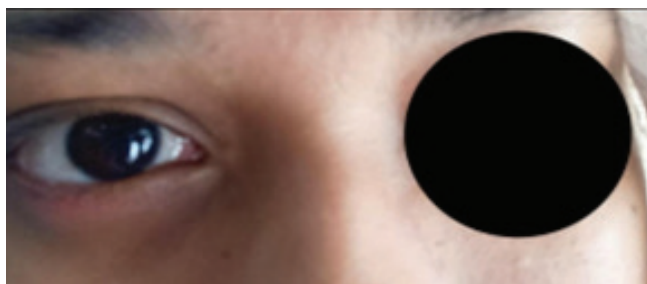
The selection of *Mercurius Solubilis* in this instance was corroborated by its alignment with the patient's specific symptoms, leading to rapid amelioration. This outcome is consistent with clinical observations where *Mercurius Solubilis* has been employed successfully in similar cases <sup>[8]</sup>.

Table-1: Assessment of outcome of the patient after treatment with Modified Naranjo Criteria for Homoeopathy (MONARACH)

Domains	Yes	No	Not sure	Explanation
1. Was there an improvement in the main symptom or condition for which the homoeopathic medicine was prescribed?	+2			Swelling and discomfort resolved completely within 24 hours
2. Did the clinical improvement occur within a plausible timeframe relative to the medicine intake?	+1			Improvement was observed within 24 hours of administering <i>Mercurius Solubilis</i> 30
3. Was there an initial aggravation of symptoms?		0		No aggravation was reported by the patient after taking the remedy
4. Did the effect encompass more than the main symptom or condition (i.e., were other symptoms ultimately improved or changed)?	+1	0		The patient was anxious about her looks which was resolved along with the complaint
5. Did overall well-being improve? (e.g., physical, emotional, and behavioral elements)	+1			The Patient regained her confidence once her cosmetic problem was resolved.
6. A Did some symptoms improve in the opposite order of development of symptoms of the disease?		0		No symptoms improved in reverse chronological order
6. B Did the direction of cure adhere to the concept of improvement from more important to less important organs?		0		No evidence in this case suggested hierarchical organ improvement
7. Did “old symptoms” reappear temporarily during the course of improvement?		0		No recurrence of old symptoms was observed
8. Are there alternative causes that could explain the improvement?		+1		No alternative causes, such as other treatments, could account for the improvement
9. Was the health improvement confirmed by objective evidence?	+2			Improvement was documented through pre- and post-treatment photographs of the patient.
10. Did repeat dosing, if conducted, create similar clinical improvement?		0		No repeat dosing was required, but the outcome aligns with expected remedy behavior

Total Score: +8

The scoring (Table-1) system helped validate the effectiveness of *Mercurius Solubilis* 30 as the similimum for the patient’s condition

**Figure- 1: Before Treatment (05/05/2023,11:30 am)****Figure- 2: After Treatment (06/05/2023,11:53 am)**

## Results

Within 24 hours of administering *Mercurius Solubilis* 30, the patient reported a significant reduction in swelling and discomfort. Photographic evidence corroborated these observations, showing near-complete resolution of swelling (Figure-2)

## Discussion

This case report involves a single patient treated at the Author's Private Clinic. The patient's condition was documented with clinical observations, patient history, and photographic evidence before and after treatment

The application of Boenninghausen's Hexameter exemplifies the integration of classical homoeopathic principles in modern clinical practice. By systematically evaluating the patient's symptoms through this framework, practitioners can achieve a holistic understanding of the case, facilitating precise remedy selection. This method not only addresses the presenting complaint but also considers the patient's overall constitution and predispositions, promoting comprehensive healing.

## CONCLUSION

This case exemplifies the practical application of Boenninghausen's Hexameter in clinical practice.

By systematically analyzing Quid and Ubi, the similitum—*Mercurius Solubilis* 30—was identified and successfully resolved the patient's condition within 24 hours. Since there was no particular cause (Cur), modalities (Quomodo) and time affections (Quando), other axioms of the Boenninghausen's Hexameter were not applicable in this case. There was no recurrence of the similar complaint reported by the patient till date. This approach highlights the efficacy of homoeopathy in managing various conditions, offering patients rapid relief with minimal intervention

## Declaration of patient's consent

The author declared that they have patient consent. The patient had consented for her images and other clinical information to be reported in the journal. The patient understands that her name and initials will not be published, and due efforts will be made to conceal her identity, but anonymity cannot be guaranteed

## Acknowledgments

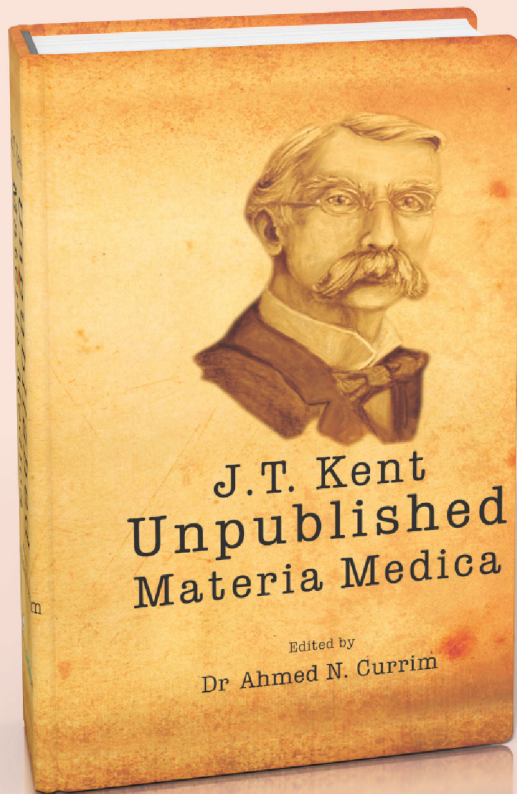
I express my heartfelt gratitude to late Dr. Rita Chakraborty (HOD, Department of Repertory) for her expert guidance and support throughout this case. Special thanks to Dr. Manish Tiwari (Assistant Professor, Department of Repertory) for his valuable inputs in repertorization and remedy confirmation.

**Conflict of interest:** The author declares that there is no conflict of interest.

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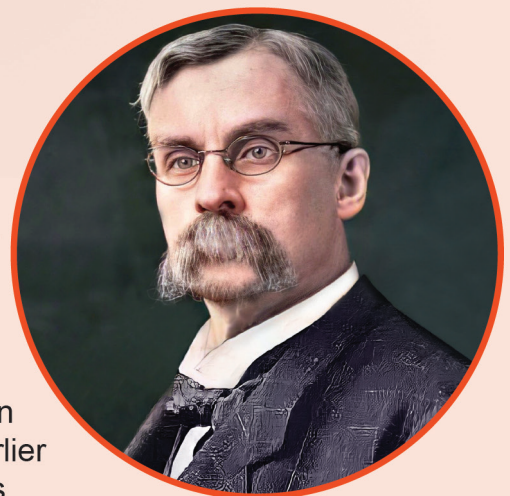
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# J. T. Kent Unpublished Materia Medica

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- New drug pictures of many of the regular well-known remedies, not known to the homoeopathic world earlier widen the reader's understanding of these remedies



**James Tyler Kent**



# Utility Of *Carcinosinum* In Palmoplantar Psoriasis [Ppp] Of Young Adult- A Case Report

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## Keywords

*Carcinosium*, Homoeopathy, Palmoplantar Psoriasis, Pediatrics

## Abstract

### Background -

Palmoplantar psoriasis is autoimmune disease presenting chronic inflammation characterized with silvery scale covered, thickened erythematous plaques which are evidently seen among the pediatric age group in 1 to 3%. It is evidently been observed that inflammatory marker have a role in pathogenesis in psoriasis patients.

### Case Report -

11 Yrs. boy presented with complaint of Chronic itching, erythematous papular eruptions, and cracks localized on the soles of the feet which was approximately 3x3 cm and according to the totality of the symptom considering mental and physical symptoms *Carcinosinum* was prescribed which consequently showed improvement within 8 months in the patient. The outcome to the treatment was evaluated by using Modified Naranjo Criteria for Homoeopathy [MONARCH] where it was observed to be +11 which suggested clinical improvement in PPP with the help of Homoeopathy.

## Introduction

Psoriasis is a chronic inflammatory disease of the

skin with silvery scale-covered, thickened, well-defined erythematous plaques and it leads to abnormal immune responses, keratinocyte proliferation, and angiogenesis <sup>(1)</sup>.

Palmoplantar psoriasis affects the palmar surface of the hands and the plantar surface of the feet. The incidence among children is around 1 to 3% <sup>(1)</sup>. The involvement of both palms and soles is described as palmoplantar psoriasis, but there is indeed variation because both are involved in 59 percent of the cases, while palmar psoriasis is seen in 21 percent and Plantar Psoriasis is seen in 20 percent of the patients<sup>(3)</sup>.

It is a papulosquamous skin disease occurring at any age which may cause burden to the affected individual which may also include psoriatic arthritis, depression, cardio metabolic disease <sup>(4)</sup>.

Immunological study shows IL -17 and IL -23 are the key drivers of psoriasis pathogenesis.

This condition has both hereditary, environmental factors, which also affect social functioning <sup>(5)(8)</sup>.

Genetics of Psoriasis is complex; this gene involves antigen presentation, T Cell receptor development and polarization, and the nuclear factor  $\kappa\beta$  (NF- $\kappa\beta$ ) pathway has been identified <sup>(6)</sup>.

Characteristics of Palmoplantar Psoriasis: <sup>[9]</sup>

1. Thick, scaly plaques
2. Pitting or cracking

3. Hyperkeratosis
4. Fissuring
5. Erythema

Pain , tenderness , itching discomfort which may affect quality of life Pain and discomfort in daily activities, emotional distress , social isolation<sup>(11)</sup>.

Topical therapy, phototherapy, and oral medicines constitute only palliative relief, Corticosteroid for reducing inflammation and scaling, Vitamin D used for to slow down skin cell growth and reduce scaling, Salicylic acid to reduce inflammation and scale formation; Common side effects include irritation, skin thinning, and skin drying

## ROLE OF HOMOEOPATHY IN PPP

Case report of Dr. G R Kiranmayee Rompicherla Who treated the case of PPP for a year, where acute exacerbations of the symptom was treated with *Merc sol 200* where in consequent follow up potency was increased, as complaints were reduced but repeated exacerbations were seen in such case constitutional medicine which may be from animal, plant, mineral also surprisingly nosodes can be prescribed here in this case author has prescribed plant based remedy i.e *Pulsatila 200*, but due to mild recurrence patient was prescribed with *Psorinum 200*. With a view Nosodes has a great role in cure of the patient.

Homeopathic view in plantar psoriasis with treatment by using Nosodes as a patient is cured as a whole where we look into both mental and physical well-being of the patient<sup>(2)</sup>.

Considering the patient as whole and its multifactorial causation including chronicity of the complaints, the patient is approached with a holistic and individualization for treatment of psoriasis.

Evaluation of homeopathic drug in psoriasis it include group of remedies which are *Arsenic Album* , *Tuberculinum* , *Kali Arsenicosum* , *Psorinum* , *Sepia* , *Sulphur* , *Thyroidinum* , *Opium* , *Nux Vomica* , *natrum Muriaticum* , *carcinosisinum* , *sulphur* , *graphites* , *mercurius sol*<sup>(4)</sup>.

The presented case is of PPP which has been managed with individualized homeopathic medicine

which has a beneficial role in treating the PPP.

## CASE HISTORY

This case explores the progression of a long-standing skin condition in an 11-year-old boy with a history of skin eruptions, associated itching, and irritability.

## Presenting Complaints

LOCATION	SENSATION	MODALITIES	CONCOMITANTS
Integumentary system	Started after small wound to Right leg at age 3yrs; wound++ didn't heal for 1year	Consulted Ayurvedic Physician & Dermatologist- No Relief	No any
Skin			
Right sole		<Dust	
Left sole		< Night	
B/L Nail-beds of Hands	Initially only itching of soles, later developed papular eruptions++ and cracks in feet.	<Applying water++	
More on left than right		<Winter	
Started at age 3-4 years	At present- Plaques with irregular margins++	>Summer++	
	Approximately 3x3 cm		
	Redness++		
	Itching++		
	Occasional bleeding after scratching++		

## Past Medical History

- Full term normal delivery (FTND).
- No significant past medical history aside from the chronic skin condition.

## Family History

- Father suffering from hypertension under treatment
- Paternal grandmother suffering from Type2 DM under treatment.

## Personal History

- Appetite: Reduced.
- Thirst: Reduced, approximately 1-1.5 liters per day.
- Desire: Craving for spicy foods++ and chicken++
- Aversion: milk++ and eggs++
- Thermally: Ambithermal
- Perspiration: Scanty++
- Sleep: Normal, 6-7 hours sound sleep with vivid dreams which makes him get up.

## MENTAL SYMPTOMS

The patient is described as a joyful and social child and loves to take good care of his younger brother. He has a very hectic schedule of school and he has been studying in military school since the age of 5 years. His family expects to get good results though he faces significant stress due to academic pressures. He exhibits a high degree of responsibility++, frequently suppresses emotions++, and is sensitive to criticism++. Notably, he is irritable under stress and experiences crying spells in response to anger+++. He harbors fears of darkness and heights.

He is fastidious regarding cleanliness+++ and also loves playing with animals.

He himself told the family member to get treatment for skin complaints as in summers itching is less.

## Local Examination

Right sole	Right palm	Left sole	Left palm
Plaques with irregular margins++ Approximately 3x3 cm	Nailbed of right palm affected	papular eruptions and cracks in feet.  Plaques with irregular margins++ Approximately 3x3 cm	Nailbed of left palm affected

## ANALYSIS OF CASE

1.MENTAL GENERAL CHARACTERISTICS	<ul style="list-style-type: none"> <li>• Fastidious for cleanliness+++</li> <li>• Fear of dark</li> <li>• Fear of heights</li> <li>• Loves animals</li> <li>• Precocity in children++</li> <li>• Responsibility taking++</li> <li>• Sensitivity to criticism++</li> <li>• Weeps during anger+++</li> </ul>
MENTAL GENERAL COMMON	<ul style="list-style-type: none"> <li>• Irritability due to academic stress</li> </ul>
PHYSICAL GENERAL CHARACTERISTICS	<ul style="list-style-type: none"> <li>• Desire for chicken++</li> <li>• Desire for spicy food++</li> <li>• Aversion for egg++</li> <li>• Aversion for milk++</li> <li>• Wound heal slowly++</li> </ul>
PARTICULAR CHARACTERISTICS	<ul style="list-style-type: none"> <li>• Skin of palm and sole itching++</li> <li>• Skin of palm and sole eruption</li> <li>• Skin complaint aggravated by applying water++</li> <li>• Perspiration is scanty++</li> <li>• Bleeding on scratching++</li> </ul>

## Evaluation Of Symptoms

GRADE 1	GRADE 2	GRADE 3
<ul style="list-style-type: none"> <li>• Fastidious for cleanliness</li> <li>• Weeps during anger</li> </ul>	<ul style="list-style-type: none"> <li>• Precocity in children</li> <li>• Responsibility taking</li> <li>• Sensitivity to criticism</li> <li>• Desire for chicken</li> <li>• Desire for spicy food</li> <li>• Aversion for egg</li> <li>• Aversion for milk</li> <li>• Skin of palm and sole itching</li> <li>• Skin complaint aggravated by applying water</li> <li>• Perspiration is scanty</li> <li>• Wound heal slowly</li> <li>• Bleeding on scratching</li> </ul>	<ul style="list-style-type: none"> <li>• Fear of dark</li> <li>• Fear of heights</li> <li>• Loves animals</li> <li>• Irritability due to academic stress</li> <li>• Skin of palm and sole eruption</li> </ul>

## Totality Of Symptoms

1. Fastidious for cleanliness +++
2. Fear of dark.
3. Fear of heights.
4. Sensitivity to criticism (++)
5. Responsibility taking (++)
6. Precocity in children (++)
7. Weeps during anger (+++).
8. Loves animals
9. Irritability due to academic stress.
10. Desire for chicken (++)
11. Desire for spicy food (++)
12. Aversion for egg (++)
13. Aversion for milk (++)
14. Perspiration is scanty (++)
15. Wound heals slowly (++)
16. Skin of palm and sole itching (++)
17. Skin of palm and sole eruption.
18. Skin complaint aggravated by applying water (++)
19. Bleeding on scratching [++]

## Repertorial Totality

1. MIND - Fastidious for cleanliness
2. MIND - Fear of dark
3. MIND - Fear high places of
4. MIND - Loves animals
5. MIND - Precocity of children
6. MIND - Responsibility taking responsibility too seriously
7. MIND - Sensitive to criticism
8. MIND - Weeping anger

9. PERSPIRATION - Scanty sweat
10. SKIN - Eruptions psoriasis
11. SKIN - Itching
12. SKIN - Washing aggravation
13. GENERALS - Weather Hot
14. GENERALS - Food and drinks chicken desire
15. GENERALS - Food and drinks eggs aversion
16. GENERALS - Food and drinks milk aversion
17. GENERALS - Food and drinks spices desire
18. GENERALS - Wound heal tendency slowly

## Diagnosis

Locally there were cracked lesions with thickened skin with dimension of 3x3 cm which bleeds after scratching.

According to ICD - 10 classification PALMO-PLANTAR PSORIASIS is classified as -

L40.3:Palmoplantar Pustulosis

**TABLE 1: TIMELINE**

Date Of Follow Up	Symptoms	Prescription
24 MARCH 2022	Chronic itching, erythematous papular eruptions, and cracks localized on the soles of the feet, extending to nail beds of both hands.	Carcinosinum 200 Single Dose  SL Pills BD for 6 weeks
20 APRIL 2022	Improvement: Marked reduction in itching, less scratching, and visible changes in the eruptions, with normalization of nail beds.	Treatment continued Carcinosinum 200 (single dose every 15 days) and  SL Pills (twice daily for 6 weeks).
14 JUNE 2022	Improvement: Significant reduction in eruption size, no itching episodes, dryness of skin++	Treatment: Carcinosinum 200 (single dose every 15 days),  SL Pills (twice daily for 6 weeks), and moisturizers for dryness.



5 OCTOBER 2022	Complete resolution of eruptions. The skin texture became normal.	Continued Carcinosinum 200 and SL Pills with periodic follow-up.
	New Concerns: Increased irritability due to academic stress.	



### Prognosis

Homoeopathic remedies help to reduce itching, scaling, discomfort associated with PPP and individualized approach addresses physical symptoms and underlying stress, potentially improving overall health.

As it suggests no intervention of other medicine is needed.

### Treatment Plan

*Carcinosinum* was selected according to

homoeopathic similimum principle which was given orally in the form of pills, potency 200 was selected according to the susceptibility which was repeated in 15 days single dose was prescribed.

### Case Analysis

The totality of symptoms was formed by analysis and evaluation. Repertorization of the case was done using RADAR SOFTWARE

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
1. MIND - FASTIDIOUS - cleanliness; for	(0) 1																								
2. MIND - FEAR - dark; of	(104) 1																								
3. MIND - FEAR - high places, of	(120) 1																								
4. MIND - LOVE - animals	(0) 1																								
5. MIND - PRECOCITY OF CHILDREN	(37) 1																								
6. MIND - RESPONSIBILITY - taking resp...	(1) 1																								
7. MIND - SENSITIVE - conscious; to	(45) 1																								
8. MIND - WEeping - anger	(0) 1																								
9. PERSPIRATION - SCANTY SWEAT	(43) 1																								
10. SKIN - ERUPTIONS - psoriasis	(121) 1																								
11. SKIN - ITCHING	(440) 1																								
12. SKIN - WASHING AGG.	(2) 1																								
13. GENERALS - WEATHER - hot	(0) 1																								
14. GENERALS - FOOD AND DRINKS - chl...	(32) 1																								
15. GENERALS - FOOD AND DRINKS - eg...	(54) 1																								
16. GENERALS - FOOD AND DRINKS - ml...	(150) 1																								
17. GENERALS - FOOD AND DRINKS - sp...	(236) 1																								
18. GENERALS - WOUNDS - heal; tende...	(84) 1																								

### DISCUSSION

*Carcinosinum* is derived from cancerous tissue and it falls under Tubercular miasm under homoeopathic philosophy(10).

The case report highlights the effectiveness of individualized homeopathic treatment based on constitutional factors in managing palmoplantar psoriasis. The emotional stress reported by the child stemming from academic pressure and family expectation could be linked to the chronicity of the skin condition where Patient initiated itching and erythematous papular eruption on right sole which were approximately 3x3cm in dimension with marked redness and itching which further developed on nail beds also use to bleed occasionally it was treated with *Carcinosinum* 200 single dose and PL for 6 weeks which consequently reduced itching and scratching in 8months , but marked dryness of skin was seen and irritability further all eruptions disappeared.

With detailed case taking and based upon analysis , evaluation and repertorization; *Sulphur* came on top, as *Sulphur* suggest to be peevish, difficult thinking, affection vitiated also covering anti-psoric miasm so it was not prescribed even when exact physical symptoms were to be observed but mental picture was deviated.

*Carcinosinum* patient evolve in tubercular miasm, having significant mental suppression or may be triggered due to stress evidentially in the pediatric age group due to parents' domination leading to destructive outburst, with great sense of responsibility, fastidious regarding cleanliness it also involves immune system deregulations or emotional factors the body's immune system which has shown overreaction leading to psoriasis. So patient was prescribed with *Carcinosinum*.

Also looking forward with age, gender, occupation , sensitivity for 200 potency was selected.

With the individualized homoeopathic treatment improvement in local symptoms and general well-being of the patient was to be observed. The frequency of acute exacerbation of lesions was reduced.

Key notes

TABLE 2: TIMELINE MODIFIED NARANJO CRITERIA

DOMAINS	YES	NO	NOT SURE OR N/A
1. Was there an improvement in the main symptom or condition for which the homeopathic medicine was prescribed?	+2		
2. Did the clinical improvement occur within a plausible time frame relative to the drug intake?	+1		
3. Was there an initial aggravation of symptoms?		0	
4. Did the effect encompass more than the main symptom or condition [i.e., were other symptoms ultimately improved or changed]?	+1		
5. Did overall well-being improve?	+1		
6A. Direction of cure: did some symptoms improve in the opposite order of the development of symptoms of the disease?		0	
6B. Direction of cure: did at least two of the following aspects apply to the order of improvement of symptoms:  - From organs of more importance to those of less importance?  - From deeper to more superficial aspects of the individual?  - From the top downwards?	+1		
7. Did 'old symptoms' [defined as non-seasonal and non-cyclical symptoms that were previously thought to have resolved] reappear temporarily during the course of improvement?		0	
8. Are there alternate causes [other than the medicine] that -with a high probability -could have caused the improvement? [consider known course of disease ,other forms of treatment ,and other clinically relevant interventions]		+1	
9. Was the health improvement confirmed by any objective evidence? [e.g laboratory test, clinical observation ,etc]	+2		
10. Did repeat dosing ,if conducted,create similar clinical improvements?	+1		

TOTAL SCORE: 11

CONCLUSION

The patient’s positive response to *Carcinosinum* 200 suggests that individualized treatment can provide both symptomatic relief and address the emotional stress contributing to the condition also hampering quality of life.

Quality of life is a critical outcome, it encompasses physical, social, emotional well-being which was seen to be improved in the patient.

The case report suggests that Homoeopathy has a significant role in treatment of palmoplantar psoriasis.

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**Conflict Of Interest:** The author declares no conflict of interest

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Here are some examples of this year's speakers and topics; the full speaker list is at [jahc.info/speakers-2025](https://jahc.info/speakers-2025).

#### Shahram Ayoubzadeh, MD(Hom), ND, HD

<https://images.app.goo.gl/4SJgC9e2FtuRmQ37A>  
Identifying Patients Requiring Nosodes and Fungi: Tips and Techniques

#### Taniyaa Bakshhi, BHMS

<https://images.app.goo.gl/oZ7bDCHsRPUjpwE8>  
Homoeopathy: A Science of the Future

#### Michael Frass, MD and Jeurgen Ivanis

<https://images.app.goo.gl/wrqbvTzGtpvvT4HM8>  
<https://images.app.goo.gl/Ti4CHx5ngYDkgUBU8>  
Difficult Cases: Reports of Current and Historically



## Interesting Cases

**Mary Greensmith, BSc(Hons), RHomINT**

<https://images.app.goo.gl/v5iX11wPscW-ZHUUR6>

Global Unity Through Homeopathy: Building a Network for a Healthier World

**Sanjay Modi, DSc, LCEH**

<https://images.app.goo.gl/g714to36u22NySQn9>

Organon of Medicine: An Eye Opener

**Sujata Owens, CCH, RSHom(NA), DHMS(India), BSc(India)**

<https://images.app.goo.gl/nNAreTVAtfhvbp5A>

Successful Management of Multiple Sclerosis Cases with Homeopathy

**A.U. Ramakrishnan, MBBS MFHom(Lond) PhD**

<https://images.app.goo.gl/eoHs4nnoTVTEXzFN7>

Extending the Boundaries of Cancer Research

**Todd Rowe, MD, MD(H), CCH, DHt**

<https://images.app.goo.gl/XWe5ZDbVs-M1Adz5x5>

Reconsidering the Role of Complex Remedies in Homeopathy

**Ewald Stöteler**

<https://images.app.goo.gl/gnt4n73zK1dHeAjB8>

Chronic Lyme Disease: A Reliable Path Back to Health

**Heidi Weinhold, ND**

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Homeopathic Protocol for Post-Concussion Syndrome

**Laura Weis, DVM, CVH**

<https://images.app.goo.gl/NJBVG3f6E99jH6NKA>

Animal Emotions: The Key to Veterinary Homeopathic Prescribing

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# Utility of *Bryonia Alba* 200 in Management of Post Viral Arthritis - A Case Report

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## Keywords

Homoeopathy, Post Viral Arthritis, susceptibility, *Bryonia Alba*, Self-limiting

## Abstract

**Background-** Post-viral arthritis is a condition which mainly develops when the person is suffering from a viral infection that infection followed by joint pain it may cause short-term as well as long-term effects.

70% of people experience joint pain after a viral infection.

## Case Report

A 48-year-old male patient presented with complaints of joint pain, which started 15 days ago. There is a stitching type of pain in all joints which becomes worse on motion, while sitting and in the morning and relieved on rest only.

According to the totality of symptoms considering mental and physical symptoms *Bryonia Alba* prescribed which consequently showed improvement within 10 days. The outcome of the treatment was evaluated by using modified Naranjo criteria for homoeopathy [MONARCH] where it was observed to be +8 which suggested clinical improvement in post-viral arthritis with the help of homoeopathy.

## Introduction

Post-viral arthritis is a temporary form of arthritis that develops after the viral infection. The

condition is mainly developed when the person is suffering from a viral infection, that infection is followed by joint pain which may cause short-term as well as long-term effects.

The Post Viral Arthritis is usually temporary and self-limiting but it shows symptoms like joint pain, stiffness of the joint, swelling of the joint and inflammatory changes in the joint. This condition is associated with autoimmunity.

i.e. immune system of the body. The reaction between the immune system and the virus may cause inflammation of the joint. This joint pain and inflammation may affect the daily routine of the patients.

Post Viral Arthritis is generally treated with modern medicine. Primarily non-steroidal anti-inflammatory drugs are used to reduce pain in the joints and symptomatic analgesics are used to reduce inflammation and pain. Some antiviral medicines may also help to resolve joint symptoms. Exercise and physiotherapy also improve the mobility of the joints.(2)

Homoeopathy plays an important role in the management of Post Viral Arthritic conditions.

A case report of Dr. Rajankumari Verma and Amit Maharotra was published where they treated a case of Post Viral Arthralgia with *Rhus Toxicodendron* 200.(1)

Homoeopathic treatment aims to reduce complaints, remove the disease and improve overall health. This method is considered the best method

of treatment; it shows the holistic approach to the particular disease condition.(2)

Homoeopathic medicines stimulate the body's inner strength and improve the overall immune system.(2) Homoeopathic prescription depends upon the symptom's similarity, causation and mental symptoms. Some homoeopathic remedies are indicated for joint pain and viral arthritic conditions.

1. *Rhus Toxicodendron*
2. *Bryonia*
3. *Formica Rufa*
4. *Eupatorium*
5. *Iodium*

## 6. *Ledum pal*

In the following case, we have treated the same condition.

## Case History

A 48-year-old male patient consulted a homoeopathic physician for the complaints of pain in joints for 15 days which is better by rest and worse on motion, while sitting and in the morning.

There is a history of fever before 15 days, fever started suddenly along with joint pain. During fever body temperature is 102°F. The fever subsided 3 days after taking allopathic medicine but joint pain progressed.

LOCATION	SENSATION	MODALITIES	CONCOMITANTS
Musculo skeletal system	- Stitching type of pain.+++	< Motion	No any
Involved joints -		< While sitting+++	
1 . Shoulder joint	- no redness and inflammation of the joint	< In morning+++	
2 . Elbow joint	- no stiffness of the joints	>By rest	
3 . Wrist joint			
4 . Metacarpophalangeal joint			
5 . Hip joint	H/O Fever	> allopathic medicine	
6 . Knee joint	temperature during fever - 102°F		
7 . Ankle joint			
8 . Metatarsophalangeal joint.			
Complaints started suddenly and progressive in nature.			

**Past History:** No significant past medical history.

## Treatment History

- Allopathic treatment is taken for presenting complaints.
- Non-steroidal anti-inflammatory drugs and steroids are given to the patient.

**Family History** No significant family history.

## Personal History

- Appetite – Breakfast followed by 2 meals

- Thirst – Large quantity large interval++.
- Desire - milk++
- Aversion - no any
- Perspiration – all over the body
- Sleep – Disturbed due to pain
- Thermal Reaction: Hot

## Mental Symptoms

Mentally patient is irritable due to pain, he always thinks about work while complaints are more common.+++

## Analysis Of Case

1. Mental General Characteristics	He always thinks about work while complaints are more.+++
2. Mental General Common	Irritable due to pain.
3. Physical General Characteristic	thirst – increased large quantity large interval++ - Desire – for milk ++
4. Physical general common	- pain < motion - pain > rest
5. Particular characteristics	- stitching type of pain in joints +++ - pain < morning +++ - pain < while sitting +++
6. particular Common	

## Evaluation Of Symptoms

Grade 1	Grade 2	Grade 3
- He always thinks about work while complaints are more. - Stitching type of pain in all joints. - Pain < morning - Pain < sitting	- Thirst – Large quantity for large intervals. - Desire – for milk	- Irritable - Pain < motion - Pain > rest

## Totality Of Symptoms

1. He always thinks about work while complaints are more.
2. Stitching type of pain in all joints.
3. Pain < morning
4. Pain < while sitting
5. Thirst increased large quantities for large intervals.
6. Desire for milk.

## Repertorial Totality

- Mind – industrious

- Stomach – thirst increased in large quantities for large intervals.
- Stomach – the desire for milk.
- Extremities – pain – joint
- Extremities – joints – morning

Repertorisation Sheet - Homopath Firefly 2.0														
Physician Name : REPATORY DEPARTMENT, Patient Name : , Reg. No. : , Date : 14/12/2024														
Remedy	Bry	Aur	Nux-v	Rhus-t	Ars	Calc	Staph	Apis	Arn	Calc-p	Lac-c	Led	Merc	Ph-ac
Totality	9	8	8	7	5	5	5	4	4	4	4	4	4	4
Symptoms Covered	4	4	3	3	3	3	3	2	2	2	2	2	2	2
[Kent ] [Mind] Industrious:	1	3	0	1	1	1	0	0	1	1	0	1	0	0
[Kent ] [Stomach] Thirst: Large quantities: Long intervals, at:	3	0	0	0	0	0	0	0	0	0	0	0	0	0
[Kent ] [Stomach] Desires: Milk:	2	2	2	3	2	2	2	2	0	0	2	0	2	0
[Kent ] [Extremities pain] Pain: Joints:	3	1	3	3	2	2	2	2	3	3	2	3	2	3
[Kent ] [Extremities pain] Pain: Joints: Morning:	0	2	3	0	0	0	1	0	0	0	0	0	0	0

## Investigations

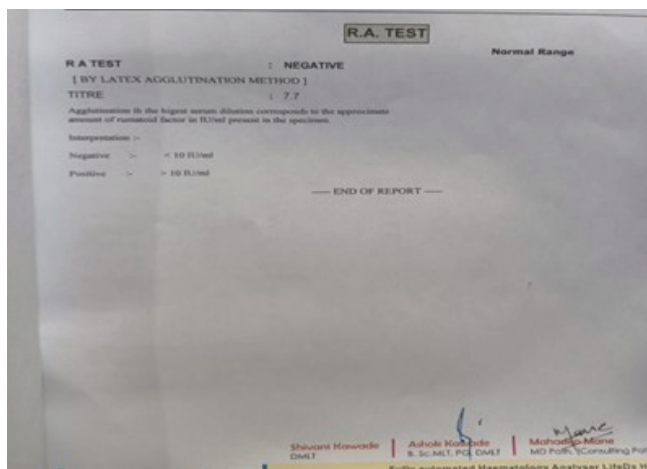
The following investigation was done for the case on 11 September 2024.

1. CBC
2. Dengue test
3. Serum Calcium
4. Serum Uric acid
5. RA Test

HAEMOGRAM				
Test	Result	Units	Normal Range	Histogram
Haemoglobin	14.4	gms%	M: 13.5-18, F: 11-16, Infant: 9.5-14	
RBC Count	5.07	millions / uL	4.5 - 6.5	RBC
PCV	40.8	%	M: 40-54, F: 38-47	
MCV	80.5	fL	80 - 99	WBC
MCH	28.4	Pg	27 - 33	
MCHC	35.3	g/dl	32 - 37	PLT
RDW CV	11.8	%	11.0 - 14.5	
RDW SD	33.4	fL	35 - 56	
WBC Count	6300	cells/cumm	4000 - 11000	
Neutrophils	88	%	40 - 75	
Lymphocytes	12	%	20 - 45	
Eosinophils	00	%	1 - 6	
Monocytes	00	%	2 - 10	
Basophils	00	%	0 - 1	
Platelet Count	153000	/cumm	150000 - 450000	
PCT	1.54	%	0.08 - 1.0	
MPV	10.1	fL	7.4 - 10.4	
PDW	16.6	%	10 - 15	
RBC Morphology - NORMOCYTIC NORMOCHROMIC				
WBC Morphology - Neutrophilia				
Platelets - Adequate on peripheral Smear				

BIOCHEMISTRY			
			Normal Range
SERUM CALCIUM	: 9.3	mg/dl	8.5 - 10.5
SERUM URIC ACID	: 4.1	mg/dl	3.4-6.0
----- END OF REPORT -----			





## Diagnosis

Based on investigation and presenting symptoms like pain in the joints which becomes worse during motion and in the morning, the diagnosis is **post-viral arthritis**.

According to ICD - 10 classification Post Viral Arthritis is classified as - M01.50: Arthritis in other viral diseases. (3)

## Treatment Plan

*Bryonia Alba* was selected according to

homoeopathic similimum which was given orally in the form of pills. The selected potency was 30. It is selected according to susceptibility. The dose was repeated 3 times a day for 3 days. Susceptibility is an important factor in the selection of potency. Susceptibility decreases with advancing age. When the symptom severity is high, patient susceptibility is very low so, in that condition low potency is the preferable potency for cure. (7)

## Follow up Criteria

1. Thinking about work while complaints are more +++
2. Thirst - for a large quantity of water for a large interval ++
3. stitching type of pain in joints +++
  - metacarpophalangeal joint (Bilaterally)
  - wrist joint (Bilaterally )
  - ankle joint (Bilaterally)
  - knee joint ( Bilaterally)
4. pain < morning +++
5. pain < while sitting +++

## Follow Up

Date	Symptoms	Prescription	Interpretation
27/09/2024	- Thinking about work always +++ - thirst increased for a large quantity of water ++ - stitching type pain in joints+++ - metatarsophalangeal joint , wrist joint , ankle joint , knee joint - pain < morning+++ and while sitting +++	Bryonia Alba 30  TID X 3 days (9 doses )  SL X 8 Days x BID	-
30/09/2024	- thinking about work ++ - thirst remains increased++ - stitching type of pain+++ is reduced by 20 % in knee joint and ankle joint - pain < in morning ++and while sitting++	Bryonia Alba 200  TID X 3 days (9 doses )  SL X 8 Days XBID	The patient get amelioration, and the case remain stand still, hence same medicine was prescribed with increased potency. (8)

3/10/2024	<ul style="list-style-type: none"> <li>- mental complaints are reduced</li> <li>- thirst is normal</li> <li>- stitching type of pain is reduced++ by 50% in all joints</li> <li>- pain &lt; morning but pain is reduced while sitting.</li> </ul>	Bryonia Alba 200  TID X 3 Days  ( 9 doses )  SL X 8 Days X BID	Amelioration of the majority of symptoms hence same medicine was prescribed. (8)
6/10/2024	<ul style="list-style-type: none"> <li>- all complaints are reduced and patients feel better.</li> </ul>	SL X 15 Days X BID	patient gets all-time amelioration, and all symptoms disappear. SL was prescribed. (8)

## Prognosis

After taking homoeopathic treatment patient feels better. All complaints are reduced to a greater extent.

## Discussion

The effectiveness of homoeopathic treatment is based on individualizing the case based on constitutional factors. (6)

## Remedy Differentiation (4)(5)

<i>Bryonia Alba</i>	<i>Nux Vomica</i>	<i>Rhus Toxicodendron</i>
<ul style="list-style-type: none"> <li>- indicated remedy for joint complaints</li> <li>- stitching and tearing type of pain in the joints.</li> <li>- pains are aggravated by motion and better by rest</li> <li>- excessive thirst with the dryness of mouth</li> <li>- physical weakness.</li> <li>- mentally patient irritable and always talks about business.</li> </ul> Modalities - < motion < morning < hot weather < touch < sitting ; can not sit down > rest > Lying on a painful side	<ul style="list-style-type: none"> <li>- joint affection due to over-exertion</li> <li>- paresis arm with shock</li> <li>- legs feel paralysed</li> <li>- cracking in the knee joint during the least motion</li> <li>- the sensation of a sudden loss of power in arms and legs in the morning.</li> <li>- mentally patient is irritable and sensitive to all impressions and workaholic</li> </ul> Modalities - < morning < mental exertion < dry weather > in evening > while rest > after sleep	<ul style="list-style-type: none"> <li>- hot painful swelling of the joints</li> <li>- pain is a tearing type in the tendons and ligaments.</li> <li>- rheumatic pains are spread over the joints, extremities and neck</li> <li>- sciatica</li> <li>- tenderness of the knee joint with a crawling sensation.</li> <li>- mentally patient is extremely restless, great apprehension at night.</li> </ul> Modalities - < rest < wet rainy weather < after rain < exposure to cold > motion > dry weather > warmth > walking.

*Bryonia Alba* was selected because there is a stitching type of pain in all joints. Which becomes worse on motion, in the morning and while sitting. And the pains are relieved on rest only. There are some characteristic symptoms which patients show, he always thinks about the work while complaints are more common. There is a thirst for large

quantities of water.

Hence after all those symptoms are keeping in mind we prescribed them *Bryonia Alba* 30. Potency 30 was selected on the basis of susceptibility and factors affecting susceptibility.

After the 1st prescription i.e. *Bryonia Alba* 30 X

TID for 3 days.

There is a slight decrease in the pain within 3 doses but after that, there is pain remains as it is, with no change in pain. Hence in the 1<sup>st</sup> follow we changed the potency of the medicine. *Bryonia Alba 200* was given. After that, joint pain is reduced but the pain in the morning remained as it was. In the next follow up the same medicine was prescribed and the complaints also reduced more. The patient feels better.

In the last follow up all complaints are reduced and the patient feels better hence SL was prescribed.

The individualized homoeopathic treatment improvement in the local system and general well-being of the patient was to be observed.

### Modified Naranjo Criteria

DOMAINS	YES	NO	NOT SURE OR N/A
1. Was there an improvement in the main symptom or condition for which the homoeopathic medicine was prescribed?	+2		
2. Did the clinical improvement occur within a plausible time frame relative to the drug intake?	+1		
3. Was there an initial aggravation of symptoms?		0	
4. Did the effect encompass more than the main symptom or condition [i.e., were other symptoms ultimately improved or changed]?	+1		
5. Did overall well-being improve?	+1		
6. A Direction of cure: did some symptoms improve in the opposite order of the development of symptoms of the disease?		0	
6. B Direction of cure: did at least two of the following aspects apply to the order of improvement of symptoms: <ul style="list-style-type: none"> <li>From organs of more importance to those of less importance?</li> <li>From deeper to more superficial aspects of the individual?</li> <li>From the top downwards?</li> </ul>	+1		

7. Did 'old symptoms' [defined as non-seasonal and non-cyclical symptoms that were previously thought to have resolved] reappear temporarily during improvement?		0	
8. Are there alternate causes [other than the medicine] that -with a high probability -could have caused the improvement? [consider the known course of disease, other forms of treatment, and other clinically relevant interventions]		+1	
9. Was the health improvement confirmed by any objective evidence? [e.g laboratory test, clinical observation, etc]		0	
10. Did repeat dosing, if conducted, create similar clinical improvements?	+1		

TOTAL SCORE: 8

### CONCLUSION

The patient's positive response to *BRYONIA ALBA 200* suggests that individualized treatment can provide symptomatic relief and enhance the quality of life.

Using homoeopathy, it comprises physical, social, and emotional well-being which was seen to be improved in the patient.

The case report suggests that Homoeopathy has a significant role in the treatment of Post viral arthritis.

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# Mysteries of Homeopathy Unravelled

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## Keywords

De Broglie Hypothesis, Schrodinger's wave Equation, Heisenberg Uncertainty Principle, Maxwell-Boltzmann Law, Quantum Physics, Boltzmann Distribution, Van't Hoff theory of Dilute Solutions, Osmotic pressure, Lambert's law, Stark-Einstein Law (Quantum activation principle)

## Abstract

Theoretical explanations for Trituration process, its various stages, timings, selection of sugar of milk as carrier of medicinal power, selection of alcohol for tinctures, selection of alcohol for tinctures, selection of amber coloured cylindrical glass containers with proper stoppers, generation of discrete energy levels their spacings, frequencies generated due to trituration process, no expiry date for medicines, necessity of succussions, action of photons on medicines and the like are required to assure proper manufacturing techniques, set standards for quality assurance.

## Introduction

Trituration was proved<sup>1</sup> to liberate medicinal energy which was transferred to sugar of milk particles acting as carriers.

Reduction of Thermodynamic energies F and G was as a result of Trituration and this caused disorder.

Using Schrodinger theory<sup>2</sup> it was proved that the liberation of medicinal energy was due to reduction in the mass of medicine by Trituration. This energy was found to be discrete and closely spaced.

The medicinal energy is used to cure disorder proving Similium similibus principle.

## Objective of the study

After the presentation of the paper<sup>1</sup> in January 2022 issue of The Homeopathic Heritage establishing theoretical presence of medicine in all potencies 30C, 200C, 1M, 1CM, 1 MM as ,0.5/30<sup>2</sup>, 0.5/200<sup>2</sup>, 0.5/1000<sup>2</sup>, 0.5/10<sup>10</sup> and 0.5/10<sup>12</sup> grains respectively, it is quite surprising to note the Homeopaths throughout the world and scientists dubbing Homeopathy still as placebo. The author had put forth rational and theoretical explanations for all actions of Dr.Hahnemann as perfectly right, nearly after 175 years. Potentisation was Dynamisation Trituration was liberation of discrete energy due to particle-wave duality theory advance by De Broglie in 1924 and extended by Schrodinger Wave function describing the wave properties of a microparticle. Both of them won the Nobel Prize. The author proves the following Key points step by step for the benefit of all the Homeopaths and users

### 1.1 Why Trituration

Trituration using Ceramic mortar and pestle reducing the mass of the medicine to the size of the microparticle at absolutely constant temperature (Isothermal), constant volume (Isochoric) and Constant Pressure (Isobaric) with constant force possible with spherical shaped pestle and mortar and taking a long time. Such a process is only available in a human body and all living beings on earth. Best example is chewing a chocolate to get instant energy.

The author proved theoretically how trituration



generates discrete energies<sup>1</sup> with their set of frequencies.

1.2. Why Sugar of Milk (SoM) is used for trituration with medicine.

SoM is a monosaccharide containing an aldehyde(-CHO) Group. It is glucose  $C_6H_{12}O_6$ . It is non electrolyte, nonreactive, does not dissociate or associate in solution; it readily dissolves in water and saliva, stays in solution with alcohol as a nonreactive preservative. It is easily converted to fine power when triturated under conditions in various stages specified by Dr. Hahnemann. At the end of one cycle for 1C trituration, the size of all particles should be the same for homogeneity. SoM satisfied all these conditions all these years to date.

The author proved theoretically that after 60 seconds Ni/N was only 0.4999 and a repeat of the process for 70 seconds achieved Ni/N=0.50<sup>1</sup>.

The author recommended 70 seconds instead of 60 seconds to ensure strict quality Assurance Please see table under 2.6<sup>1</sup>.

\*Recommendation by author

Test for Homogeneity of the output after 1C is required to be introduced under Quality Assurance.

1.3. What is the role of Sugar of Milk (SoM)

It is proved that SoM acted as a carrier of medicinal energy at every stage of trituration process elaborated in paper<sup>1</sup>.

Finality of the process was indicated ultimately when Ni/N=0.5 absolutely.

This stage only decided the end of the trituration process. It was 70 seconds and not 60 seconds.

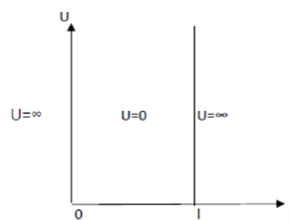
It was a substance easy to pulverise under manual conditions using Ceramic Mortar and pestle to get absolute homogeneity after 70 seconds.

Test for Homogeneity recommended for Quality Assurance.

1.4. Why cylindrical amber coloured glass bottle is used

1.4.(a) Refer<sup>1</sup> Schrodinger wave equation. Analysis

starter with a deep potential well for one dimension under stationary state.



**Fig 1.** Infinitely Deep potential well

$l$  = Diameter of the well

1.4. a) Hence cylindrical bottle

1.4. b) Amber colour reduces the intensity of light and does not allow Ultraviolet light which is detrimental to homeo efficacy<sup>3</sup>.

1.4. c) Glass is used to reduce the intensity as per Lambert's Law<sup>3</sup>.

$$I = I_0 e^{-Kx}$$

Where

$K$  = A Constant for glass

$x$  = thickness of glass

1.5. Nature of stoppers on tincture bottles

Vant Hoff's Law<sup>3</sup> states that all dilute solutions act like gases and follow gas laws. Dilute solution displays colligative properties like Osmotic pressure<sup>3</sup>

$$\pi = CST$$

Where

$C$  = Concentration moles/litre

$S$  = 0.0082 litre/atm/moles/Kelvin Gas Constant

$T$  = Absolute temperature  $^{\circ}K$

The molecules possess velocity, undergo collisions with other molecules, acquire energy during succussions and have Osmotic pressure  $\pi$ . Hence to safeguard against excessive pressure, it is recommended to use cork stopper for glass bottles storing the tinctures. The bottles should be filled only three fourth's full.

1.6. Effect of light on the Homeo solutions

1.6.1. Lambert's Law<sup>3</sup> says the intensity of light entering the solution is reduced due to the thickness of the cylindrical glass container

$$I = I_0 e^{-Kx}$$

Where

$K$  = A Constant for glass

$x$  = thickness of glass

## 1.6.2. Lambert - Beer's Law<sup>3</sup>

$$A = \xi bc$$

$A$  = Absorbance

$\xi$  = Molar absorptivity

$b$  = Length of the path of light

$c$  = Concentration

## 1.6.3. Effect of absorbed light on efficacy of drug

Photon has no mass. Its energy is  $pc$  where  $p$  = Momentum

$c$  = Velocity of Light

Size of photon is its wavelength

$$\text{Therefore } \lambda = h/p = hc/E$$

$$E = hc/\lambda$$

Where a photon acts on one mole of the reacting substance

$$E = 0.1197/\lambda \text{ Jmol}^{-1}$$

Einstein's Law<sup>3</sup> states that absorption of a photons by one molecule leads to an activated molecule in the primary process.

Thereafter, even in the absence of light i.e. in darkness, a secondary process starts and the activated molecule may partly or completely be deactivated or a chain reaction may take place giving rise to Quantum yield.

## 1.6.4 Effect of dia. of the dispensing glass vial and potency $P$ .

$$E_n \propto (1/ml^2) * n^2 \quad (n=1,2,3,\dots)^1$$

$L$  = dia of the glass dispenser

The smaller the dia, the square is the energy increase.

$M$  = mass of the medicinal particle.

$$M = 0.5/p^2 \text{ where } P = \text{Potency in Centesimal scale}$$

$$\text{Therefore } E_n \propto (p^2/l^2).n^2 \quad (n=1,2,3,\dots)^1$$

The higher the potency, the square is the energy.

## 1.7. Order of frequencies generated

$$F = n/2l \quad (n=1,2,3,\dots)^1$$

If  $l = 10 \text{ mm} = 0.01 \text{ m}$

$$f = 50n \quad n=1,2,3,\dots$$

$$f = 50, 100, 150, \dots \text{ Hz.}$$

## 1.8. Chemical formula of the medicine

No need to know the atomic weight, molecular weight or chemical formula of the medicinal substance only Materia Medica gives the totality of symptoms and if the disorder matches, then the doctor prescribes the drug based on similium similibus principle.

## 1.9. Summary of mass of medicinal particle, Energy, Energy spacing and frequency.

Table 2

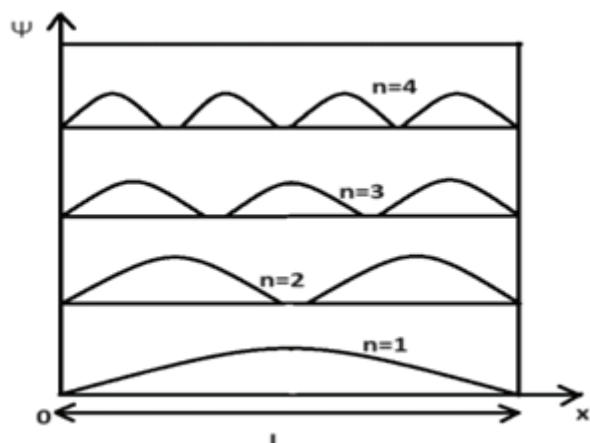
Dispensing Vial $l=10 \text{ mm}$	POTENCY		
	30C	200C	1M
Mass of medicinal particles Kg	$3.5 \times 10^{-8}$	$7.88 \times 10^{-10}$	$3.45 \times 10^{-12}$
Spacing of Energy levels $\Delta E_n$ Where $n=1,2,3,\dots \text{ m}$	$3.1 \times 10^{-56} n$	$1.38 \times 10^{-54} n$	$3.45 \times 10^{-53} n$
Energy $E_n$ Where $n=1,2,3,\dots \text{ J}$	$1.91 \times 10^{-58} n^2$	$6.88 \times 10^{-54} n^2$	$1.72 \times 10^{-53} n^2$
Frequency $n=1,2,3,\dots \text{ Hz}$	$50, 100, 150, \dots$ $n=1,2,3,\dots$	$50, 100, 150, \dots$ $n=1,2,3,\dots$	$50, 100, 150, \dots$ $n=1,2,3,\dots$

Energy of Homeo medicine is very very low and hence is safe for any living being.

## 1.10. No expiry date for homeo medicines

1.10.1. The author has Homeo medicines purchased in 1990 and he finds them still useful and they work in single doses effectively. Theoretical explanation  $\Psi \times \Psi$  figure shows the microparticle cannot escape from the walls of the well, since they are impenetrable as per Schrodinger wave equation

Fig 3



They can of course escape the deep well from the top of the cork or if stopper is not put in place.

The movement of the particle is from left to right and back i.e the movement is to and fro in the deep well for different  $n$  ( $n=1,2,3,\dots$ )

#### 1.10.2. Why only to and fro?

This is due to standing waves

$$\Psi_n(x) = \sqrt{2/l} * \sin(n\pi x/l) \quad (n=1,2,3,\dots)^1$$

Standing waves are created when the particle approaches  $x=0$  and  $x=l$  at the walls of the well.

Hence, only to and fro movement is possible.

#### 1.10.3. Why not up and down?

Potential Energy  $U=0$  within the walls of the well. Therefore, the particle cannot move up and down.

For different values of  $n=(1,2,3,\dots)$  it can only take different levels, but movement is only parallel to  $x$ -axis.

### 1.11 On succussions

1.11.1 For dispensing vial containing sugar pills with medicine, apply

Maxwell- Boltzmann law

$$dN_{v_x v_y v_z, x, y, z} = A \exp(- (P.E + K.E)) / (KT) * dv_x dv_y dv_z dx dy dz^2$$

where  $A = \text{Constant}$

Ten succussions holding the vial in hand will impart potential and kinetic energy to the contents

increasing the total energy to the number of medicinal particles  $dN$ .

1.11.2. Most important is succussions of the tinctures and dilutions. The following theories are involved since particle wave duality and Quantum Physics is applicable for explanation. Particles can neither be seen or felt. Quantum physics Is beyond visualisation and looks mysterious.

Particle is always detected as an invisible whole according to Heisenberg Uncertainty principle.

$$\Delta x * \Delta p_x \geq \hbar/2$$

$$\Delta E * \Delta t \geq \hbar/2$$

$$\Delta x * \Delta V_x \geq \hbar/2m$$

The uncertainty principle is one of the fundamental relation in Quantum Mechanics.

To explain why succussions are required, the following theories are involved

- Van't Hoff's theory<sup>3</sup> states that all dilute solutions act as gases and gas laws are applicable.
- Theory of probability<sup>1</sup> for equilibrium state of all particles in the container
- Thermal motion of molecules and collisions<sup>1</sup>
- Colligative property of Osmotic Pressure<sup>3</sup>
- Maxwell-Boltzmann law<sup>1</sup>

1.11.3. Laws of Homeopathy were all theoretically proved using Quantum Physics and energy of the medicine was found to be discrete and closely spaced.

1.11.4 If the cylindrical vessel containing the solution where solution is considered as gas following gas laws, its microstate is in equilibrium when it has no trend of changing with time. This is because molecules of a gas are in a chaotic state, possess velocities they have collisions, photon effect, sometimes increasing their total mass

$$M = (m_1 + m_2) + (E_1 + E_2) / (m_1 + m_2) \cdot +^2$$

Where two molecules of masses  $m_1$  and  $m_2$  with energies  $E_1$  and  $E_2$  respectively after collision, their combined equivalent mass is found to increase.

Maxwell-Boltzmann Law<sup>2</sup>

$$N_i = N \exp(-E_i/KT) / \sum \exp(-E_i/KT)$$

Shows that at equilibrium

$$N_i = N/2$$

This was proved theoretically for all trituration processes which indicated the safe end for the optimum time of the trituration cycle.<sup>1</sup>

Therefore, while transferring the contents of a 450 ml, bottle to a 30 ml bottle for dispensing, it is absolutely essential to thoroughly succuss it many times. So is the case if a 30 ml dilution is used to put a few drops under the tongue from a 30 ml vial for complete efficacy.

This was the experience the author personally when he found difference in expectation of the performance of drug in use.

The above explanations were made very brief, since the underlying theory is very complex involving Quantum Physics, Mathematics and Statistical Probability.

For the information of the readers, the following table is for particles and relative fluctuation around the mean at equilibrium.

Table 3

N	4	16	24	10 <sup>2</sup>	10 <sup>4</sup>	10 <sup>8</sup>	10 <sup>10</sup>	10 <sup>20</sup>
fr	0.5	0.25	0.204	0.1	0.01	10 <sup>-4</sup>	10 <sup>-5</sup>	10 <sup>-10</sup>

The author felt this may be the reason why all dilutions even allopathic tonics mention shake well, before use.

The table shows relative fluctuation of N particles around their mean N/2 as N<sup>-1/2</sup> at equilibrium, with equal number of particles in each half of the container. This has been practically and theoretically proved as Ni/N=0.5 in all the trituration processes of Dr. Hahnemann<sup>1</sup>.

Avagadro number was known to the world only after 1905 and how even 30 C potency was then dubbed as placebo, remains a mystery.

For the information of readers, see Table 4

Ferrum Met

Table 4

Iron	30 C	200C	1M
Grains	0.5/30 <sup>2</sup>	0.5/200 <sup>2</sup>	0.5/1000 <sup>2</sup>
Grams	3.5x10 <sup>-5</sup>	7.8x10 <sup>-7</sup>	3.1x10 <sup>-8</sup>
Moles	3.8x10 <sup>17</sup>	8.5x10 <sup>15</sup>	5.4x10 <sup>15</sup>

There are over 200,000 registered Homeopathic doctors in India 10 crore people use Homeo treatment

Market In	India	France	Global
Billion Rupees	12.5	45	135

### 1.12 Role of Digital signal Processing techniques in Homeopathy

If a drop of Neem Juice (molecular weight Unknown) or Nat Mur (NaCl) solution on tongue, its taste lasts for some time before it totally disappears. This shows every drug has its own specific characteristic/signature as a function of time. This characteristic is aperiodic and according to Fourier Transforms, this can be resolved into a set of frequencies and energy spectral density diagram can be drawn. Molecular spectra of the drug is required to be made. This approach indicates that every drug has its own set of frequencies and cure of the disease is achieved by similium similibus principle of Dr.Hahnemann. This is confirmed by De Broglie's particle- wave duality, Schrodinger's wave equation, Heisenberg's Uncertainty Principle, Max Planck's Quantum Theory and Einstein's photochemical reaction theory.

Some reverse engineering may have to be done for drugs like Belladonna whose characteristic signature is unknown and known drugs like Nat Mur (NaCl) and Ferrum Met(Fe) to compare how their energy Spectral Densities with frequencies can be correlated with the frequency spectrum derived from Schrodinger's Theory.

## CONCLUSION

The paper "Dr Hahnemann was RIGHT - Proved" published in the Homeopathic Heritage in rains, Jan 2022 issue should be widely circulated and AYUSH ministry may appraise all Homeopathic practitioners that medicinal substance is present in all potencies of Homeopathy even in 1 MM and



beyond.

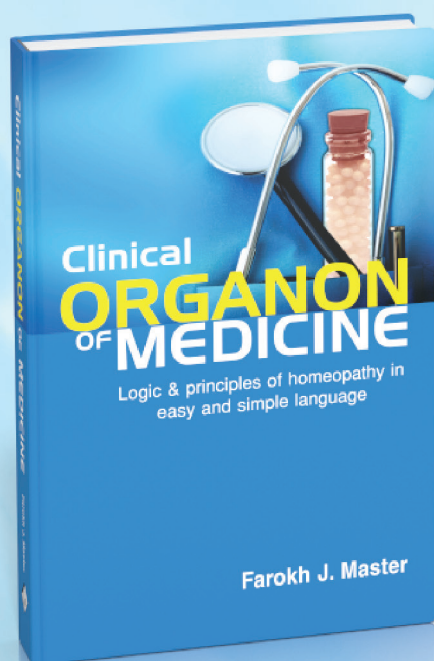
It is a misnomer to call Homeopathic medicines nothing Placebo Trituration during 1C preparation itself liberated discrete energy due to Particle Wave duality, confirmed by Schrodinger Wave Equation. It was theoretically proved that potentisation was nothing but dynamization and pressure of medicine was  $0.5/p^2$  grains, where P= Centesimal Potency.

The author fervently hopes that the information will benefit one and all who are using Homeopathic treatment.

The author dedicates the paper to the members of his family and thanks Dr. Elia Reddy Vasa for his inspiration and encouragement.

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3. Unified course in chemistry – Vol IV, By O.P Agarwall, Jai Prakash Nath & Co. Publishers, Meerut
4. Organon of Medicine, 5<sup>th</sup> and 6<sup>th</sup> edition, By Hahnemann.S, Published by Mr.Bhattacharya & Co (P) Ltd.



# Clinical Organon of Medicine



**Dr Farokh J Master**

- The book provides a comprehensive overview of organon of medicine covering all principles of Homoeopathy given by Dr.Hahnemann.
- Concepts are precisely explained with ample examples on how to treat certain cases and an explanation of the relationship of Homoeopathy with Pathology, Allergies.

# An Evidence-Based Comparative Clinical Study On The Efficacy Of Constitutional Treatment Over Thyroidinum In Hypothyroidism

Dr. Bhavani Dhulipala

Pg Scholar, Dept. Of Practice Of Medicine, JSPS Government Homoeopathic Medical College

PEER REVIEWED

## Keywords

Constitutional medicine, Sarcodes, Thyroidinum, comparative study, RCT, Hypothyroidism

## Abstract

### Introduction:

Hypothyroidism is a rapidly emerging endocrinal disorder that produces major changes in the quality of life of the suffering individual with slightest imbalance. In Homoeopathy, we usually prescribe constitutional remedies to reset the imbalance produced. However, some physicians also administer organoleptic drugs like Thyroidinum in lower potencies as supplementation to reset the imbalance along with constitutional remedies. This study compares the two therapeutic interventions individually to determine which one of the two has a better prognosis.

### Methods:

A total of 60 hypothyroid patients who are not on allopathic supplementation were selected from the OPD and IPD at Dharma Kiran Homoeopathic Govt Hospital attached to JSPS GHMC RAMANTHAPUR. Among them, 30 patients are given Constitutional medicine, and 30 are given Thyroidinum on a random basis. The TSH levels and presenting symptoms are considered before and after the treatment in both groups to assess the efficacy of each therapeutic intervention.

### Results:

The calculated value of 't' at 29 degrees of freedom

and 5% significance for the sample on constitutional medicine is 11.9 and the same for the sample on Thyroidinum is 5. The calculated t value of the unpaired t-test conducted on both the groups at a 5% significance level and 58 degrees of freedom is 7.

### Conclusion:

The results suggest that, the sample on constitutional medicine has shown better outcomes than the sample on thyroidinum.

### Introduction/Background:

Hypothyroidism refers to any structural or functional derangement that interferes with the production of adequate levels of thyroid hormones, leading to a disturbance in metabolism. A recent report shows that 300 million people worldwide suffer from thyroid disorders, and about 42 million of them reside in India.

As hypothyroidism leads to a deficiency of thyroid hormones, in the Conventional system of medicine, hormone supplementation throughout life is advised as the plan of treatment for Hypothyroidism. Levothyroxine which is a synthetic form of T4 hormone is the most commonly used drug.

There are many case reports and case series on individualistic homeopathic treatment (both as an adjuvant and individual therapeutic measure) in hypothyroidism and Randomized Controlled Trials as well between Individualised Homoeopathic treatment and placebo groups with positive

outcomes in the patients administered with Individualized Homoeopathic medicine.

There are very few (2-3) case studies and RCTs conducted on thyroidinum and it has shown positive outcomes in those studies. The major drawback with those studies is that thyroidinum was given as an adjuvant to allopathic medication and also the parameters that were studied were different. Effect of thyroidinum in hypothyroidism is not particularly studied<sup>1,2,3</sup>.

### Objectives of the Study

To establish the difference between both treatment methods and to determine the better therapeutic intervention with an evidence-based background.

### Materials And Methods:

The subjects for the study are taken from the OPD and IPD of DHARMA KIRAN HOMOEOPATHIC GOVT HOSPITAL attached to JSPS Government Homoeopathic Medical College, Ramanthapur, Hyderabad.

### Participants

INCLUSION CRITERIA	EXCLUSION CRITERIA
Patients with signs and symptoms of Hypothyroidism and those who are diagnosed with Hypothyroidism based on laboratory data (elevated TSH levels) and Patients of either sex and all age groups are included in the study.	Patients who are on supplementation for Hypothyroidism, Patients with other endocrinal comorbidities, Thyroidectomised patients, and Patients with congenital Hypothyroidism are excluded from the study.

### Intervention

A total of 60 patients satisfying the inclusion and exclusion criteria were selected and of them 30 were given constitutional medicine and 30 were given Thyroidinum 6X. A Randomized Controlled trial was conducted between both the groups and the method of randomization used is a form of simple random sampling - alternating assignment, where the patients are assigned to the treatment groups in a sequential alternating fashion. Specifically, the first patient who met the inclusion criteria was given constitutional medicine, the second patient received Thyroidinum

6X, and this alternating pattern continued for all patients in the study.

### Evaluation Criteria

The TSH levels before and after the administration of medicine are measured with consideration of the presenting symptoms and evaluation criteria is as follows:

1. The patients showing a significant decrease in TSH levels along with symptomatic relief are considered to have marked improvement
2. Those with a slight change in TSH with improvement in symptoms are considered to have moderate improvement and
3. Those who do not show any change in both are considered to have mild or no improvement.

**Data Analysis:** Paired t-test is conducted on both samples individually and an unpaired t-test is conducted on both samples

### Results

In the 30 cases (100%) which received constitutional treatment, 16 cases (53.3%) showed marked improvement, 11 cases (36.7%) showed moderate improvement and 3 cases (10%) showed mild improvement. (chart no 01).

The commonly indicated drugs included Natrum Muriaticum and Lycopodium. Calcarea carb, Pulsatilla and sepia were indicated in some cases but they were given as a followup/series remedies after the first prescription. Carbo veg, Graphites, Ignatia, Natrum Ars, Nux vomica, Staphysagria, Sulphur and Tuberculinum were also indicated in few cases. (chart no.02)

In the 30 cases (100%) which received Thyroidinum 6x, 9 cases (30%) showed marked improvement, 6 cases (20%) showed moderate improvement and 15 cases (50%) showed mild/no improvement. (chart no 03)

### Student's t-test:

A paired t-test was conducted on both the groups and the critical value of 't' at 29 degrees of freedom

and 5% significance is 1.69 and the calculated value is 11.9 for constitutional group, while that for Thyroidinum group is 5. An Unpaired t-test was conducted on both groups and the table value of t at 5% significance level and 58 degrees of freedom is 1.67 and the calculated value is 7. (chart no.04)

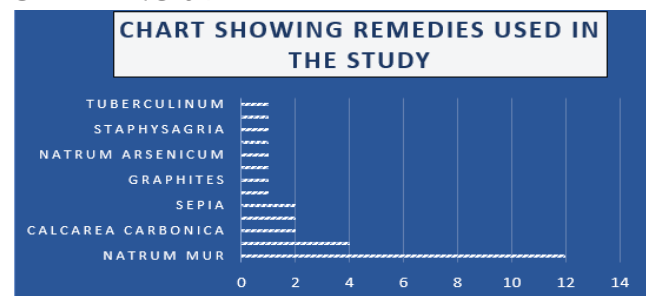
16 patients out of 30 on constitutional treatment have shown significant reduction in TSH levels with some reaching even normalcy while Only 8 patients out of 30 on thyroidinum have shown reduction in TSH levels (chart no 05).

When we consider the number of units reduced in TSH levels of both the groups, the group on constitutional medicine has shown more reduction than that on Thyroidinum. Collectively, almost 80 units reduction was seen in constitutional cases while only 48 units difference is seen in thyroidinum group (chart no 06,07).

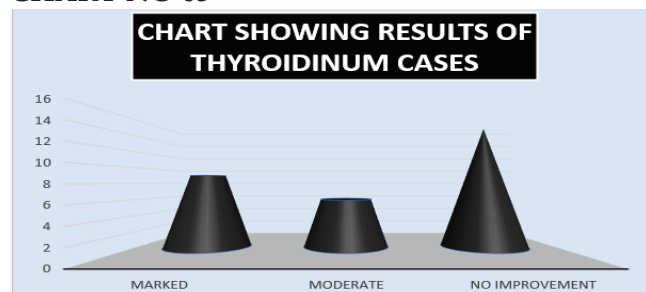
**CHART NO 01**



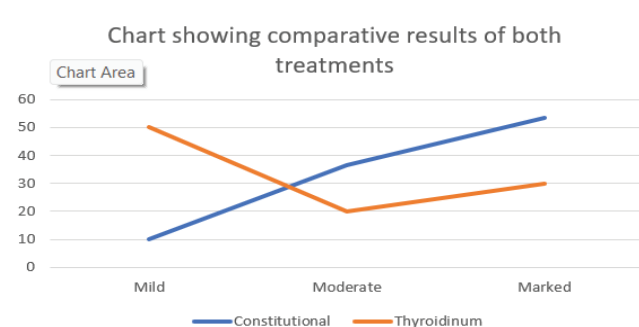
**CHART NO 02**



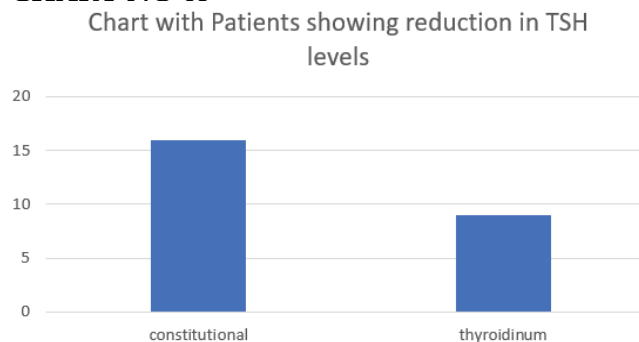
**CHART NO 03**



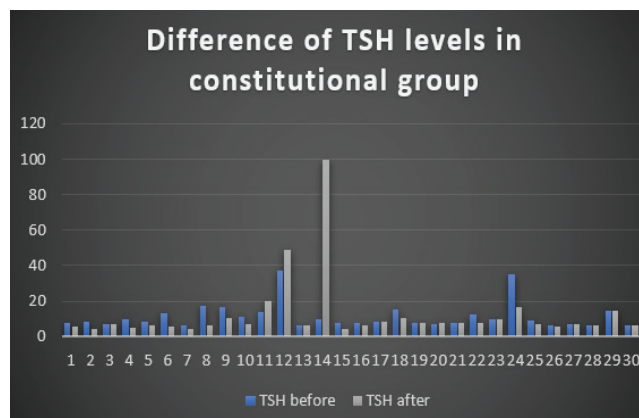
**CHART NO 04**



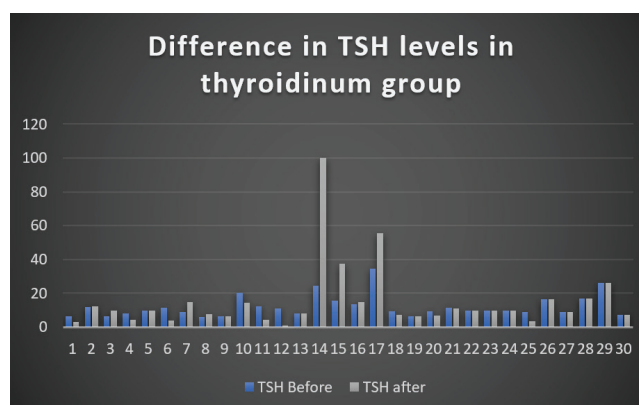
**CHART NO 05**



**CHART NO 06**



**CHART NO 07**





## CONCLUSION

The study showed that patients who were on homeopathic constitutional medicine had better outcome in comparison to those on thyroidinum 6x.

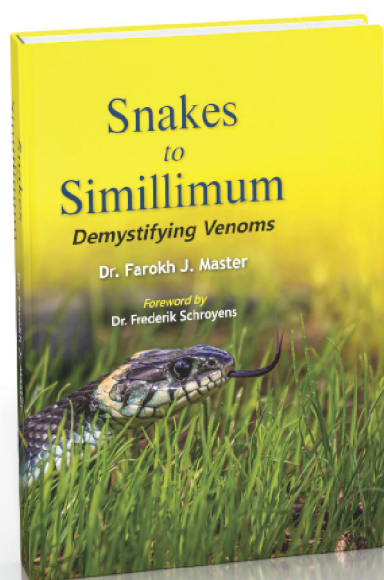
It is observed that Natrum Muriaticum was indicated in most of the patients followed by Lycopodium. Thyroidinum has helped in cases where there are no characteristic symptoms or has only common symptoms. In some cases, there was reduction in TSH levels while in few asymptomatic cases, the drug helped in bringing out new symptoms which in turn helped in prescribing constitutional medicine.

The study re-iterates the fact that constitutional medicine selected based on individualization of

the patient is the “soul of homeopathy” and it not only helps in relieving the suffering but also helps in reducing the underlying pathology.

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3. PRAJAKTA GHARE, A. B. JADHAV, A. V. PATIL, A Clinical Study to See the Effect of Thyroidinum, a Homeopathic Preparation on Thyroid Peroxidase Antibody in Subclinical Hypothyroidism of Age Group between 18-70 Years, International Journal of Health Sciences and Research Vol.10; Issue: 2; February 2020 Website: www.ijhsr.org.



# Snakes to Similimum

## Demystifying Venoms

- Packed with up-to-date details on snake taxonomy, biology, habitat, provings, besides clinical & differential materia medica.
- Family traits presented with related rubrics enabling easy comprehension.
- Full-proving diaries published verbatim enables tracing the evolution of drug pictures.
- Enriched with short and explicit case records.



**Dr Farokh J Master**



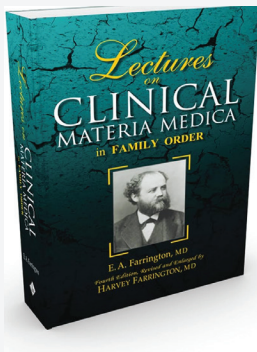
# Lectures on Clinical Materia Medica in Family Order" by Ernest Albert Farrington

Dr Roshni

BHMS(DU) ,MD(Agra University), SRF, Central Council for Research in Homoeopathy (CCRH), New Delhi

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## Introduction



'Lectures on Clinical Materia Medica in Family Order' by Ernest Albert Farrington is a fundamental text in the field of homeopathy, known for its detailed and practical approach to homeopathic remedies. First published in the late 19th century, the book remains a significant

resource for students and practitioners. Farrington's deep clinical insights and thorough explanations make this book essential for understanding homeopathic medicine.

## Content and Structure:

The book consists of 73 lectures. The introductory lecture discusses the analysis of medicine and the importance of understanding the genius of the drug. Farrington emphasizes analyzing symptoms produced during drug proving, categorizing them as objective and subjective. Symptoms are further classified into three types: decrease of function, increase of function, and alteration of function. He stresses that the general action of a drug must be studied holistically.

The remedies are categorized based on their derivation from the three natural kingdoms:

- Remedies derived from the animal kingdom
- Remedies derived from the vegetable kingdom

- Remedies derived from the mineral kingdom

Additionally, the book includes lectures on Nosodes, particularly describing Psorinum and Ambra Grisea. Farrington's approach provides a clear, systematic understanding of homeopathic medicines, ensuring that both students and practitioners gain the necessary expertise in their clinical application.

## Clinical Insights and Practical Relevance:

Farrington's lectures focus on drug study through familial classification and comparative Materia Medica. He presents remedies in a lecture format and compares similar remedies, making the book valuable for clinical application. His approach helps practitioners develop a clear picture of remedies and enhances their ability to select the appropriate remedy. By emphasizing symptom analysis and remedy differentiation, he provides a structured methodology for prescribing homeopathic treatments effectively.

Moreover, the book discusses the relationship between remedies and disease pathology, emphasizing how homeopathic treatment is rooted in understanding the patient's symptom profile. Farrington's ability to break down complex medical knowledge into digestible lectures makes the book particularly useful for students. The book also highlights key aspects of drug actions on various systems of the body, such as the nervous system, circulatory system, and digestive system, providing deeper insight into homeopathic prescribing.

This Book compares similar remedies, highlighting the subtle differences that can influence remedy selection. This comparative approach is particularly useful for practitioners in honing their prescribing skills.

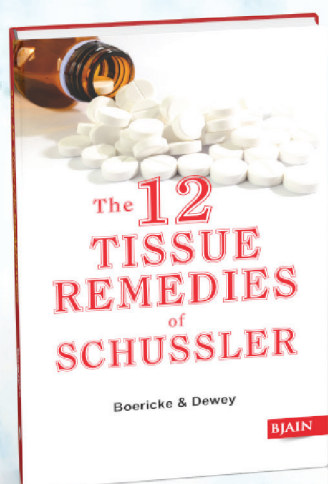
## CONCLUSION

"Lectures on Clinical Materia Medica" has established itself as a classic in homeopathic literature and is frequently used in homeopathic colleges. Its structured presentation and clinical relevance

make it indispensable for both students and practitioners. Farrington's approach ensures a deep understanding of the subject, making this book a valuable guide for mastering homeopathic medicine. By integrating detailed symptomatology, comparative analysis, and practical case applications, the book continues to be a vital reference for those dedicated to homeopathy. For anyone seeking to enhance their clinical acumen, this book serves as an essential resource in homeopathic study and practice.

# Healing with the Salts

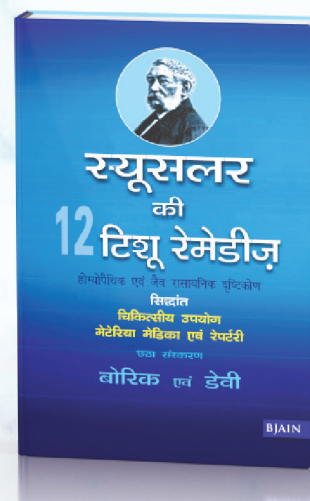
## The 12 Tissue Remedies of Schussler



- Materia medica of the twelve tissue remedies with their Therapeutic applications, comprising indications and clinical cases
- Repertory of the twelve tissue remedies, arranged upon a pathologico-anatomical basis.

## Also Available in Hindi

- बारह ऊतक उपचारों की मेटेरिया मेडिका उनके चिकित्सीय अनुप्रयोगों के साथ, जिसमें संकेत और नैदानिक मामले शामिल हैं
- बारह ऊतक उपचारों की सूची, पैथोलॉजिकल-एनाटॉमिकल आधार पर व्यवस्थित।





# A Study On Materia Medica By Dr. N. M. Choudhuri- A Book Review

Dr. Shawoli Das<sup>1</sup>, Dr. Christina Lalhriatpuii<sup>2</sup>, Dr. Chingngaihlam<sup>3</sup>

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<sup>3</sup>PGT, Materia Medica Dept. National Institute of Homoeopathy, Kolkata.

## Our Perspective Of The Book

This book by Dr. N.M. Choudhury is a well-known and one of the most widely read books by students. It is the result of 20 years of his experience. This book presents the outcomes of the lectures given at Bengal Allen Homoeopathic Medical College and Hospital, Calcutta, and the teachings and experiences of many stalwarts.

In the preface to the first edition, the author acknowledges that he used to sit at the feet of masters like Drs. Allen, Taylor, Tom Hagen, and Farrington while he was at Hering Medical College, who moulded and inspired him to create this work. He has included important contributions from Drs. P.C. Mojumdar, B.L. Bhaduri, Salzer, and M.L. Sarkar. He also acknowledges the following authors, from whom he gathered much information: Drs. H.C. Allen, T.F. Allen, J.H. Clarke, H.N. Guernsey, J.B. Bell, C.M. Conant, N.B. Bose, E.M. Hale, J.T. Kent, E.B. Nash, Samuel Lilienthal, C. Hering, and from the American Homoeopathic Pharmacopoeia. In the second edition, many corrections were made to address the defects in the first edition.

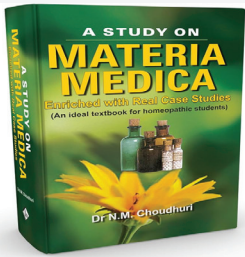
## Special features of the book

- **Short essence of drug** – the book has short insights on the guiding characteristics of every drug before the main text, thus helping in grasping the gist of every drug for easy comprehension. For example, in Abrotanum there is marasmus marked on the lower extremities, puny wrinkled, crossed depressed baby,

marked prostration; cannot even hold up the head, alternate constipation and diarrhoea.

- **Comparative analysis of drugs**- The simple comprehensive analysis between a drug and other known polychrest drugs by giving subtle distinction makes it easier for accurate prescribing. Examples:

Drugs	Comparative Drugs	Symptoms compared with
Abies canadensis	Gelsemium	Muscular debility
Abies nigra	Bry, Calc c, China, Lactic acid, Nux vom, Natrium mur	GI symptoms
Abortanum	Aethusa, Antim crud, Baryta carb, Calc carb, Cina Iodium, Natrum mur, Phos, Sars, Sil, Sulph.	Marasmus
Acaylapha indica	Hamamelis, Ipecac, Mill, Phos and Aconite nap.	Haemorrhage
Aconitum napellus	Spong, Caust, Hepar sulph, Sambucus nig.	Respiratory symptoms



- **Actual case recordings** exhibiting practical application of drugs – the book has extensive clinical in-sights of the author as well as various masters along with the potency thus enhancing the real scenario of the effective ap-

plication of remedies in practice. For example, a cured case of whooping cough by Drosera 30- a child of 3 years old had whooping cough for 3 weeks, the cough appears during day and worst at night, < laughing, weeping and



mental excitement and terminates with vomiting, epistaxis follows the attack with suffocative spasm.

- **Drug pathogenesis and drug proving** symptoms are collected from journals and authors.

Eg. Acetic acid- A young lady in good health, was very plump. For her plumpness she started drinking a small glass of vinegar daily by Someone's advice with satisfactory result and continued taking for months. She began to have Cough and regarded as a cold. At first dry and presently moist with slow fever, breathing difficulty, night sweat, wasting of body, swelling of the parts, ultimately diarrhoea terminated her life. On examination, all the lobes of lungs were filled with tubercles resembling a bunch of grapes. (Source: The London Medical Gazette. 1838-39).

Serracenia purpurea- Author has collected symptoms from Dr. Cigliano's experiments of how Sarracenia works.

### About The Book

- **Name of the book:** A Study on Materia Medica (AN IDEAL TEXT-BOOK FOR HOMOEOPATHIC STUDENTS)
- **No. of editions:** 2.
  - 1st edition- 1916
  - 2<sup>nd</sup> edition- 1929
- **No. of pages:** 1147
- **No. of medicines:** 441 (Abies canadensis to Zizia)
- **No. of cases:** 245 (Highest cases of 8 in number is under "Medorrhinum")
- **Publisher:** B Jain Publishers.

**ISBN: 978-81-319-0210-3 (Revised & Augmented edition)**

### Structure:

Publisher's note

Preface to the second edition

Preface to the first edition

Contents

### About The Author

**Dr. N.M. Choudhuri, M.D.** He was an alumnus of the Hering Medical College and Ex-Principal and Senior Professor of Materia Medica, Bengal Allen Homoeopathic Medical College and Hospital, Calcutta and Editor of "Home & Homoeopathy" for a long time. He has worked with Dr. P.C. Mazumder.

### Merits

- Drugs are arranged in alphabetical order.
- It is written with simple vocabulary for easy comprehension.
- At the beginning of each drug, short guiding symptoms are given as "notes"
- The name of the prover and common name are also mentioned in most of the drugs.
- Each drug is explained in comparison with other drugs having similar symptoms.
- After each drug, cases from stalwarts or his own practical experiences are given.

### Demerits

- The number of drugs is limited to 441 medicines. Many rare remedies, Nosodes, and Sarcodes are not given.
- Relationship of remedies is not given.
- In some drugs, the prover, common name is not mentioned.
- In some cases, only the drug prescribed is given, or just the drug and potency, no information regarding doses, repetition of remedy.
- Some drugs do not contain comparisons with the other drugs.

### CONCLUSION

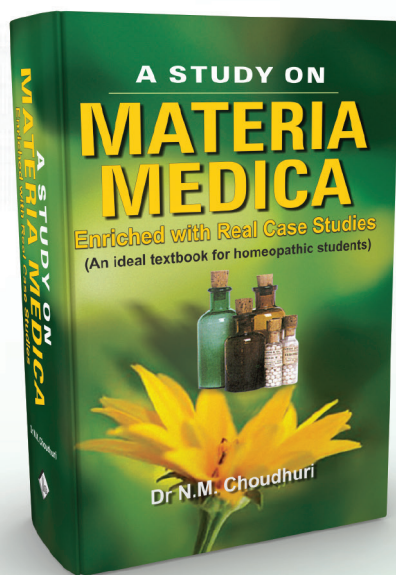
This book covers almost all known remedies, with

very few exceptions that are empirical or unauthenticated in nature. It systematically presents them, beginning each section with the characteristic key features of the drug, followed by a brief description of its source, clinical indications, personality traits, and comparisons. Practical experiences are also provided comprehensively, making

it highly valuable for students. Upon further examination, the book offers direct nosological indications for many drugs (e.g., Methylene Blue for malaria and typhoid associated with significant tympanites) and the range of clinical experiences and recommended doses are also included, making it particularly more helpful for practitioners.



## A Study on MATERIA MEDICA



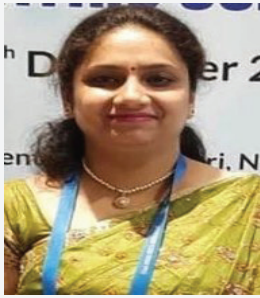
"A Study on Materia Medica" is a sublime work of author with his gathered experience of years. Every medicine of the book starts with 'NOTES' (a unique presentation)-representing the jist of drug from its source to its indications, pathology, modalities, physical mental & general symptoms. easing its comprehension and generating the interest of the readers. Alphabetical arrangement of medicines from Abies Canadensis to Zizia, simple language & narrative storylike style of drug description with precise points of drug differentiation and case examples make it a must-read.

Learn Materia Medica in Your Preferred Language

## Also Available in Hindi

डॉ. एन.एम. चौधरी की पुस्तक मटेरिया मेडिका को किसी परिचय की आवश्यकता नहीं है। यह पुस्तक बंगाल एलन होम्योपैथिक मेडिकल कॉलेज के छात्रों को दिए गए एन.एम. चौधरी के व्याख्यानो का परिणाम है, जिसके वे प्राचार्य थे। इसमें कई गुरुओं की शिक्षाओं और अनुभवों को शामिल किया गया है, जिसे उनके अपने बीस वर्षों के अनुभव से समर्थन मिला है। पुस्तक में प्रत्येक होम्योपैथिक उपचार को कहानी के रूप में वर्णित किया गया है, जिसमें इसके प्राकृतिक आवास, उपयोग किए जाने वाले भाग, क्रिया के क्षेत्र, नैदानिक चित्र और समग्र रूप से दवा के चित्र का वर्णन किया गया है। छात्रों की सुविधा के लिए, उपचार की विशिष्ट विशेषताओं को शुरू में ही सूचीबद्ध किया गया है। दवा की व्यावहारिक प्रयोज्यता को मामलों के माध्यम से दर्शाया गया है और जहाँ भी आवश्यक समझा गया है, सबसे समान उपचार के साथ इसकी तुलना की गई है।





# Book Review on 'Homoeopathic Psychology' Personality Profiles of the Major Constitutional Remedies

Dr Neha Kakkar

B.H.M.S, PGDP (Pursuing) Practicing Homoeopathic Consultant, Meerut at Homoeo Cure & Care Clinics Moderator and Presenter for Daily Webinars at IFPH (International Forum for Promoting Homoeopathy).



## Introduction

Homeopathy as a medicinal system based on the philosophy of Organon laid down by our great founder Dr Samuel Hahnemann has given a lot of emphasis on to the mental and emotional make up of individual as an integral part of the diseases causing process and also equally important for the healing/cure to take place. (Aphorisms 91-100)

Our subject of Materia medica includes hundreds of drugs from different origins which in their proving and have elicited many of the symptoms associated with the mental emotional plane of an individual.

Citing an example from Allen's Keynote, the proving of Chamomilla produces an over impressionable mental state of the child who is very irritable and cross at trifles. This mental state is so marked that it forms the very basic nature of the drug. While making a prescription by the Homoeopath this mental picture of extreme irritability of the child guarantees alleviation or cure of

any of the physical symptoms that the drug may be prescribed for.

The modern medical world has also now slowly recognized the psychosomatic basis of disease.

## My Perspective on The Book

The Book in Review 'Homoeopathic Psychology' 'Personality Profiles of The Major Constitutional Remedies' written by Dr Philip M Bailey a M.D an allopath who converted to Homoeopathy.

Dr Philip Bailey originally trained as a medical doctor from London in 1984. He studied Homoeopathy from The Royal London Homoeopathic Hospital and under the able guidance of Sir George Vithoulkas. He also possess psychotherapy and hypnotherapy skills and is currently practicing as a Homoeopath and Counsellor along with Conventional Treatment in Fremantle, West Australia.

The mentioned book by Dr Bailey provides a very deep perspective and understanding of the major polychrest remedies present in our Materia medica. It altogether gives a different yet connected overview of any remedy in concern.

## Key points of the Book

- There are 35 remedies explicitly explaining the constitutional makeup of the remedy along with different mental layers a person possesses i.e. intellectual, emotional, moral and spiritual.

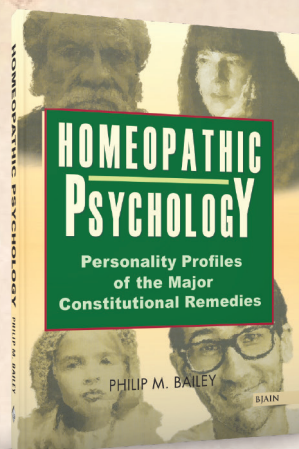


- ▶ Every remedy starts with the Keynote expression of the Drug. E.g. the keynote of Lycopodium is given as 'Impotence' and of Phosphorus as 'Lack of Boundaries'.
- ▶ The detailed description of the mental picture of each remedy under different headings is the forte of the book. Each layer is dwelled deeply upon by the acute observational powers of Dr Bailey differentiating based on gender too. The book also provides insights about what kind of profession the individual takes up depending upon the intellectual persona of the remedy. Different variations of the same remedy characteristic in different situations and scenarios are also presented.
- ▶ E.g.: Graphites is typically a female remedy which covers the climacteric period of the lady along with characteristic mental picture of that of 'Simplicity and Gentleness' as mentioned by Dr Bailey. But to get a Graphites male is a rarity. Graphites male individuals are ultra emotional males, have weak masculine traits and are painfully shy. This gives them a disadvantage in the modern culture but are great partners to their spouses. They are honest workers and do technical jobs easily as they are not too ambitious.
- ▶ The remedy Natrum Muriaticum has been opened up and explained beautifully covering around 50 pages of the book. One can imagine the depth of detailing.
- ▶ The remedies are concluded with the heading of 'Physical Appearance' which presents a tentative physical presentation of the patient.

### CONCLUSION

It would not be wrong to say that Psychology is the core of Homoeopathy. A homoeopath needs to be 'mind reader' (not using the term 'psychologist' here intentionally as it must be used under certain protocol) and use his/ her observation skills with perfection to get out the perfect remedy from inside of the patient in concern. Without the prerequisite knowledge of the mental picture of drugs of our Materia medica this task is farfetched.

This book aids us by providing the necessary prerequisites we all need to have and helping us in journey of finding the correct prescription that we homeopaths hunt in every case and strive to find a cure. I would strongly suggest all fellow homeopaths to take up the study of this book which opens a new realm peeping into the vast human brain and consciousness.



Wondering How to Delve into the  
Personality Profiles of Major Constitutional Remedies

# Homeopathic Psychology

- Introductory chapter provides 'CLINICAL PEARLS' on history taking.
- Homeopathic polychrests explained in context of mentals & personality Profile in very easy comprehensible language.
- Key take away- Male to female ratio for each constitutional type.



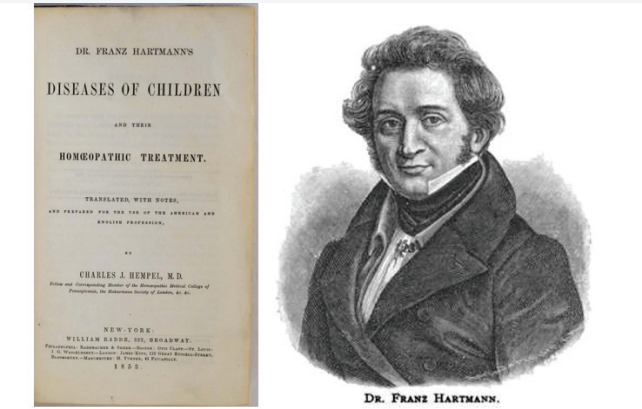
Philip M. Bailey



# A Book Review: Diseases of Children and Their Homoeopathic Treatment by Dr. Franz Hartmann

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## About the Author: Dr. Franz Hartmann (1796–1853)

Dr. Franz Hartmann was a pioneering homoeopath and one of the earliest disciples of Dr. Samuel Hahnemann, the founder of homoeopathy. Born in Delitzsch, Germany, he initially pursued theology but shifted to medicine, earning his degree in 1819. Influenced by Hahnemann, Hartmann became a member of the "Prover's Union," contributing to the foundational experiments in homoeopathic remedies.

A dedicated clinician, Hartmann practiced in Zschopau and later in Leipzig, where he directed the Homoeopathic Hospital. Despite facing resistance from the medical establishment, he gained recognition for his innovative treatments and commitment to individualized patient care.

Hartmann was a prolific writer, authoring key texts like *Therapeutics of Acute Diseases* (1831) and *Diseases of Children and Their Homoeopathic Treatment* (1853). His contributions to journals and his

co-editorship of the *Allgemeine Homöopathische Zeitung* helped advance homoeopathic knowledge globally.

Known for his intellectual rigor and compassionate nature, Hartmann's later years were marked by chronic illness, but he continued his literary and medical work until his death on October 10, 1853. His legacy as a critical thinker and advocate for homoeopathy endures in medical history.

## Overview of the Book

Dr. Franz Hartmann's *Diseases of Children and Their Homoeopathic Treatment* is a thorough exploration of pediatric medicine through the lens of homoeopathy, published in 1853. This text is a systematic and practical guide for treating a wide range of diseases affecting children, emphasizing the principles of individualized care and the importance of understanding the unique physiology of infants and children. Divided into multiple chapters, each addressing specific aspects of pediatric health, the book serves as both a theoretical framework and a practical manual for homoeopathic practitioners, especially those newly entering the field.

## Detailed Chapter Descriptions

### 1. Introduction

- Hartmann lays the groundwork by explaining why childhood diseases require special attention. He emphasizes the dynamic and

evolving nature of the child's physiology and the susceptibility of children to diseases due to their rapid growth and development.

- He also underscores the unique challenges in diagnosing pediatric illnesses, as children cannot articulate their symptoms, necessitating careful observation of non-verbal cues.

### 2. Diagnosis of Children

- This chapter delves into the complexities of diagnosing children's illnesses. Hartmann provides practical advice on interpreting signs such as changes in body temperature, pulse, respiration, and secretions.
- Special emphasis is placed on understanding infantile crying, a key diagnostic indicator, as well as physical examinations like percussion and auscultation for respiratory issues.

### 3. Diet of Children

- Hartmann explores the critical role of nutrition in early childhood health, discussing breastfeeding, wet-nursing, and artificial feeding methods. He provides detailed instructions for feeding infants, including guidelines on transitioning to solid foods and avoiding harmful dietary practices.
- The chapter also includes advice on hygiene and the benefits of introducing children to fresh air and moderate physical activity.

### 4. General Therapeutic Principles

- This chapter highlights the guiding principles of homoeopathic treatment for children. Hartmann advocates for simplicity in treatment and warns against overmedication, given the high sensitivity of the infantile organism.
- He provides insights into selecting appropriate remedies and dosing, emphasizing the importance of careful observation and a tailored approach.

### 5. Diseases of Newborns

- Hartmann focuses on conditions unique to newborns, such as **asphyxia neonatorum**, **caput succedaneum**, **jaundice**, and **tongue-tie**.

Each condition is described in detail, followed by its homoeopathic treatment.

- The chapter also covers structural anomalies like **hare-lip**, **spina bifida**, and **imperforate anus**, alongside advice on surgical and supportive care.

### 6. Digestive Disorders

- The text provides extensive coverage of gastrointestinal issues, including **flatulence**, **colic**, **diarrhea**, **constipation**, and **cholera infantum**. Hartmann outlines the symptoms and homoeopathic remedies for each condition while also addressing contributing factors such as dietary errors and environmental influences.

### 7. Respiratory Conditions

- This chapter includes diseases like **bronchitis**, **laryngitis**, **whooping cough**, and croup, with detailed descriptions of their symptoms, progression, and appropriate remedies.
- Hartmann provides guidance on the use of diagnostic tools like auscultation to assess respiratory health in infants and children.

### 8. Fevers and Infectious Diseases

- Hartmann categorizes common fevers and exanthems, such as **measles**, **scarlet fever**, **smallpox**, and **chickenpox**. He emphasizes the importance of recognizing early symptoms to administer timely homoeopathic intervention.
- The chapter also discusses complications arising from these diseases and their sequelae, providing preventive and curative recommendations.

### 9. Dentition and Related Disorders

- The teething process, with its associated challenges like fever, diarrhea, and irritability, is discussed in depth. Hartmann provides homoeopathic remedies to alleviate discomfort and prevent complications.

### 10. Nervous and Spasmodic Diseases

- Conditions such as **convulsions**, **spasms**, and **tetanus** are addressed. Hartmann explores

their underlying causes, including hereditary predisposition and external irritants, and provides detailed guidance on selecting the most effective remedies.

## 11. Chronic Diseases and Constitutional Disorders

- Hartmann examines chronic conditions like **scrofula, rickets, hydrocephalus, and tuberculosis**, detailing their symptoms and homoeopathic management.
- He also discusses hereditary factors and the role of preventive care in mitigating chronic illnesses.

## 12. Skin Conditions

- Diseases like **eczema, impetigo, miliaria**, and other exanthems are explained, with a focus on their homoeopathic treatment. Hartmann's insights into the relationship between skin health and internal conditions highlight the holistic nature of his approach.

## 13. Adolescence and Pubescent Disorders

- The final chapters address the transitional period from childhood to adolescence, discussing hormonal changes and diseases like **mumps, endocarditis, and diphtheria**. Hartmann emphasizes the importance of supporting the growing body and mind during this critical phase.

## Additional Features

- **Materia Medica Integration:** Each chapter concludes with a summary of remedies specific to the diseases discussed, making the book a practical reference for prescribing.
- **Translator's Annotations:** Dr. Charles Hempel's notes add contemporary relevance to Hartmann's observations, particularly for American and British readers. His expanded discussions on conditions like summer diarrhea and constipation adapt the text to the needs of practitioners in diverse climates and cultural settings.
- **Emphasis on Prevention:** Hartmann's preventive advice, particularly regarding hygiene,

nutrition, and the avoidance of harmful practices, reflects his forward-thinking approach to pediatric care.

## Strengths of the Book

1. **Comprehensiveness:** The book covers an extensive range of pediatric conditions, making it a one-stop reference for practitioners.
2. **Practical Guidance:** Hartmann's detailed descriptions of symptoms, diagnoses, and remedies provide clear guidance for treatment.
3. **Focus on Individualized Care:** The emphasis on tailoring treatments to each child's unique constitution and symptoms reflects the core principles of homoeopathy.
4. **Holistic Approach:** Hartmann's integration of physical, emotional, and environmental factors underscores the importance of treating the whole child.

## Limitations

1. **Historical Context:** Some medical concepts and treatments are outdated by modern standards and should be interpreted accordingly.
2. **Limited Illustrations:** The lack of visual aids or case studies may make the text less accessible to those unfamiliar with 19th-century medical terminology.

## CONCLUSION

*Diseases of Children and Their Homoeopathic Treatment* is a monumental work in the field of pediatric homoeopathy. Hartmann's detailed exploration of childhood diseases, combined with his emphasis on simplicity, prevention, and individualized care, makes this book a timeless resource. While some aspects of the text are rooted in the medical understanding of the 19th century, its core principles remain relevant, offering valuable insights for both contemporary practitioners and historians of medicine.



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